



RICHVIEW DIRECTORY

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"Every moment
is a fresh
beginning."

-T.S Eliot

Follow us on:



HOROSCOPE

If you were born between February 19th and March 20th, you were born under the sign of Pisces. This is your month to recognize your dreams and to let them unfold in new directions. Pisces is the origin of your dreams and visions for your lives, your intuitions, your compassion and selflessness, and your connection to "all-that-is". But make sure to keep on your toes, because you might experience some positive surprises! This is the month to illuminate ideals, hold them to your heart, and do not let present reality get you down!

RESIDENT BIRTHDAYS

Doris W.	March 2 nd
Carmela C.	March 10 th
Carlo D.	March 10 th
Giselle E.	March 15 th
Ronald R.	March 22 nd
Gustav L.	March 26 th
Angela V.	March 29 th
Pauline B.	March 29 th
Giuseppe L.	March 29 th

Connect Art

New Horizons, a government run grant program, has funded our latest proposal, ConnectArt! The program will start Thursday March 8th, 2018 at 10:30am in the Club House. New Horizons provides grants and contributes funding for projects led or inspired by seniors who want to make a difference in the lives of others and in their communities. Richview Manor has partnered with Art at Heart to present ConnectArt. Over the course of the year, the classes will emphasize cultural diversity and inclusion. We are grateful to New Horizons for funding our third project over the last four years!



STRIDES FOR STROKE

In support of the Mackenzie Health Foundation, the annual Strides for Stroke 5KM Walk/Run will be taking place on Saturday May 5th, 2018. The new website is up and running and anyone can sign up as part of our team. You can do so now by registering at www.stridesforstroke.ca. Early bird registration will be available until April 6th. Richview Manor residents, their families, staff, and local schools like Villanova Collage will be making the 5KM trek with over 1200 other participants. Join the UniversalCare Mover's & Shakers Team to start fundraising and to participate in the walk. Residents can inform Life Enrichment Manager, Anna Walpole, of their interest and willingness to participate. For those who will not be walking with us, donations will also be accepted. Help us bring life-saving medical equipment and technology to Mackenzie Health Richmond Hill Hospital and the future Mackenzie Health Vaughan Hospital.

Monthly Chuckle

What's Irish and comes out in the Spring?
Paddy O'Furniture

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext 116 and/or info@richviewmanor.com



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March is...

Brain Injury
Awareness Month

Women's History
Month

Spiritual
Awareness Month

March 1
St. David's Day

March 8
International
Women's Day

March 15
Ides of March

March 17
St Patrick's Day

March 20
First day of Spring

March 23
National Puppy
Day

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

March 2018 Newsletter

Oscar Night



The nominations are in and Richview Manor is excited to be hosting our 7th annual Oscar's night! The event will take place Sunday March 4th at 7:00pm in the Grandview Dining Room. The talented Musaic School of Music students will be performing music from our favourite movies including: Beauty and the Beast, the Greatest Showman and Pixar's Cocoa. Every year, this show is one of our biggest events and it's bound to be another evening for the books. Appetizers will be served following the big show.

International Women's Day






On Thursday March 8th, Richview Manor, will be honouring International Women's' Day with a performance by Sandra Kirby. International Women's Day is a time to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the world. Join us at 2:30 in the Grandview Dining Room for an enjoyable afternoon of refreshments, delicious treats and entertainment.



