



RICHVIEW DIRECTORY

Concierge
905-585-5000

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General Manager
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Clinical Director
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Marketing Coordinator
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Culinary Service
Manager
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Office Coordinator
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"My mission in life is not to merely survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

Follow us on:



HOROSCOPE

If you were born between July 23rd and August 23rd, you were born under the sign of the Leo. You are exerting a huge amount of energy in August 2017 to achieve what you wish for. This is a highly significant month, where the sky is the limit in terms of what you can achieve. You have energy, enthusiasm, eagerness, diplomacy, quick wit, foresight and also the good common sense to be grounded and cautious in what you do. You must use your personality and your ability to lead – you can inspire others and get them to support you. Use the confidence you feel right now to action plans and start initiatives.

RESIDENT BIRTHDAYS

Maria M.	Sept 3
Vincenzo A.	Sept 4
Evelyn C.	Sept 5
Maria P.	Sept 6
Raniero P.	Sept 11
Shirin N.	Sept 14
Ida F.	Sept 16
Berit P.	Sept 19
Syd Ab Motamedi Nia	Sept 23
Lionel W.	Sept 25
Rita G	Sept 25
Carmelin C.	Sept 29

SEPTEMBER 18TH:

UniversalCare Foundation Presents "Laughter Yoga" with Marjorie Moulin

Laughter yoga is a practice involving prolonged voluntary laughter. Laughter yoga is based on the belief that voluntary laughter provides the same physiological and psychological benefits as spontaneous laughter. Laughter yoga is done in groups, with eye contact, jokes and playfulness between participants.

Marjorie Moulin, a Certified Laughter Yoga Leader with over 15 years of experience and also the co-founder of the Richmond Hill Laughter Club. She has made it her mission to spread the powerful force of laughter within the corporate world. She reserves a certain number of events for which she donates her services to help the community.



Laugh and Live Well

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com



RICHVIEW ROCKSTARS



Ruby (Amritpal), Culinary Aide

"She is a very good co-worker, hard worker, always listens to others. She gives me good advice to make our job better"

Anna Walpole
"Very Passionate worker. A great manager who goes the extra mile for her residents. Whether it be changing the bed sheets or giving a resident a shower.



UniversalCare Foundation Presents "Dancing with Seniors"



Richview Manor has been hosting "Dancing with Seniors" for the past 4 weeks, and so far has been a great success! We have just finished our 50's themed month. We will be starting a brand new theme in the coming days. If you haven't already, come and join our professionally taught dance class. Move to the rhythms at your own pace and enjoy an hour of fun exercise. As always, "Dancing with Seniors" will run from 11:00am until 12:00pm on Fridays in the Dufferin Room. We hope to see you there! A program presented by the UniversalCare Foundation and funded by Ontario Seniors Community Grant Program.



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

September the month of:

Blood Cancer Awareness Month

Brain Aneurysm Awareness Month

World Alzheimer's Month

World Friendship Month

September 4
Labour Day

September 10
Grandparents' Day

September 16
Oktoberfest Starts

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

September 2017 Newsletter

Labour Day Special Event



This Labour Day long weekend, join us for an afternoon with great music! Nick and Josie will be performing and bringing their own musical flare to Richview Manor on Monday September 4th at 2:30 in the Grandview Dining Room. Come by and enjoy the show!

Grandparents' Day

In honour of all our grandparents and surrogate grandparents, Richview Manor is holding our annual Grandparent's Day celebration on Sunday September 10th at 2:30. Traditionally, this day brings out a big crowd because we have lots of families and friends dropping by. The Vaughan Fire Department from next door will be here for the kids so they can have fun with the firemen and explore the firetruck.



Richview Manor's 6th Anniversary






Richview Manor continues to grow and get better with each year. It's our 6th year in operation! Residents, families, and friends are all invited to this year's celebration on Wednesday, September 20th at 2:30PM. If you would like to attend, please RSVP by September 15th with the concierge, but note we have limited seating per family.

