



## RICHVIEW DIRECTORY

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Manager  
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## Notable Quotable

“I am an optimist. It does not seem too much use being anything else.”

— Winston Churchill

Follow us on:



## HOROSCOPE

If you were born between July 23rd and August 23rd, you were born under the sign Leo. You are exerting a huge amount of energy in August 2018 to achieve your dreams. This is a highly significant month, where the sky is the limit in terms of what you can achieve.

You have energy, enthusiasm, eagerness, diplomacy, quick wit, foresight and also the good common sense to be grounded and cautious in what you do. You must use your personality and your ability to lead – you can inspire others and get them to support you.

Use the confidence you feel right now to action plans and start initiatives.

## RESIDENT BIRTHDAYS



Francesca M	August 2
Alessandro B	August 5
Elsa M	August 8
Arhonda D	August 18
Adelina B	August 19
Marjori M	August 21
Mary W	August 24
Giuseppina A	August 26
Mario C	August 30
Marija V	August 31

## GOODBYE TO THE STUDENTS

Huge thanks to Sarah, Rayna, Jenna, and Sophie for all your help and hard work this summer! Richview Manor greatly appreciates your diligence. Good luck with your upcoming school years and please come back to visit!

## Volunteer Appreciation

We would be no where without our volunteers. So much of what we do is because of the support of the army of older and youth volunteers we have at our finger tips. This year, Richview Manor will be repaying them for all they've done by treating them to lunch on Thursday August 30th in the Dufferin Room.



Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or info@richviewmanor.com

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 UNIVERSALcare



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RICHVIEW MANOR  
ENRICHED RETIREMENT LIVING

## August 2018 Newsletter

This Month at Richview Manor:

### All That Jazz



Richview Manor will be hosting an unforgettable jazz event featuring the talented Andy De Campos. Come join us on August 1<sup>st</sup> in the Grandview Dining Room from 2:30PM-3:30PM. Let's Jazz it up!

National Immunization Month  
Happiness Happens Month

August 5  
National Friendship Day

August 6  
Civic Holiday

August 15  
Assumption of Mary

August 19  
World Humanitarian day

### Civic Holiday



Richview Manor will be hosting a celebration on August 6<sup>th</sup> from 2:30PM-3:30 PM in the Grandview Dining Room. Join us for an afternoon of music featuring the amazing Melodie Italiane, an Italian folk choir!

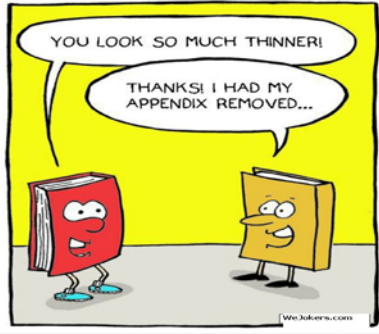

### That 70's Party!



Elvis is in the house and bringing Richview Manor back to the 70's! Join us for a groovy afternoon in the Grandview Dining Room from 2:30PM-3:30PM.

Follow us on:



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Location Legend</b>  <b>Lobby Lounge Café – L</b>  <b>Grandview Dining Room - G</b>  <b>Club House – CH</b>  <b>Assisted Living (2<sup>nd</sup> Floor) – AL</b>  <b>2<sup>nd</sup> Floor Terrace - T</b>  <b>Fitness Room/Gym - F</b>  <b>Dufferin Room – D</b></p>	<p><b>Location Legend (Continued)</b>  <b>Richview Garden - RG</b>  <b>Eagle Ridge Lounge (3<sup>rd</sup> Floor) – 3</b>  <b>Cue Lounge (4<sup>th</sup> Floor) – 4</b>  <b>(5<sup>th</sup> Floor) - 5</b>  <b>Ace of Diamonds Lounge</b>  <b>(6<sup>th</sup> Floor) – 6</b>  <b>Front Lobby – L</b></p>		<p><b>1</b>  10:00 Physiotherapy AL (2)  10:00 Wellness Program with Marin IL (F)  10:30 Physiotherapy IL (3)  <b>10:30 Mass with Father Ralph (D)</b>  <b>2:30 All That Jazz~ Andy (G)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  <b>7:10 TV Show: Forensic Files (D)</b></p>	<p><b>2</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  10:30 Connect Art IL (CH)  10:45 Pet Therapy Visits  1:30 Connect Art AL (2)  <b>3:00 Wheel of Fortune (D)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>3</b>  9:30 Sit and Be Fit AL (2)  10:30 Morning Exercises IL (3)  1:30 Art Therapy IL (3)  <b>2:00 Lemonade Social (RG)</b>  3:00 Ring Toss AL (2)  <b>3:30 You be The Judge (CH)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)</p> 	<p><b>4</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  1:30 Make Art to Music IL (3)  <b>1:30 Coppa's</b>  2:00 Therapeutic Colouring AL (2)  3:45 10¢ Bingo (6)  4:00 Rosary AL (2)  6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>5</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  1:30 Ball Toss and Games AL (2)  <b>3:30 Mass with Father Larry (D)</b>  6:10 Social Bingo AL (2)</p>	<p><b>6</b>  11:00 Sit and Be Fit AL (2)  11:30 Morning Exercise IL (3)  <b>2:30 Civic Holiday Day Celebration- Melodie Italiane (G)</b>  4:00 Rosary AL (2)  6:10 Social Bingo Night AL (2)</p>	<p><b>7</b>  <b>9:30 Yummy Market &amp; Dollar Store</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  <b>2:00 Dancing (D)</b>  3:30 Colouring and Manicures AL (2)  <b>3:30 Trivia (6)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>8</b>  10:00 Physiotherapy AL (2)  10:00 Wellness Program with Marin IL (F)  10:30 Physiotherapy IL (3)  <b>2:00 Ice Cream Social AL (2)</b>  <b>3:00 Ice Cream Social (RG)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  <b>7:10 TV Show: Forensic Files (D)</b></p>	<p><b>9</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  10:30 Connect Art IL (CH)  1:30 Connect Art AL (2)  <b>3:00 Wheel of Fortune (D)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>10</b>  9:30 Sit and Be Fit AL (2)  <b>10:00 Mass with Father Peter (D)</b>  10:30 Morning Exercises IL (3)  1:30 Art Therapy IL (3)  <b>2:00 Lemonade Social (RG)</b>  3:00 Ring Toss AL (2)  <b>3:30 You be The Judge (CH)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)</p> 	<p><b>11</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  <b>1:30 Make Art to Music IL (3)</b>  <b>1:30 Loblaw's &amp; Dollar Store</b>  2:00 Therapeutic Colouring AL (2)  3:45 10¢ Bingo (6)  4:00 Rosary AL (2)  6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>12</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  1:30 Ball Toss and Games AL (2)  <b>3:30 Price is Right (D)</b>  6:10 Social Bingo AL (2)</p>	<p><b>13</b>  9:30 Sit and Be Fit AL (2)  10:00 Wellness Program with Marin IL (D)  10:30 Bowling AL (2)  <b>10:45 Morning Walk IL (L)</b>  <b>11:00 Hot Topics (5)</b>  2:00 Crafts with Maria AL (2)  <b>2:00 Bocce (RG)</b>  4:00 Rosary AL (2)  6:10 Social Bingo Night AL (2)</p>	<p><b>14</b>  <b>10:00 Mary Lake</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  <b>2:00 MONSTER BINGO 25¢ (D)</b>  3:00 Colouring and Manicures AL (2)  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p> 	<p><b>15</b>  10:00 Physiotherapy AL (2)  10:00 Wellness Program