Disco Party



Disco fever will be making its way to Richview on March 21st at 2:30pm in the Grandview Dining Room. To celebrate this groovy event, Jay will be performing disco hits to get us nonstop dancing. Strike a pose in your platform shoes and dazzling disco bellbottoms. Come join us for a glittery afternoon with refreshments and delicious treats!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Volunteer Driven Programs</u> Every Monday & Wednesday: Maria Fabrizio Visits</p>	<p>Location Legend Lobby Lounge Café – L Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room/Gym - F Dufferin Room – D</p>	<p>Location Legend (Continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – 6 Front Lobby – L</p>		<p>1 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 11:00 Connect Art (CH) 11:15 Manicures & Colouring AL (2) 2:00 Word Within a Word (6) 3:00 Pool Fitness with Marin IL (P) 3:30 Music Reminiscing AL (3) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>2 9:30 Sit & Be Fit Exercises AL (2) 10:30 Balloon Volleyball IL (D) 1:30 Art Therapy (3) 2:00 Pastoral Visits AL (2) 2:00 You Be the Judge (CH) 3:30 Adopt A Senior (D) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:10 Movie Special: Last Chance Harvey</p>	<p>3 10:00 Physiotherapy for AL (2) 10:30 Physiotherapy for IL (3) 11:15 Therapeutic Colouring AL (2) 1:30 Loblaw's and Dollar Store 1:30 Make Art to Music IL (3) 3:45 10¢ Bingo (6) 4:20 Rosary AL (2) 6:10 Monster B-I-N-G-O AL (2)</p>
<p>4 Oscar Academy Awards 10:00 Physiotherapy for AL (2) 10:30 Physiotherapy for IL (3) 11:15 Manicures & Hand Therapy AL (2) 1:15 Ski Ball and Games AL (2) 3:30 Mass with Father Larry (D) 7:00 Oscar Night (G)</p>	<p>5 9:30 Sit and Be Fit AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Morning Exercises IL (3) 10:45 Therapeutic Colouring AL (2) 1:15 Manicures and Hand Therapy AL (2) 2:00 Crafts with Maria AL (2) 3:00 Wheel of Fortune (D) 4:20 Rosary AL (2) 6:10 Social Bingo Night AL (2) 7:00 10¢ Bingo (6)</p>	<p>6 9:30 Walmart 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 BINGO AL (2) 1:30 Bowling AL (2) 2:00 Dancing with Ashley & Patricia (D) 3:00 Pool Fitness with Marin IL (P) 3:00 Art AL (2) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>7 9:30 Sit & Be Fit Exercises AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Mass With Father Ralph (D) 1:30 Hot Topics (5) 2:00 Baking with Filomena & Afternoon Social IL (CH) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:00 10¢ Bingo (6)</p>	<p>8 International Women's Day 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 Pet Therapy Visits 11:00 Connect Art (CH) 11:15 Manicures & Colouring AL (2) 2:30 Women's Day Celebration - Sandra Kirby (G) 3:00 Pool Fitness with Marin IL (P) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p> 	<p>9 10:00 Mass with Father Peter (D) 11:00 Falls Prevention AL (2) 11:30 Falls Prevention IL (3) 1:30 Art Therapy IL (3) 2:00 You Be the Judge (CH) 3:30 Adopt A Senior (D) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:10 Movie Special: Mrs. Winterbourne</p>	<p>10 9:30 Casino 11:00 Sit and Be Fit AL (2) 11:30 Morning Exercises IL (3) 1:30 Make Art to Music IL (3) 2:30 Therapeutic Colouring AL (2) 3:45 10¢ Bingo (6) 4:20 Rosary AL (2) 6:10 Monster B-I-N-G-O AL (2)</p>
<p>11 11:00 Sit and Be Fit AL (2) 11:30 Morning Exercises IL (3) 1:15 Puzzles and Games AL (2) 1:45 Manicures & Hand Therapy AL (2) 3:30 Mass with Father Larry (D) 6:15 Jude and Leah Performance (L)</p>	<p>12 10:00 Falls Prevention AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Falls Prevention IL (3) 10:45 Therapeutic Colouring AL (2) 1:15 Manicures and Hand Therapy AL (2) 2:00 Crafts with Maria AL (2) 3:00 Wheel of Fortune (D) 4:20 Rosary AL (2) 6:10 Social Bingo Night AL (2) 7:00 10¢ Bingo (6)</p>	<p>13 9:30 Longos 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 BINGO AL (2) 1:30 Bowling AL (2) 2:00 Dancing with Ashley & Patricia (D) 3:00 Pool Fitness with Marin IL (P) 3:00 Art AL (2) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>14 9:30 Sit & Be Fit Exercises AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 BINGO AL (2) 1:30 Manicures & Hand Therapy AL (2) 2:00 Crafts with Maria AL (2) 1:30 Hot Topics (5) 4:20 Rosary