ACTIVITIES

SEPTEMBER 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room - F Dufferin Room – D</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – Front Lobby – L Backyard- B</p>	<p>Volunteer Driven Programs</p> <p>Every Monday & Wednesday: Maria Fabrizio Visits</p> <p>Tuesdays: Brenda Pays Friendly Visits</p>	<p>We are now offering outings on Saturday afternoons!</p>  <p>Please sign up at the concierge desk to book your spot!</p>		<p>1 9:35 Sit & Be Fit Exercises ALs (AL) 11:00 Dancing with the Seniors (D) 2:00 Pastoral Visits (AL) 2:00 Art Therapy (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:10 TV Special: Downtown Abbey (D) 7:00 Cards with Vince & Armando (C)</p>	<p>2 11:15 Manicures & Hand Therapy (AL) 2:00 Mass with Father Ralph (Italian) (D) 3:45 10¢ Bingo (6) 6:10 Monster B-I-N-G-O (AL)</p>
<p>3 11:15 Bingo (AL) 1:30 Movie Matinée: The Pursuit of Happyness (D) 2:00 Therapeutic Coloring (AL) 3:15 Make Art to Music (3) 4:20 Rosary (AL) 6:10 Social Bingo (AL)</p>	<p>4 LABOUR DAY 11:15 Manicures & Hand Therapy (AL) 2:30 Special Event (G) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>5 9:30 Yummy Mart & Dollar Store 9:35 Sit & Be Fit Exercises ALs (AL) 3:00 Work it out (Gym) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>6 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:15 Richvoices Choir Practice (CH) 1:30 Manicures & Hand Therapy (AL) 2:00 Crafts with Maria (AL) 3:00 Hot Topics (5) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>7 10:00 Falls Prevention ALs (AL) 10:30 Falls Prevention ILs (IL) 10:30 Art at Heart (CH) 1:30 Italian Movie (D) 1:30 Bingo (AL) 3:00 Therapeutic Colouring (AL) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>8 9:35 Sit & Be Fit Exercises ALs (AL) 10:00 Mass with Father Peter (D) 11:00 Dancing with the Seniors (D) 2:00 Art Therapy (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:10 TV Special: Downtown Abbey (D) 7:00 Resident card games (C)</p>	<p>9 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Cookstown 11:15 Therapeutic Coloring (AL) 2:00 Mass with Father Ralph (Italian) (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:10 Monster B-I-N-G-O (AL)</p>
<p>10 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 2:30 Grandparents Day – John (G) 4:20 Rosary (AL) 6:10 Social Bingo (AL)</p>	<p>11 10:00 Falls Prevention ALs (AL) 10:30 BINGO (AL) 10:45 Falls Prevention ILs (3) 1:30 Manicures & Hand Therapy (3) 2:00 Crafts with Maria (AL) 2:30 Coffee & Chats (C) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>12 9:30 Walmart 9:35 Sit & Be Fit Exercises ALs (AL) 11:00 Therapeutic Coloring & Music (AL) 3:00 Work it out (Gym) 3:00 Therapeutic Art (AL) 3:00 Quiz Me! (6) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>13 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 BINGO (AL) 11:15 Richvoices Choir Practice (CH) 1:30 Manicures & Hand Therapy (AL) 2:00 Crafts with Maria (AL) 4:20 Rosary (AL) 6:30 I Cavalier Group Happy Hour (L)</p>	<p>14 10:00 Falls Prevention ALs (AL) 10:30 Falls Prevention ILs (IL) 10:30 Art at Heart (CH) 1:30 Italian Movie (D) 3:00 Hot Topics (5) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>15 9:35 Sit & Be Fit Exercises ALs (AL) 10:00 Rev. Robert Royal (D) 11:00 Dancing with the Seniors (D) 2:00 Art Therapy (3) 2:00 Pastoral Visits (AL) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:10 TV Special: Downtown Abbey (D) 7:00 Resident card games (C)</p>	<p>16 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 1:30 La Paloma Plaza 11:15 Manicures & Hand Therapy (AL) 2:00 Mass with Father Ralph (Italian) (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:10 Monster B-I-N-G-O (AL)</p>
