



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Jillian Garcia
Clinical Director
905-585-5000 ext. 201

Mahnaz Khosravi
Marketing Coordinator
905-585-5000 ext.116

Anna Walpole
Life Enrichment & Marketing Coordinator
905-585-5000 ext. 301

Margaret Gonsalves
Culinary Service Manager
905-585-5000 ext. 118

Lourdes Publico
Office Coordinator
905-585-5000 ext. 117

Mario McLennan
Maintenance Manager
905-585-5000 ext. 128

Follow us on:



HOROSCOPE

Scorpio: October 23 – November 22



This month, take a deep breath and let all of your worries go, Scorpio! Take the time to put emphasis is your spirituality, inner healing, and taking steps to live your life the way you feel most comfortable. This focus on your spirituality lasts all month and brings a chance to eliminate any negative emotions and solve any problems you are facing. There is nothing wrong with putting your own wellness first this season!

RESIDENT BIRTHDAYS

Nov 1 -Maria S.	Nov 2 – Ed F.
Nov 3 – Anna V.	Nov 4- Maeta C.
Nov 4 – Sarah K.	Nov 9 – Roy J.
Nov 12- Francesco P.	Nov 16 – Franca A.
Nov 18 – Antonietta V.	Nov 21- Peter D.
Nov 24- Irma S.	
Nov 26- Ursula S.	

HAND HYGIENE



Just a reminder to always maintain hand hygiene!

BAKING CLUB



Food is extremely emotive and for many people elicits positive memories of celebration or familiarity of family. Whether it's memories of cooking with a grandparent or baking treats for your own loved ones, the smell of fresh bread or a traditional favourite dinner is a powerful reminder of the ones you love. Please join us on **Wednesday, November 9th at 2:00 pm** in the **Clubhouse** for Baking Club

LIFE MUSIC



Richview Manor is excited to offer "Life Music", a project funded by New Horizons for Seniors. The goal of this program is to use musical elements to maintain and restore mental, physical, emotional, and cognitive health. "Life Music" will provide an active and engaging musical experience to our seniors through rhythm, singing, dancing, and movement. Please join us on **Thursday, November 10th** and **Thursday, November 24th at 2:00 pm** in the **Dufferin Room**.

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905) 585-5000 ext. 116 and/or info@richviewmanor.com



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

November is the month of...

November for Men's Health Awareness

Alzheimer's Awareness Month

Lung Cancer Awareness Month

**November 1
All Saints Day**

**November 2
All Souls Day**

**November 11
Remembrance Day**

**November 13
World Kindness Day**

**November 27
Advent Begins**

**November 30
Feast of St. Andrew**

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

November 2022 Newsletter

This Month at Richview Manor:

National Cappuccino Day

Calling all coffee lovers - this month, we will be celebrating National Cappuccino Day! On **November 9th**, join us in the Lobby Lounge from **12:00-12:30 pm**, and on the second floor from **12:30-1:00 pm** for live entertainment by Shannon, dancing, and a frothy hot cappuccino to sip on!



Remembrance Day

November is recognized as a time of Remembrance, but for Richview Manor Remembrance is a year-long commitment. On this day, Canadians pause to honour the men and women who have served and continue to serve Canada during times of war, conflict, and peace. On **Friday, November 11**, our resident and Veteran Ronald Ribbons will be reciting *Flanders Fields* at lunch to commemorate all of the Canadian Armed Forces.









Sundae Shoppe

It is never too cold outside to enjoy an ice cream sundae! Vanilla ice cream with chocolate, sprinkles and cherries, oh my! On **November 16th**, join us for live entertainment by the wonderful Teresa in the Lobby Lounge from 12:00-12:30 pm, and on the second floor from 12:30-1:00 pm. There's nothing more delectable than ice cream!





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 All Saints Day 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 2:00 IL Bingo (3) 3:00 Movie Screening- The Wizard of Oz (D)	2 All Souls Day 10:00 AL Exercise with Hannah (3) 10:30 AL Bingo (3) 10:45 IL Exercise with Hannah (D) 12:00 Entertainment with Fanny (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 Beading Club (D)	3 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:00 Dancing with Life Enrichment (D)	4 10:00 AL Exercise with Hannah (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	5 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring & Manicures (D) 3:00 Card Games (D)
	6 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	7 10:00 One-on-One Exercise with Hannah 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D)	8 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 2:00 IL Bingo (3) 3:00 Poppy Craft Corner (D)	9 10:00 AL Exercise with Hannah (3) 10:30 AL Bingo (3) 10:45 IL Exercise with Hannah (D) 12:00 National Cappuccino Day Celebration with Shannon (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 Baking Club (C)	10 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:00 Life Music (D)	11 Remembrance Day 10:00 AL Exercise with Hannah (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)
13 World Kindness Day 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	14 10:00 One-on-One Exercise with Hannah 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D)	15 9:00 Horizontal Evacuation 11:00 4 th & 6 th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Peaceful Painting (D)	16 10:00 AL Exercise with Hannah (3) 10:30 AL Bingo (3) 10:45 IL Exercise with Hannah (D) 12:00 Sundae Shoppe with Teresa (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 Sundae Social Hour (LL)	17 10:00 IL Resident Council (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:00 Dancing with Life Enrichment (D) 	18 10:00 AL Exercise with Hannah (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	19 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring & Manicures (D) 3:00 Card Games (D)
20 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	21 10:00 One-on-One Exercise with Hannah 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D)	22 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 2:00 IL Bingo (3) 3:00 Movie Screening – Life is Beautiful (La vita è bella) (D)	23 10:00 AL Exercise with Hannah (3) 10:30 AL Bingo (3) 10:45 IL Exercise with Hannah (D) 2:00 IL Bingo (D) 3:00 Beading Club (D) 	24 10:00 IL Exercise with LE (D) 10:00 AL Resident Council (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:00 Life Music (D)	25 10:00 AL Exercise with Hannah (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	26 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring & Manicures (D) 3:00 Card Games (D) 5:00 Young Pianists Performance (LL) 
27 Advent Begins 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	28 10:00 One-on-One Exercise with Hannah 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Hannah (D) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 	29 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 2:00 IL Bingo (D) 3:00 Hot Topics (D)	30 Feast of St. Andrew 10:00 AL Exercise with Hannah (3) 10:30 AL Bingo (3) 10:45 IL Exercise with Hannah (D) 12:00 Donut Celebration with Filipa (LL) & (2) 2:00 IL Bingo (D) 3:00 Donut Social Hour (LL)		Location Legend 3 – Third Floor Lounge D – Dufferin Room C – Clubhouse AL – 2nd / 3rd Floors IL – 4th / 5th / 6th Floors EB- Espresso Bar LL-Lobby Lounge	REMINDER  Please wear a mask to all activities, and follow social distancing and hand hygiene protocols