AL (2) 6:30 Il Cavalier Group Happy Hour (L)</p>	<p>15 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 Pet Therapy Visits 11:00 Connect Art (CH) 11:15 Manicures & Hand Therapy (2) 2:00 Word Within a Word (6) 3:00 Pool Fitness with Marin IL (P) 3:30 Music Reminiscing AL (3) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>16 10:00 Rev. Robert Royal (D) 1:30 Art Therapy IL (3) 2:00 Pastoral Visits AL (2) 2:00 You Be the Judge (CH) 3:30 Adopt a Senior (D) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:10 Movie Special: Leap Year</p>	<p>17 St. Patrick's Day 10:00 Physiotherapy for AL (2) 10:30 Physiotherapy for IL (3) 10:30 Vaughan Mills Mall 11:15 Therapeutic Colouring AL (2) 1:30 Make Art to Music IL (3) 3:45 10¢ Bingo (6) 4:20 Rosary AL (2) 6:10 Monster B-I-N-G-O AL (2)</p> 
<p>18 10:00 Physiotherapy for AL (2) 10:30 Physiotherapy for IL (3) 11:15 Manicures & Hand Therapy AL (2) 1:15 Ski Ball and Games AL (2) 3:30 Mass with Father Larry (D) 6:10 Social Bingo AL (2)</p>	<p>19 9:30 Sit and Be Fit AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Morning Exercises IL (3) 10:45 Therapeutic Colouring AL (2) 1:15 Manicures and Hand Therapy AL (2) 2:00 Crafts with Maria AL (2) 3:00 Battle of the Sexes (D) 4:20 Rosary AL (2) 6:10 Social Bingo Night AL (2) 7:00 10¢ Bingo (6)</p> 	<p>20 First Day of Spring 9:30 Walmart 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 BINGO AL (2) 1:30 Bowling AL (2) 2:00 Dancing with Ashley & Patricia (D) 3:00 Pool Fitness with Marin IL (P) 3:00 Art AL (2) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p> 	<p>21 9:30 Sit & Be Fit Exercises AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Mass with Father Ralph (D) 1:30 Hot Topics (5) 2:30 Disco Party – Jay (G) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:00 10¢ Bingo (6)</p>	<p>22 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 11:00 Connect Art (CH) 11:15 Manicures & Hand Therapy (2) 2:00 Resident Council (D) 3:00 Pool Fitness with Marin IL (P) 3:30 Music Reminiscing AL (3) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>23 11:00 Falls Prevention AL (2) 11:30 Falls Prevention IL (3) 1:30 Art Therapy IL (3) 2:00 You Be the Judge (CH) 3:30 Adopt A Senior (D) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:10 Movie Special: My Life</p>	<p>24 11:00 Sit and Be Fit AL (2) 11:30 Morning Exercises IL (3) 1:30 Coppa's 1:30 Make Art to Music IL (3) 2:30 Therapeutic Colouring AL (2) 3:45 10¢ Bingo (6) 4:20 Rosary AL (2) 6:10 Monster B-I-N-G-O AL (2)</p>
<p>25 11:00 Sit and Be Fit AL (2) 11:30 Morning Exercises IL (3) 1:15 Puzzles and Games AL (2) 1:45 Manicures & Hand Therapy AL (2) 3:30 Mass with Father Larry (D) 6:10 Social Bingo AL (2)</p>	<p>26 10:00 Falls Prevention AL (2) 10:00 Wellness Program with Marin IL (F) 10:30 Falls Prevention IL (3) 10:45 Therapeutic Colouring AL (2) 1:15 Manicures and Hand Therapy AL (2) 2:00 Crafts with Maria AL (2) 3:00 Wheel of Fortune (D) 4:20 Rosary AL (2) 6:10 Social Bingo Night AL (2) 7:00 10¢ Bingo (6)</p>	<p>27 9:30 Hillcrest Mall 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 BINGO AL (2) 1:30 Bowling AL (2) 2:00 Dancing with Ashley & Patricia (D) 3:00 Pool Fitness with Marin IL (P) 3:00 Art AL (2) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>28 9:30 Sit & Be Fit Exercises AL (2) 10:00 Wellness Program with Marin IL (F) 1:30 Hot Topics (5) 2:30 Birthday Celebration – James (G) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2) 7:00 10¢ Bingo (6)</p>	<p>29 9:30 Falls Prevention AL (2) 10:15 Falls Prevention IL (3) 10:45 Pet Therapy Visits 11:00 Connect Art (CH) 11:15 Manicures & Hand Therapy AL (2) 2:00 Baking with Filomena & Afternoon Social IL (CH) 3:00 Pool Fitness with Marin IL (P) 3:30 Music Reminiscing AL (3) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>30 Good Friday & Passover Begins 11:00 Sit and Be Fit AL (2) 11:30 Morning Exercises IL (3) 1:30 Art Therapy IL (3) 2:00 Pastoral Visits AL (2) 3:00 You Be the Judge (CH) 4:20 Rosary AL (2) 6:10 Social Bingo AL (2)</p>	<p>31 10:00 Physiotherapy for AL (2) 10:30 Physiotherapy for IL (3) 11:15 Therapeutic Colouring AL (2) 12:00 Mandarin 1:30 Make Art to Music IL (3) 3:45 10¢ Bingo (6) 4:20 Rosary AL (2) 6:10 Monster B-I-N-G-O AL (2)</p>

