



RICHVIEW DIRECTORY

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Clinical Director
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Marketing Coordinator
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Margaret Gonsalves
Culinary Service
Manager
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Kathryn Wride
Office Manager
905-585-5000 ext. 117

Notable Quotable

"No one has ever become poor by giving"
-Anne Frank

Follow us on:



HOROSCOPE

If you were born between November 22nd and December 21st, you were born under the sign of the Sagittarius. Sagittarius is most popularly known to represent freedom, exploration, and adventure. It's a big picture way of living that is, in many ways, incurably optimistic. Sagittarians believe that there is an opportunity for growth and expansion in everything. Sagittarians do not only consider physical or formal educational experiences as sources of knowledge, they also are drawn to philosophy and religion as paths to insights about themselves and others.

RESIDENT BIRTHDAYS

Shirley Bowerbank	Dec 01
Concetta Rinaldi	Dec 08
Fred Grafi	Dec 09
Agnes Foster	Dec 12
Susan Grafi	Dec 15
Elinor McMaster	Dec 18
Loretta Mittone	Dec 18
Antonio Valente	Dec 19
Maria Silvaggio	Dec 21
Filomena Di Gaetano	Dec 26
Jennie Verna	Dec 28

HOLIDAY CONCERTS AT A GLANCE

As is customary at Richview Manor, we have lined up a multitude of holiday concerts that will even please the Grinch himself.

- ❖ **Sunday December 4th** - Music teacher Luba will be with her students, 2:30-3:30PM
- ❖ **Tuesday December 13th** - SNATS, 4:00-5:00PM
- ❖ **Thursday December 15th** - Dr. Roberta Bondar, 10:30-11:15AM
- ❖ **Friday December 16th** - Villanova College, 2:30-3:30PM
- ❖ **Saturday December 17th** - Studio David Bertram, 2:30-3:30PM
- ❖ **Sunday December 18th** - Musaic School of Music, 2:30-3:30PM
- ❖ **Monday December 19th** - Chanukah Melodies with Pre-Schoolers from Gan Shalom Kindergarten, 10:15-10:45AM
- ❖ **Tuesday December 20th** - Christmas Open House with Cara Chisholm, 2:30-3:30PM
- ❖ **Thursday December 22nd** - Herbert H. Carnegie Public School, 10:45-11:45AM
- ❖ **Wednesday December 28th** - Richvoices Choir with Mariann Home, 2:30-3:30PM
- ❖ **Saturday December 31st** - New Year's Eve Bash with Mickev Lewin. 6:30-7:30PM

HUDSON'S BAY & LUNCH

The Hudson's Bay in the Eaton's Centre in downtown Toronto has a one of a kind Christmas window display that they showcase every year. Thousands of passerbys, including tourists from around the world, go every year just to see this lovely animated display. We want our residents to have the chance to see the five panoramas of an old-fashioned Christmas, complete with miniature carollers and a Santa's workshop that capture the spirit of Christmas. Residents will also have some time to shop in Hudson's Bay for some Christmas shopping. Following the morning's activity, we will be having lunch at the famous Fran's Diner. We hope you will sign up with the concierge for this next great outing! We're leaving early on Tues Dec 6th in the morning and will return before dinner.

LIFE ENRICHMENT STAFF UPDATE

While we are sad to see Jessica leave us and we wish her well, the Life Enrichment Department will be growing by adding two new staff members, both named Jamie. Jamie Lai a recent graduate from McMaster University with degrees in Religious Studies, and Gerontology and Health Studies (Honors). She has gained valuable experience in long term care facilities as well as NGOs for over 6 years. Jamie Moffitt is a graduate of the Activation Coordinator program in George Brown College and has experience with seniors in both Long Term Care and Retirement home settings. Jamie M will be taking over our popular Falls Prevention and Physiotherapy classes. Both will be bringing their unique touches to activities at Richview!

From our home to your's,
Richview Manor would like to wish everyone a
Very Merry Christmas, Happy New Year and a Wonderful Holiday Season!

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

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 UNIVERSALcare



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December is....

Safe Toys & Gifts Month

National Tie Month

December 21
Winter Solstice

December 24
Christmas Eve

December 24
First night of Chanukah

December 25
Christmas Day

December 26
Boxing Day

December 31
New Year's Eve

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

EDITION #52

December 2016 Newsletter

This Month at Richview Manor:

Dementia Dialogue: Strategies for Caring



Richview Manor would like to invite all our residents, friends, volunteers, families, caregivers and community members for an educational evening that will help answer some questions for those with loved ones with dementia symptoms. Registered Nurse Sue Bailey, Long Term Care Best Practice Coordinator for the Central LHIN & North Scarborough area, will be on hand the evening of Thursday December 8th from 7:00-8:00PM in the Dufferin Room speaking about early signs, challenges, how to advocate, communication and much more. This is an important forum and we encourage everyone to come and bring their families. Refreshments provided.