<p>17 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Movie Matinée: The Derby Stallion (D) 2:00 Therapeutic Coloring (AL) 3:15 Make Art to Music (3) 4:20 Rosary (AL) 6:10 Social Bingo (AL)</p>	<p>18 10:00 Falls Prevention ALs (AL) 10:30 BINGO (AL) 11:00 Laughter Yoga (D) 1:30 Manicures & Hand Therapy (3) 2:00 Crafts with Maria (AL) 2:30 Coffee & Chats (C) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>19 9:30 Highland Farms & Shoppers 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 BINGO (AL) 2:00 Therapeutic Coloring (AL) 3:00 Work it out with Anna (Gym) 3:00 Quiz Me! (6) 4:20 Rosary (AL) 6:15 Pet Therapy Visits 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>20 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 BINGO (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:15 Richvoices Choir Practice (CH) 2:30 Richview Manor's 6th Anniversary – Giordano (G) 6:10 Social Bingo (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>21 10:00 Falls Prevention ALs (AL) 10:30 Falls Prevention ILs (IL) 10:30 Art at Heart (CH) 2:00 Resident Council (D) 3:00 Therapeutic Coloring (AL) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>22 9:35 Sit & Be Fit Exercises ALs(AL) 11:00 Dancing with the Seniors (D) 11:15 Bingo (AL) 2:00 Art Therapy (3) 2:00 Pastoral Visits (AL) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:10 TV Special: Downtown Abbey (D) 7:00 Resident card games (C)</p>	<p>23 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Therapeutic Coloring (AL) 1:30 Coppa's 2:00 Mass with Father Ralph (Italian) (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:10 Monster B-I-N-G-O (AL)</p>
<p>24 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Movie Matinée: Meet the Parents (D) 2:00 Therapeutic Coloring (AL) 3:15 Make Art to Music (3) 4:20 Rosary (AL) 6:30 Jude & Leah Performance (L)</p>	<p>25 10:00 Falls Prevention ALs (AL) 10:30 BINGO (AL) 10:45 Falls Prevention ILs (3) 1:30 Manicures & Hand Therapy (AL) 2:00 Crafts with Maria (AL) 2:30 Coffee & Chats (C) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>26 9:30 Casino 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 Therapeutic Coloring (AL) 2:00 Manicures & Hand Therapy (AL) 2:00 Quiz Me (5) 3:30 Therapeutic Art (AL) 6:10 Social Bingo Night (AL) 6:15 Pet Therapy Visits 7:00 Resident card games (C)</p>	<p>27 9:35 Sit & Be Fit Exercises ALs (AL) 10:30 BINGO (AL) 11:15 Richvoices Choir Practice (CH) 2:30 Birthday Celebration – Dallas 6:10 Social Bingo (AL) 7:00 10¢ Bingo (6) 7:00 Resident card games (C)</p>	<p>28 10:00 Falls Prevention ALs (AL) 10:30 Falls Prevention ILs (IL) 10:30 Art at Heart (CH) 1:30 Italian Movie (D) 2:00 Therapeutic Coloring & Music (AL) 3:00 Hot Topics (5) 4:20 Rosary (AL) 6:10 Social Bingo Night (AL) 7:00 Resident card games (C)</p>	<p>29 9:35 Sit & Be Fit Exercises ALs(AL) 11:00 Dancing with the Seniors (D) 2:00 Art Therapy (3) 2:00 Pastoral Visits (AL) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:10 Social Bingo (AL) 7:10 TV Special: Downtown Abbey (D) 7:00 Resident card games (C)</p>	<p>30 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Walmart 2:00 Crafts & Games (AL) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:10 Monster B-I-N-G-O (AL)</p>
<p>FUN FACT A single cloud can weight more than 1 million pounds.</p>	<p>FUN FACTS A human will eat on average 70 assorted insects and 10 spiders while sleeping.</p>	<p>FUN FACT You cannot snore and dream at the same time.</p>	<p>FUN FACT Honey never spoils.</p> 	<p>FUN FACT Chewing gum burns about 11 calories per hour.</p>	