with Marin IL (F)  10:30 Physiotherapy (3)  10:30 Manicures and Hand Therapy  <b>2:30 That 70's Party ~ Elvis (G)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  <b>7:10 TV Show: Forensic Files (D)</b></p>	<p><b>16</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  10:30 Connect Art IL(CH)  1:30 Connect Art AL (2)  <b>3:00 Wheel of Fortune (D)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>17</b>  9:30 Sit and Be Fit AL (2)  10:30 Morning Exercises IL (3)  1:30 Art Therapy IL (3)  <b>2:00 Lemonade Social (RG)</b>  2:00 Pastoral Visit AL (2)  <b>3:30 You be The Judge (CH)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)</p> 	<p><b>18</b>  11:00 Sit &amp; Be Fit Exercise AL (2)  11:30 Morning Exercises IL (3)  <b>1:30 Make Art to Music IL (3)</b>  <b>1:30 Loblaw's &amp; Dollar Store</b>  2:00 Therapeutic Colouring AL (2)  3:45 10¢ Bingo (6)  4:00 Rosary AL (2)  6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>19</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  1:30 Ball Toss and Games AL (2)  <b>3:30 Mass with Father Larry (D)</b>  6:10 Social Bingo AL (2)</p>	<p><b>20</b>  9:30 Sit and Be Fit AL (2)  10:00 Wellness Program with Marin IL (D)  <b>10:45 Morning Walk IL (L)</b>  <b>1:30 Hot Topics (5)</b>  2:00 Crafts with Maria AL (2)  4:00 Rosary AL (2)  6:10 Social Bingo Night AL (2)</p>	<p><b>21</b>  <b>9:30 Highland Farms/Shoppers</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  11:00 Colouring and Manicures AL (2)  <b>2:00 Dancing (D)</b>  <b>3:30 Trivia (6)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>22</b>  10:00 Physiotherapy AL (2)  10:00 Wellness Program with Marin IL (F)  10:30 Physiotherapy IL (3)  <b>10:30 Mass with Father Ralph (D)</b>  2:00 Crafts with Maria AL (2)  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  <b>7:10 TV Show: Forensic Files (D)</b></p>	<p><b>23</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  10:30 Connect Art IL (CH)  10:45 Pet Therapy Visits  1:30 Connect Art AL (2)  <b>3:00 Wheel of Fortune (D)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>24</b>  9:30 Sit and Be Fit AL (2)  10:30 Morning Exercises IL (3)  1:30 Art Therapy IL (3)  2:00 Pastoral Visits AL (2)  <b>3:30 You be The Judge (CH)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)</p>	<p><b>25</b>  10:45 Physiotherapy IL (3)  11:15 Physiotherapy AL (2)  <b>1:30 Make Art to Music IL (3)</b>  <b>1:30 Loblaw's &amp; Dollar Store</b>  2:00 Therapeutic Colouring AL (2)  3:45 10¢ Bingo (6)  4:00 Rosary AL (2)  6:10 Monster B-I-N-G-O AL (2)</p>
<p><b>26</b>  11:00 Sit &amp; Be Fit Exercises AL (2)  11:30 Morning Exercises IL (3)  1:30 Ball Toss and Games AL (2)  <b>3:30 Mass with Father Larry (D)</b>  <b>6:30 Jude &amp; Leah Performance (L)</b></p>	<p><b>27</b>  9:30 Sit and Be Fit AL (2)  10:00 Wellness Program with Marin IL (D)  <b>11:00 Resident Council (D)</b>  <b>1:30 Hot Topics (5)</b>  2:00 Crafts with Maria AL (2)  4:00 Rosary AL (2)  6:10 Social Bingo Night AL (2)</p>	<p><b>28</b>  <b>9:30 Walmart</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  11:00 Colouring and Manicures AL (2)  <b>2:00 Dancing (D)</b>  <b>3:30 Trivia (6)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>29</b>  10:00 Physiotherapy AL (2)  10:00 Wellness Program with Marin IL (F)  10:30 Physiotherapy IL (3)  <b>2:30 Birthday Celebration~ James (G)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  <b>7:10 TV Show: Forensic Files (D)</b></p> 	<p><b>30</b>  9:30 Falls Prevention AL (2)  10:15 Falls Prevention IL (3)  10:30 Connect Art IL (CH)  10:45 Pet Therapy Visits  1:30 Connect Art AL (2)  <b>3:00 Wheel of Fortune (D)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)  7:00 10¢ Bingo (6)</p>	<p><b>31</b>  9:30 Sit and Be Fit AL (2)  10:30 Morning Exercises IL (3)  1:30 Art Therapy IL (3)  2:00 Pastoral Visits AL (2)  <b>3:30 You be The Judge (CH)</b>  4:00 Rosary AL (2)  6:10 Social Bingo AL (2)</p>	

