



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Jillian Garcia
Clinical Director
905-585-5000 ext. 201

Mahnaz Khosravi
Marketing
Coordinator
905-585-5000 ext.116

Anna Walpole
Life Enrichment &
Marketing
Coordinator
905-585-5000 ext. 301

Margaret Gonsalves
Culinary Service
Manager
905-585-5000 ext. 118

Lourdes Publico
Office Coordinator
905-585-5000 ext. 117

Agnes Rafacz
Housekeeping
Manager
905-585-5000 ext. 125

Follow us on:



HOROSCOPE

Leo: July 23 – August 23

If you were born between July 23rd and August 23rd, you were born under the sign Leo. You are exerting a huge amount of energy to achieve your dreams. This is a highly significant month, where the sky is the limit in terms of what you can achieve. You have energy, enthusiasm, eagerness, diplomacy, quick wit, foresight and also the good common sense to be grounded and cautious in what you do.

RESIDENT BIRTHDAYS

Giulio M. Aug 8
Anna B. Aug 20
Lina S. Aug 23
Mary W. Aug 24
Raffaele G. Aug 30



HAND HYGIENE



Just a reminder to always maintain hand hygiene!

LIFE MUSIC



Richview Manor is excited to offer “Life Music”, a project funded by New Horizons for Seniors. The goal of this program is to use musical elements to maintain and restore mental, physical, emotional, and cognitive health. “Life Music” will provide an active and engaging musical experience to our seniors through rhythm, singing, dancing, and movement. Please join us on **Thursday, August 4th** and **Thursday, August 25th** at **2:00 pm** in the **Dufferin Room**.

PHYSIOTHERAPY WITH TINA



Tina has successfully completed an Honours Major/Minor Bachelor of Science degree in Kinesiology and Psychology. Her one-to-one sessions consist of strengthening and balance exercises that will help reduce risk of falls and manage pain. Tina will work with the resident to create a physical therapy plan to meet their personal goals. Classes are offered on **Mondays, Wednesdays, and Fridays** from 9:30 – 11:30 am. If you are interested, please contact Anna Walpole.

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com

Professionally managed by



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

August is the month of...

Family Fun Month

Happiness Happens Month

August 1
Civic Holiday

August 3
National Watermelon Day

August 7
National Sister Day

August 15
Assumption of Mary

August 26
Women's Equality Day

August 30
National Beach Day

Follow us on:



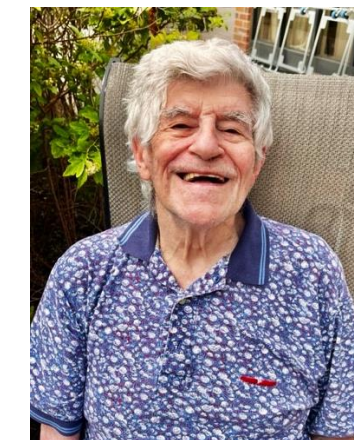
RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

August 2022 Newsletter

This Month at Richview Manor:

Strawberry Social

Richview Manor is excited to announce the return of our anticipated Strawberry Social! Please join us on **Wednesday, August 3rd** at **2:30 pm** in the **Courtyard** for the sweetest event of the year. Musical entertainment will be provided by the amazing Duo Kings. Strawberry shortcake and refreshments will be served. Thank you to Msgr. Larry's family for sponsoring this amazing event!



Watermelon Social

Happiness is cold watermelon! We will be hosting an event to celebrate National Watermelon Day. Please join us on **Tuesday, August 16th** at **2:30 pm** in the **Courtyard** for refreshing snacks under the sun. Musical entertainment will be provided by the wonderful Filipa. What better way to spend an afternoon than under the summer sun with your friends?



Beach Party

What's summer without a visit to the beach? Richview Manor will be bringing the beach to you! Please join us on **Wednesday, August 31st** at **2:30 pm** in the **Courtyard**. Musical entertainment will be provided by the incredible Antonella. Ice cream and refreshments will be served to be enjoyed under the summer sun. You won't want to miss this event!



ACTIVITIES

AUGUST 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Civic Holiday 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with LE (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:45 IL Social Hour (D)	2 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Crafts with Maria (D) 3:00 Card Games (D)	3 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 2:30 Strawberry Social with the Duo Kings (CY) 6:45 IL Monster Bingo (D)	4 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 Life Music (D)	5 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	6 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)
7 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)	8 9:30 One-to-One Exercise with Tina 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:45 IL Social Hour (D)	9 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Crafts with Maria (D) 3:00 Card Games (D)	10 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 2:30 Outdoor Event with Heather (CY) 6:45 IL Monster Bingo (D)	11 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Dancing with Life Enrichment (D)	12 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	13 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)
14 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)	15 9:30 One-to-One Exercise with Tina 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:45 IL Social Hour (D)	16 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 2:30 Watermelon Social with Filipa (CY)	17 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 Craft Corner (D) 3:00 Card Games (D) 6:45 IL Monster Bingo (D)	18 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Dancing with Life Enrichment (D)	19 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	20 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)
21 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)	22 9:30 One-to-One Exercise with Tina 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:45 IL Social Hour (D)	23 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Crafts with Maria (D) 3:00 Card Games (D)	24 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:30 Baking Club (C) 6:45 Il Cavalieri Performance (LL)	25 10:00 IL Exercise with LE (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 5 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 Life Music (D)	26 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Card Games (D) 3:00 Manicures (D)	27 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)
28 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 1:15 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Card Games (D) 3:00 Adult Colouring and Internet Connect (D)	29 9:30 One-to-One Exercise with Tina 10:00 2 nd & 3 rd Floor Mass (D) 11:00 IL Exercise with Tina (D) 1:00 One-to-One Internet Connect 2:00 IL Monster Bingo (D) 3:00 Crafts with Maria (D) 6:45 IL Social Hour (D)	30 10:00 Chair Yoga (D) 10:00 AL Exercise with LE (3) 10:30 AL Bingo (3) 11:00 4 th & 6 th Floor Mass (D) 1:00 One-to-One Internet Connect 2:00 IL Bingo (D) 3:00 Crafts with Maria (D) 3:00 Card Games (D)	31 10:00 AL Exercise with Tina (3) 10:30 AL Monster Bingo (3) 10:45 IL Exercise with Tina (D) 2:30 Beach Party with Antonella (CY) 6:45 IL Monster Bingo (D)			<p style="text-align: center;">Location Legend</p> <p>3 – Third Floor Lounge D – Dufferin Room C – Clubhouse CY - Courtyard LL – Lobby Lounge</p> <p>AL – 2nd / 3rd Floors IL – 4th / 5th / 6th Floors</p>