



## RICHVIEW DIRECTORY

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## Notable Quotable

*"It is the month of June, the month of leaves and roses, when pleasant sights salute the eyes and pleasant scents the noses."*

- Nathaniel Parker Willis

## Follow us on:



## HOROSCOPE

If you were born between May 21st and June 20th, you were born under the sign of the Gemini. June 2019 is not a good month to make decisions about your life and overall life direction; you are not thinking clearly enough, and there are too many confusing factors which could lead to a skewed perspective. Worry and anxiety can plague you at this time so avoid alcohol, stimulants or anything that can exacerbate these issues. A lot of the things troubling you seem worse than they are. Get enough sleep, exercise and fresh food and top up your vitamins and proteins with a healthy shake.

## Bus Outing to Oakville

Join Life Enrichment staff on Friday, June 14<sup>th</sup> from 1:30pm until 4:30pm for a beautiful afternoon in Oakville, Ontario.



## Annual EMS BBQ



Richview Manor will be hosting our annual EMS BBQ on Thursday, June 20<sup>th</sup> to honour the brave men and women who serve our amazing community!

## RESIDENT BIRTHDAYS

Adolfo P.	June 2
Stephen T.	June 7
Rolando D.	June 8
Lola B.	June 8
Michael A.	June 11
Mary K.	June 15
Emma D.	June 21
Austin F.	June 22
Giovannina I.	June 24
Rudi P.	June 26
Antonia C.	June 30



## SENIORS' MONTH

In Ontario, June is Seniors' Month. This annual event celebrates seniors in the province, and this year's theme is "Live Your Best Life." Seniors' Month is a great opportunity to raise awareness of the health and well-being issues facing the province's seniors.



## Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com



ADDRESS:  
10500 Dufferin Street  
Maple, Ontario  
Canada, L6A 4R1  
(905) 585-5000

*June is the month of...*

**Italian Heritage Month**

**National Family Month**

**Seniors Month**

**June 5**  
*World Environment Day*

**June 16**  
*Father's Day*

**June 21**  
*Summer Solstice*

## Follow us on:



RICHVIEW MANOR  
ENRICHED RETIREMENT LIVING

## June 2019 Newsletter

### This Month at Richview Manor:



## Garden Party

Richview Manor will be hosting a Garden Party on June 5<sup>th</sup> at 2:30pm in the Grandview Dining Room. Join us for an afternoon of music featuring the amazing Shannon, summer drinks and sandwiches to honor our bright and wonderful seniors. Dress up in your floral summer outfits and gorgeous hats!

## Fathers Day Open House

Richview Manor is grateful to fathers everywhere, and to show our deep appreciation for all that they do, we will be hosting a fabulous Father's Day Open House on Wednesday, June 12<sup>th</sup> at 2:30pm in the Grandview Dining Room. Please join us for an afternoon of appetizers, entertainment, desserts and refreshments. Everyone is welcome!



## Italian Heritage Party

Richview Manor will be honouring Italian Heritage Month in June. Join us on Thursday, June 20<sup>th</sup> at 2:30pm in the Grandview Dining Room, we will be celebrating Italians with a performance by Giordano. Whether you are Italian by birth or just like having lots of fun, there will be something for everybody!  
*Benvenuti a tutti!*





