



RICHVIEW DIRECTORY

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HOROSCOPE

Taurus: April 20th – May 20th

If you were born between April 20th and May 20th you were born under the sign of Taurus. This will be a very colourful month for you! With the flowers blooming and the sun shining, you will flourish along with the season. This year has been a rollercoaster, but you, Taurus, have remained calm and steady. Keep pushing through, as this year will bring you closer to your community and companions than ever.

RESIDENT BIRTHDAYS

Iolanda G.	May 01
Alan B.	May 03
Domenico P.	May 08
Geraldo G.	May 13
Vito V.	May 17
Franca C.	May 19
Vida K.	May 21
Angelica F.	May 26
Salvatore C.	May 27
Giovanna P.	May 27
Lido P.	May 27
Domenico M.	May 30
Mario T.	May 31



HAND HYGIENE

How to wash your hands properly



NATIONAL NURSING WEEK



Richview Manor will be honouring all of our passionate and hard-working nurses on May 8-14th, which marks National Nursing Week. This year is #ForgingOurFuture, which celebrates the many roles that nurses play in a patient's health-care journey. The pandemic brought to light the courage and commitment that nurses work under every day. We would like to sincerely thank our Richview Manor Clinical Director Jillian, nurses, and PSWs for the excellent resident care they provide.

BUS OUTINGS



Richview Manor is excited to re-introduce our weekly bus outings! Residents will get the opportunity to take a bus to various places on **Monday** mornings each week. All residents must sign up at concierge, on a first come first serve basis. The bus will promptly leave at **9:30am** sharp from the front entrance. This program is a great way to socialize with friends and stay connected with the community. We hope to see you all there!

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com

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May is the month of...

Mental Health Awareness Month

Arthritis Awareness Month

National EMS Week

May 5
Cinco de Mayo

May 14
Mother's Day

May 19
Personal Support Worker Day

May 22
Victoria Day

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RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

May 2023 Newsletter

This Month at Richview Manor:

Cinco de Mayo

In the month of May, we celebrate Cinco de Mayo! On **May 5th**, please join us to celebrate Mexican culture with Cinco de Mayo! Enjoy live entertainment by Carla in the Lobby Lounge from **12:00 – 12:30 pm**, and on the second floor from **12:30 – 1:00 pm**. Make sure to wear bright colours! Let's salsa dance into the afternoon -it's fiesta time!



Victoria Day

The month of May recognizes the birthday of Queen Victoria, and what better way to celebrate than our very own traditional afternoon high tea! On **May 22nd**, join us for in the Lobby Lounge from 12:00 – 12:30 pm, and on the second floor from 12:30 – 1:00 pm for live entertainment by the amazing Sebastian. With fresh tea and music, enjoy an afternoon fit for real Kings and Queens!



1950's Sock Hop

Get ready to shake, rattle, and roll, as we travel back to the 1950's for a Sock Hop themed celebration. Please join us in the Lobby Lounge on **May 31st** from 12:00 – 12:30 pm, and on the second floor from 12:30 – 1:00 pm for live entertainment by Jay and dancing, while enjoying a classic milkshake with lunch. Playing classic tunes from this golden era, you are sure to jitterbug!





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Bus Outing to Walmart (LL) 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	2 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Bingo (D) 3:00 Sip and Paint (C) 3:00 Card Games (D)	3 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	4 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 Dancing with Life Enrichment (D)	5 Cinco de Mayo 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 12:00 Cinco de Mayo Entertainment with Carla (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 Cinco de Mayo Fiesta (LL)	6 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
7 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	8 9:30 Bus Outing to Longos (LL) 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:45 I Cavalieri (EB)	9 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Bingo (D) 3:00 Craft Corner (C) 3:00 Card Games (D)	10 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	11 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 Life Music (D)	12 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Manicures (D) 3:00 Card Games (D)	13 Mother's Day Brunch 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 12:00 Mother's Day Celebration with Ruza (LL) & (2) 2:00 IL Bingo (D) 3:00 Musical Social Hour with Olga (EB)
14 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)	15 9:30 Bus Outing to Marshalls/Winners (LL) 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	16 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:00 Internet Connect 2:00 IL Bingo (D) 3:00 Victoria Day Craft (C) 3:00 Card Games (D)	17 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 12:00 Lunchtime Entertainment with Teresa (LL) & (2) 3:00 Java Music Program (LL)	18 10:00 Resident's Council (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 IL Exercise with LE (D) 2:00 Life Music (D)	19 Personal Support Worker Day 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 2:00 Baking Club (C)	20 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
21 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Musical Social Hour with Olga (EB)	22 Victoria Day 10:00 One-on-One Exercise with Vani 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 12:00 Victoria Day Celebration with Sebastian (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	23 9:30 Bus Outing to Hillcrest Mall (LL) 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 3:00 Door Sign Craft (C) 3:00 Card Games (D)	24 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Java Music Program (LL)	25 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 2:00 Dancing with Life Enrichment (D)	26 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 2:00 Movie Screening: Profumo di donna (D)	27 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Colouring and Manicures (D) 3:00 Card Games (D)
28 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 2:00 IL Bingo (D) 3:00 Social Hour (EB)	29 9:30 Bus Outing to Walmart (LL) 10:00 One-on-One Exercise with Vani 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Vani (D) 1:00 Internet Connect 2:00 IL Monster Bingo (D) 3:00 Aquafit Class with Anna (P) 3:00 Crafts with Maria (D) 6:15 Social Hour (EB)	30 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 Internet Connect 2:00 IL Bingo (D) 3:00 Beading Club (D)	31 10:00 AL Exercise with Vani (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Vani (D) 12:00 1950's Sock Hop Party with Jay (LL) & (2) 2:00 IL Monster Bingo (D) 3:00 1950's Sock Hop Social (LL)	Location Legend 3 – Third Floor Lounge 2 – Second Floor Dining Room D – Dufferin Room C – Clubhouse LL – Lobby Lounge EB – Espresso Bar AL – 2 nd / 3 rd Floors IL – 4 th / 5 th / 6 th Floors P - Pool		