



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Jillian Garcia
Clinical Director
905-585-5000 ext. 201

Mahnaz Khosravi
Marketing Manager
905-585-5000 ext.116

Anna Walpole
Life Enrichment & Marketing Manager
905-585-5000 ext. 301

Margaret Gonsalves
Culinary Service Manager
905-585-5000 ext. 118

Lourdes Publico
Office Manager
905-585-5000 ext. 117

Jason Reeve
Maintenance and Housekeeping Manager
905-585-5000 ext. 128

Follow us on:



HOROSCOPE

Leo: July 23 – August 23

If you were born between July 23rd and August 23rd, you were born under the sign Leo. You are exerting a huge amount of energy to achieve your dreams. This is a highly significant month, where the sky is the limit in terms of what you can achieve. You have energy, enthusiasm, eagerness, diplomacy, quick wit, foresight and also the good common sense to be grounded and cautious in what you do.

RESIDENT BIRTHDAYS

Antonio L. Aug 1
Giulio M. Aug 8
Domenico L. Aug 17
Anna B. Aug 20
Lina S. Aug 23
Mary W. Aug 24
Giuseppe M. Aug 24



HAND HYGIENE



Just a reminder to always maintain hand hygiene!

UNIVERSALCARE STRIDES FOR SENIORS



Richview Manor is excited to announce a Dunk Tank fundraiser that will be held on **Thursday, August 17th at 2:30pm** in support of UniversalCare's Strides for Seniors event. This fundraising event is designed to support our beloved seniors and promote health and happiness at every stage in life. This family-friendly event features a 5km run and a 2.5km walk throughout North Maple Regional Park on **September 30th at 9am**. Please register for this event!

CRAFT CORNER WITH ALYSA



Participating in arts and crafts has significant physical and psychological benefits for older adults. Creativity is an important part of human expression. We are so lucky to have Alysa, one of our Life Enrichment staff and a student from Seneca College, who helps our residents express themselves through their artwork and craftsmanship. We look forward to seeing you all on **Tuesdays at 2:30pm** in the **Clubhouse** for more arts, crafts, and smiles!

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com

Professionally managed by



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

August is the month of...

Family Fun Month

Happiness Happens Month

August 3
National Watermelon Day

August 7
Civic Holiday

August 7
National Sister Day

August 15
Assumption of Mary

August 26
Women's Equality Day

August 30
National Beach Day

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

August 2023 Newsletter

This Month at Richview Manor:

Watermelon Social

Happiness is cold watermelon! We will be hosting an event to celebrate National Watermelon Day. Please join us on **Thursday, August 3rd, at 2:30 pm** in the **Courtyard** for refreshing snacks under the sun. Musical entertainment will be provided by the wonderful Life Music band. What better way to spend an afternoon than under the summer sun with your friends?



Candy Bar Celebration

You can't buy happiness... but you can buy candy! Welcome to Richview Manor's very own *Candy Bar*! Please join us on **Wednesday, August 9th, at 2:30pm** in the **Courtyard**. We will be serving candies and chocolates galore! Musical entertainment will be provided by the lovely Carmen. This party sure isn't one to miss, it is sure to sweeten up your day! Make sure to bring your



Beach Party

What's summer without a visit to the beach? Richview Manor will be bringing the beach to you! Please join us on **Thursday, August 31st at 2:30 pm** in the **Courtyard**. Musical entertainment will be provided by the incredible Life Music band. Ice cream and refreshments will be served to be enjoyed under the summer sun. You won't want to miss this event!



ACTIVITIES

AUGUST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 2:30 Craft Corner (C) 3:00 Card Games (D)	2 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	3 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:30 Watermelon Social with Life Music (CY)	4 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)	5 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
6 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	7 Civic Holiday 10:00 One-on-One Exercise with Mansi 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	8 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 2:30 Craft Corner (C) 3:00 Card Games (D)	9 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:30 Candy Bar Celebration with Carmen (CY)	10 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D)	11 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)	12 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
13 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	14 9:30 Bus Outing to Walmart (LL) 10:00 One-on-One Exercise with Mansi 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:45 I Cavalieri (EB)	15 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 2:30 Craft Corner (C) 3:00 Card Games (D)	16 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	17 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:30 Strides for Seniors Fundraiser 	18 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 Movie Screening (D)	19 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
20 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	21 9:30 Bus Outing to Hillcrest Mall (LL) 10:00 One-on-One Exercise with Mansi 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	22 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 2:30 Craft Corner (C) 3:00 Card Games (D)	23 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	24 10:00 Resident's Council (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:30 Lemonade Social with Antonella (CY)	25 10:00 AL Exercise with Mansi (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Mansi (D) 2:00 Baking Club (C)	26 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
27 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	28 9:30 Bus Outing to Georgian Downs Casino (LL) 10:00 One-on-One Exercise with Mansi 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Mansi (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	29 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 2:30 Craft Corner (C) 3:00 Card Games (D)	30 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	31 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:30 Beach Party with Life Music (CY)	<p style="text-align: center;">Location Legend</p> <p> 3 – Third Floor Lounge 5 – Fifth Floor Lounge D – Dufferin Room C – Clubhouse CY - Courtyard LL – Lobby Lounge </p> <p> AL – 2nd / 3rd Floors IL – 4th / 5th / 6th Floors </p>	