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Location Legend</b>                      Lobby Lounge Café – L                      Grandview Dining Room - G                      Club House – CH                      Assisted Living (2<sup>nd</sup> Floor) – AL                      2<sup>nd</sup> Floor Terrace - T                      Fitness Room/Gym - F                      Dufferin Room – D</p>	<p><b>Location Legend (Continued)</b>                      Richview Garden - RG                      Eagle Ridge Lounge (3<sup>rd</sup> Floor) – 3                      Cue Lounge (4<sup>th</sup> Floor) – 4                      (5<sup>th</sup> Floor) - 5                      Ace of Diamonds Lounge                      (6<sup>th</sup> Floor) – 6                      Front Lobby – L</p>	<p><b>Art Classes with Diana on Thursday, May 9th @ 10:30AM in the Clubhouse</b></p> 		<p><b>BAKING CLUB</b></p>  <p><b>Friday at 3:00pm</b></p>	<p><b>Maria Fabrizio Craft Classes Every Monday and Wednesday At 2:00pm-4:00pm (2)</b></p> 	<p><b>1</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Make Art to Music IL (3)  <b>1:30 Upper Canada Mall</b>  <b>1:30 Colouring and Manicures AL (2)</b>                      2:00 Pool Club (4)                      3:30 10¢ Bingo IL (6)                      4:00 Rosary AL (2)                      6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>2</b>  <b>10:00 Piano with Cassandra (L)</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Ring Toss and Games AL (2)                      2:00 Colouring and Manicures (2)  <b>3:30 Mass with Father Claudio (D)</b>                      6:10 Social Bingo AL (2)</p>	<p><b>3</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)  <b>1:30 Hot Topics (5)</b>                      2:00 Crafts with Maria AL (2)  <b>3:30 Aqua Fit (Pool)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo 1L (6)</p>	<p><b>4</b>  <b>9:30 Highland Farms</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Dancing with Patricia (D)</b>                      3:00 Pool Club (4)  <b>3:30 You Be The Judge (5)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>5</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)                      11:00 Colouring and Manicures AL (2)  <b>2:30 Garden Party with Shannon (G)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p>	<p><b>6</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      10:30 Art with Diana IL (CH)                      11:00 Games and Colouring AL (2)  <b>2:00 Knitting Club (5)</b>  <b>3:00 Wheel of Fortune (D)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p> 	<p><b>7</b>                      9:30 Physiotherapy AL (2)                      10:15 Physiotherapy IL (3)  <b>10:30 Mass with Father Peter (D)</b>                      11:00 Games and Colouring (2)                      1:30 Art Therapy IL (3)                      2:00 Pastoral Visits AL (2)  <b>3:00 Baking Club (CH)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p>	<p><b>8</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Make Art to Music IL (3)  <b>1:30 Longo's</b>  <b>1:30 Colouring and Manicures AL (2)</b>                      2:00 Pool Club (4)                      3:30 10¢ Bingo IL (6)                      4:00 Rosary AL (2)                      6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>9</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)  <b>2:30 Studio David Bertram Concert (G)</b>  <b>3:30 Mass with Father Claudio (D)</b>                      6:10 Social Bingo AL (2)</p> 	<p><b>10</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)  <b>1:30 Hot Topics (5)</b>                      2:00 Crafts with Maria AL (2)  <b>3:30 Aqua Fit (Pool)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo 1L (6)</p>	<p><b>11</b>  <b>9:30 Walmart</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Dancing with Patricia (D)</b>                      3:00 Pool Club (4)  <b>3:30 Crafts with Mackenzie (CH)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>12</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)                      11:00 Colouring and Manicures AL (2)  <b>2:30 Fathers' Day Open House James (G)</b>                      4:00 Rosary AL (2)  <b>6:30 Il Cavalier group Happy Hour (L)</b></p>	<p><b>13</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Knitting Club (5)</b>  <b>3:00 Wheel of Fortune (D)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>14</b>                      9:30 Physiotherapy AL (2)                      10:15 Physiotherapy IL (3)                      11:00 Games and Colouring (2)                      1:30 Art Therapy IL (3)  <b>1:30 Oakville Outing</b>                      2:00 Pastoral Visits AL (2)                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p>	<p><b>15</b>  <b>10:00 Casino</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Make Art to Music IL (3)  <b>1:30 Colouring and Manicures AL (2)</b>                      2:00 Pool Club (4)                      3:30 10¢ Bingo IL (6)                      4:00 Rosary AL (2)                      6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>16 Fathers' Day</b>  <b>10:00 Piano with Cassandra (L)</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Ring Toss and Games AL (2)                      2:00 Colouring and Manicures (2)  <b>3:30 Mass with Father Claudio (D)</b>                      6:10 Social Bingo AL (2)</p>	<p><b>17</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)  <b>11:00 Resident Council (D)</b>  <b>1:30 Hot Topics (5)</b>                      2:00 Crafts with Maria AL (2)  <b>3:30 Aqua Fit (Pool)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo 1L (6)</p> 	<p><b>18</b>  <b>9:30 Fortinos</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Dancing with Patricia (D)</b>                      3:00 Pool Club (4)  <b>3:30 You Be The Judge (5)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>19</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)                      11:00 Colouring and Manicures AL (2)                      2:00 Crafts with Maria AL (2)  <b>3:00 Balloon Volleyball (D)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p>	<p><b>20</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:30 Italian Heritage Party with Giordano (G)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p> 	<p><b>21 First Day of Summer</b>                      9:30 Physiotherapy AL (2)                      10:15 Physiotherapy IL (3)  <b>10:30 Communion with Rev Royal (D)</b>                      11:00 Games and Colouring (2)                      1:30 Art Therapy IL (3)                      2:00 Pastoral Visits AL (2)  <b>3:00 Baking Club (CH)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p> 	<p><b>22</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Make Art to Music IL (3)  <b>1:30 Yummy Market</b>  <b>1:30 Colouring and Manicures AL (2)</b>                      2:00 Pool Club (4)                      3:30 10¢ Bingo IL (6)                      4:00 Rosary AL (2)                      6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>23</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Ring Toss and Games AL (2)                      2:00 Colouring and Manicures (2)  <b>3:30 Mass with Father Claudio (D)</b>                      6:10 Social Bingo AL (2)</p>	<p><b>24</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)  <b>1:30 Hot Topics (5)</b>                      2:00 Crafts with Maria AL (2)  <b>3:30 Aqua Fit (Pool)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>25</b>  <b>9:30 Walmart</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Dancing with Patricia (D)</b>                      3:00 Pool Club (4)  <b>3:30 Crafts with Mackenzie (CH)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>26</b>                      9:30 Sit and Be Fit AL (2)                      10:00 Wellness Program with Marin IL (D)                      10:30 Sit and Be Fit IL (3)                      11:00 Colouring and Manicures AL (2)  <b>2:30 Birthday Celebration with Rob (G)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p> 	<p><b>27</b>                      9:30 Falls Prevention AL (2)                      10:15 Falls Prevention IL (3)                      11:00 Games and Colouring AL (2)  <b>2:00 Knitting Club (5)</b>  <b>3:00 Wheel of Fortune (D)</b>                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)                      7:00 10¢ Bingo IL (6)</p>	<p><b>28</b>                      9:30 Physiotherapy AL (2)                      10:15 Physiotherapy IL (3)                      11:00 Games and Colouring (2)                      1:30 Art Therapy IL (3)                      2:00 Pastoral Visits AL (2)                      4:00 Rosary AL (2)                      6:10 Social Bingo AL (2)</p>	<p><b>29</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Make Art to Music IL (3)  <b>1:30 Coppa's</b>  <b>1:30 Colouring and Manicures AL (2)</b>                      2:00 Pool Club (4)                      3:30 10¢ Bingo IL (6)                      4:00 Rosary AL (2)                      6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>30</b>                      11:00 Sit &amp; Be Fit AL (2)                      11:30 Sit &amp; Be Fit IL (3)                      1:30 Ring Toss and Games AL (2)                      2:00 Colouring and Manicures (2)  <b>3:30 Mass with Father Claudio (D)</b>                      6:10 Social Bingo AL (2)</p>						