



RICHVIEW DIRECTORY

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HOROSCOPE

Virgo: August 23rd – September 22nd

This month will be a lucky one for you, Virgo! The stars are aligning in your favour, and it will seem as things are going your way. Use this period of good luck to share it with others around you. As a Virgo, you have always been a very caring person and it shows. This month, reach out to a friend or family member who may need some of your good luck and positive attitude. A simple smile or a phone call can go a long way!

RESIDENT BIRTHDAYS



Santina C.	Sept 2
Ernesto N.	Sept 5
Carla I.	Sept 10
Shirin N.	Sept 14
Ida F.	Sept 16
Nadia O.	Sept 20
Rita G.	Sept 25
Elvira M.	Sept 29

HAND HYGIENE



Just a reminder to always maintain hand hygiene!

UNIVERSALCARE STRIDES FOR SENIORS



We are thrilled to announce our newest community event, UniversalCare Strides for Seniors! This event will be taking place on **Saturday, September 30th** at North Maple Regional Park. It will feature a 5KM run/2.5Km walk, food trucks, entertainment, and participant swag. We encourage you to join our team, UniversalCare's United We Walk. The funds raised will be used to purchase a home in Maple that will be transformed into an accessible Residential Respite Care Centre. To register, please contact Anna Walpole.

SHOE VENDOR



Nelly's Comfort Shoes Sale will be at Richview Manor on **September 6th** from **11:00am-3:00pm** in the **Lobby Lounge**. Nelly's Comfort Shoes Sale sells a variety of men's and women's shoes that are both comfortable and fashionable for seniors. A large assortment of styles and sizes will be sold, so you are sure to walk away with a new pair of shoes! Additionally, a pair of shoes will be donated that will be raffled off! Raffle tickets will be sold and all proceeds will go to UniversalCare Strides for Seniors! We can't wait to see you all there!

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905) 585-5000 ext. 116 and/or marketing@richviewmanor.com

Professionally Managed by



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10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
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September is the month of...

Intergeneration Month

National Self-Care Awareness Month

September 4
Labor Day

September 10
Grandparents Day

September 15
Rosh Hashanah Begins

September 21
International Day of Peace

September 23
First Day of Fall

September 30
Orange Shirt Day

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RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

September 2023 Newsletter

This Month at Richview Manor:

Grandparents Day

Each year we honour our residents with a Grandparents Day celebration! On Thursday, **September 7th at 2:30 pm**, join us in the **Courtyard** for tasty treats and refreshments! With a live performance from Teresa, we will spend the afternoon singing, dancing, and making memories!



Coffee Ice Cream Party

Do you like ice cream and espresso? Well do we have a treat for you. Come get some delicious coffee ice cream in the **Courtyard** on Thursday, **September 14th, 2022 at 2:30pm**. Our Life Music band will be performing, so bring your dancing shoes! This is the perfect way to spend the afternoon!




Richview Manor's 12th Anniversary

This September marks Richview Manor's 12th Anniversary! To honour our residents, families, staff, and volunteers, we will be celebrating in the **Courtyard** on **Thursday, September 28th at 2:30pm**. Join us for live entertainment by Jay, as well as a variety of delicious hors d'oeuvres and refreshments. Happy Anniversary Richview Manor!





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend 2 – Second Floor 3 – Third Floor D – Dufferin Room C – Clubhouse LL- Lobby Lounge EB- Espresso Bar AL – 2nd / 3rd Floors IL – 4th / 5th / 6th Floors</p>					<p>1 Alzheimer's Day 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>2 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour with Olga (EB)</p>
<p>3 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>	<p>4 Labor Day 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with LE (D) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D)</p>	<p>5 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Craft Corner (C) 3:00 Card Games (D)</p>	<p>6 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 IL Exercise with LE (D) 11:00-3:00 Shoe Vendor (LL) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>7 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Grandparents' Day Celebration with Teresa (CY)</p>	<p>8 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>9 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>10 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour with Olga (EB)</p>	<p>11 10:00 Bus Outing to Hillcrest Mall (LL) 10:00 One-on-One Exercise with Mansi 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 2:00 IL Monster Bingo (D) 2:00 Java Music Program (5) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:45 I Cavalieri (EB)</p>	<p>12 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Craft Corner (C) 3:00 Card Games (D)</p>	<p>13 10:00 Mandatory Fire Evacuation Training (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>14 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Coffee Ice Cream Party with Life Music (CY)</p> 	<p>15 Rosh Hashanah 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>16 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>17 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)</p>	<p>18 10:00 Bus Outing to Marshalls/Winners (LL) 10:00 One-on-One Exercise with Mansi 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 2:00 IL Monster Bingo (D) 2:00 Java Music Program (5) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D)</p>	<p>19 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Craft Corner (C) 3:00 Card Games (D)</p>	<p>20 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 IL Exercise with LE (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>21 International Day of Peace 10:00 Resident Council (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 World Gratitude Day Party with Filipa (CY)</p>	<p>22 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>23 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>24 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)</p>	<p>25 Yom Kippur 10:00 Bus Outing to Walmart (LL) 10:00 One-on-One Exercise with Mansi 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 2:00 Baking Club (C) 2:00 Java Music Program (5) 3:00 Aquafit Class with Anna (P)</p>	<p>26 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Beading Club (C) 3:00 Card Games (D)</p>	<p>27 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 IL Exercise with LE (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>28 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Richview Manor's 12th Anniversary with Jay (CY)</p>	<p>29 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 Movie Screening (D)</p>	<p>30 UniversalCare Strides for Seniors 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>