



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Jillian Garcia
Clinical Director
905-585-5000 ext. 201

Mahnaz Khosravi
Marketing
Coordinator
905-585-5000 ext.116

Anna Walpole
Life Enrichment &
Marketing
Coordinator
905-585-5000 ext. 301

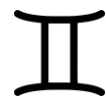
Margaret Gonsalves
Culinary Service
Manager
905-585-5000 ext. 118

Lourdes Publico
Office Coordinator
905-585-5000 ext. 117

Agnes Rafacz
Housekeeping
Manager
905-585-5000 ext. 125

Jason Reeve
Maintenance
Manager
905-585-5000 ext. 128

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HOROSCOPE Gemini: May 21 – June 21



It is time to get active this month, Gemini! Now that the sun is finally shining, make sure to give yourself time to enjoy it. Go for a walk with a friend, join an exercise class, or try out a new activity! This energy will rub off onto those around you, and you will be a trendsetter for an active healthy lifestyle. This month, also be sure to spread kindness with friendly words or a warm smile. With Summer Solstice approaching, you are going to be right in your element, Gemini!

RESIDENT BIRTHDAYS

Anna T.	June 01
Adolfo P.	June 02
Dave S.	June 02
Ida G.	June 06
Stephen T.	June 07
Mary L.	June 09
Antionietta L.	June 14
Pat D.	June 15
Silva R.	June 17
Maria M.	June 18
Emma D.	June 21
Jim F.	June 22
Carlo I.	June 25
Paolino G.	June 29



HAND HYGIENE



Just a reminder to always maintain hand hygiene!

VOLUNTEER AWARDS



Richview Manor would like to congratulate Maria Fabrizio long time volunteer for this year's city of Vaughan 2023 Volunteer Recognition awards. Maria has been volunteering every week for the last 12 years. Maria loves to use her passion to make a difference in the community. We are incredibly grateful for Maria taking the time to visit our residents weekly to encourage their creativity with her art classes offered every Monday.

SENIOR'S MONTH



In June, Ontario celebrates Seniors Month. Seniors have played a fundamental role in shaping our society, and cultivating the environment that we grow in. This year's theme is **Live Your Best Life**. One of the ways the residents at Richview Manor are living their best lives, is through the Aquafit classes offered every **Monday at 3pm**. A special thank you to all our amazing seniors in the community and here at Richview Manor!

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

June is the month of...

National Senior's Month

Italian Heritage Month

Stroke Awareness Month

National Gardening Week

Pride Month

June 8
Best Friend's Day

June 18
Father's Day

June 21
Indigenous People's Day

June 21
Summer Solstice

June 21
International Yoga Day

Follow us on:



RICHVIEW MANOR ENRICHED RETIREMENT LIVING

June 2023 Newsletter

This Month at Richview Manor:

Outdoor Picnic Party

When life hands you lemons, make lemonade... and have a picnic! In celebration of International Picnic Day, the Life Enrichment team will be hosting our own picnic. Please join us on **June 8th** at **2:30pm** in the **Courtyard**. Entertainment will be provided by the wonderful Filipa. Tea sandwiches, baked cookies, and lemonade will be served. What better way to celebrate than under the sun with your great friends?



Italian Heritage Month

Ciao! June is Italian Heritage Month, which honours Italian Canadians who have introduced their Italian traditions and culture to Canada. Please join us for a celebration on **June 22nd** at **2:30 pm** in the **Courtyard**. Entertainment will be provided by the amazing Antonella. Gelato and Nutella pastries will be served for everyone to enjoy. *Tanti auguri!*



Hawaiian Tiki Party

To kick off the summer, Richview Manor brings a tropical island to our residents! With the warm weather, beautiful landscape, and delicious food, who wouldn't want to enjoy an afternoon escape to Hawaii? On **June 29th**, please join us in the Courtyard for a Tiki party at **2:30pm**. No tiki party would be complete without grass skirts, dancing, and live entertainment by Life Music! We will be serving refreshing mocktails with fruit for all to enjoy! Please join us for a luau you sure won't forget!



ACTIVITIES

JUNE 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend 3 – Third Floor Lounge D – Dufferin Room C – Clubhouse CY - Courtyard LL – Lobby Lounge 5- 5th Floor Lounge AL – 2nd / 3rd Floors IL – 4th / 5th / 6th Floors</p>				<p>1 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:00 IL Bingo (D) 2:00 Gardening with Life Enrichment (2)</p>	<p>2 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>3 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>4 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Opera Social Hour (EB)</p>	<p>5 9:30 Bus Outing to Georgian Downs Casino (LL) 10:00 One-on-One Exercise with Vani 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:30 Wine and Cheese Night with Olga (LL)</p>	<p>6 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 3:00 Friendship Bracelet Making (C) 3:00 Card Games (D)</p>	<p>7 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>8 Best Friend's Day 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Outdoor Picnic Party with Filipa (CY)</p>	<p>9 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>10 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>11 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Musical Social Hour with Chloe's Band (LL)</p>	<p>12 9:30 Bus Outing to Hillcrest Mall (LL) 10:00 One-on-One Exercise with Vani 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:45 I Cavalieri (EB)</p>	<p>13 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 3:00 Craft Corner (C) 3:00 Card Games (D)</p>	<p>14 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>15 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 10:30 Elder Abuse Awareness Booth (LL) 11:00 5th Floor Mass (D) 2:00 Life Music (D)</p>	<p>16 Father's Day BBQ 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 2:00 Baking Club (C)</p>	<p>17 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>18 Father's Day 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 12:00 Father's Day Entertainment with Zingaro (LL) & (2) 2:00 IL Bingo (D) 3:00 Social Hour (EB)</p>	<p>19 9:30 Bus Outing to Walmart (LL) 10:00 One-on-One Exercise with Vani 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)</p>	<p>20 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 3:00 Craft Corner: Tote Bag Painting (C) 3:00 Card Games (D)</p>	<p>21 Summer Solstice 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>22 10:00 Resident's Council (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Italian Heritage Party with Antonella (CY)</p>	<p>23 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)</p>	<p>24 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)</p>
<p>25 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Musical Social Hour with Olga (EB)</p>	<p>26 9:30 Bus Outing to Mary Lake (LL) 10:00 One-on-One Exercise with Vani 10:00 2nd & 3rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)</p>	<p>27 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4th & 6th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 2:00 Java Music Program (5) 3:00 Sip and Paint (C) 3:00 Card Games (D)</p>	<p>28 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)</p>	<p>29 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5th Floor Mass (D) 2:30 Hawaiian Tiki Party with Life Music (CY)</p>	<p>30 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 2:00 Movie Screening (D)</p>	