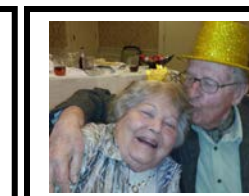
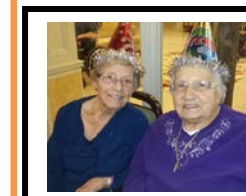
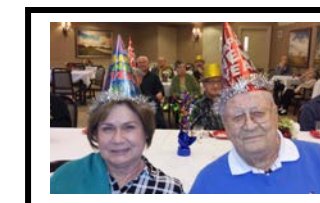
Christmas Open House

It's that time of year again...the most wonderful time of year! We are opening our doors to all our residents, their family and friends for an afternoon of festive merriment on December 20th at 2:30PM. Our annual Christmas Open House is our chance to share in the happiest season of all together as one big family. The remarkable Cara Chisholm will be here to perform all our classic Christmas favourites. Please RSVP by December 16th with the concierge.



New Year's Bash

If you've never heard of the veteran musician Mickey Lewin, you're going to get the chance to hear him loud and clear for the last concert of the year! On New Year's Eve, Richview Manor has got you covered to give you the party that will help us all say goodbye to 2016 and ring in 2017. The entertainment will be held in our Lobby at 6:30PM on Saturday December 31st, and everyone is welcome to join us!



ACTIVITIES

December 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room - F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>Volunteer Driven Programs</p> <p>Maria Fabrizio Visits – every Monday & Wednesday</p> <p>Brenda Pays Friendly Visits</p> <p>Pet Therapy Visits Thursdays (see calendar for exact dates)</p>	<p><i>To Make You Smile... Holiday Edition!</i></p> <ul style="list-style-type: none"> Why does Santa Claus go down the chimney on Christmas Eve? Because it "soots" him! What nationality is Santa Claus? North Polish What do you call people who are afraid of Santa Claus? Claustrophobic 	<p>1 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:45 Cinema Italiano – "Andre Rieu: Tuscany" 2:00 Yummy Market & Dollarama 2:30 Words in a Word (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>2 10:00 Cooking Club with Tina (CH) 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 2:00 Pastoral Visits (AL) 3:00 Piano Bar with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "A Good Year"</p>	<p>3 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>4 10:45 2nd Sunday of Advent Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:30 Classical Music Concert (G) 6:15 Social Bingo (AL)</p>	<p>5 9:45 Sit & Be Fit Exercises (AL) 10:30 Bowling (AL) 2:00 Crafts with Maria (AL) 2:00 Word Games (6) 3:30 Seated Dancing with Sharlene (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>6 9:15 Christmas Window Display & Shopping at Hudson's Bay in Downtown Toronto/Lunch at Fran's Diner 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Manicures & Hand Therapy (AL) 2:00 Coffee Social (C) 4:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>7 9:45 Sit & Be Fit Exercises (AL) 10:15 Ball Toss (AL) 11:00 Richvoice Choir Practice (CH) 2:30 Hot Topics (5) 2:30 Beading with Maria (AL) 3:30 Coffee Social (C) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>8 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 11:00 Bowling (AL) 2:30 Skylark Trio Performs (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 Dementia Educational Seminar with Sue Bailey (D)</p>	<p>9 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Mass with Father Peter (D) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:00 Piano Bar with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Stranded In Paradise" (D)</p>	<p>10 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Words in a Word (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>11 10:45 3rd Sunday of Advent Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 4:00 Richvoices Choir Performs at the Richmond Hill Centre for the Performing Arts 6:00 Jude & Leah, Eden & Naomi Piano Concert (L) 6:15 Social Bingo Night (AL)</p>	<p>12 9:45 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 2:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>13 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Prayer Service with Pastor Dennis and Pastor Betty (Chapel 3rd floor) 1:30 Upper Canada Mall 1:45 Yoga with Jamie (3) 3:00 Therapeutic Colouring (AL) 4:00 SNATS of U of T Christmas Concert (L) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>14 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 2:00 Colouring with Maria (AL) 1:45 Richvoices Choir Performs at Hospice Vaughan 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (L)</p>	<p>15 10:00 Falls Prevention ALs (AL) 10:30 Christmas Concert with Dr. Roberta Bondar (D) 2:00 Coppa's 1:45 Cinema Italiano – "Andre Rieu: Love In Venice" 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>16 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Reverend Robert Royal Prayer Service (D) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 2:30 Villanova College Christmas Concert (G) 4:20 Rosary (AL) 6:30 Movie Night: "Brooklyn" (D)</p>	<p>17 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 2:30 Studio David Bertram Concert (G) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>18 11:30 Sit & Be Fit Exercises (AL) 2:30 Musaic School of Music Christmas Concert (G) 6:15 Social Bingo (AL)</p> <p>*NO MASS TODAY*</p>	<p>19 10:15 Chanukah Concert with Gan Shalom Kindergarten (D) 2:00 Word Games (6) 2:00 Colouring with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>20 10:00 Sit & Be Fit Exercises (AL) 2:30 Christmas Open House (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p> <p>*No Falls Prevention Class Today*</p>	<p>21 9:45 Sit & Be Fit Exercises (AL) 11:00 Resident Council – Italian (D) 11:00 Richvoice Choir Practice (CH) 2:00 Resident Council - English (D) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 A Capella Christmas Carols (L) 7:00 10¢ Bingo (6)</p>	<p>22 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Herbert H. Carnegie Public School Christmas Concert (D) 2:00 Walmart & The Library 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>23 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:00 Piano Bar with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Get Up On It" (D)</p>	<p>24 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p> <p>CHRISTMAS EVE</p>
<p>25 CHRISTMAS DAY 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee "Home Alone" (D) 2:00 Building A Gingerbread House (AL) 3:30 Words in a Word – Christmas Edition (3) 6:15 Social Bingo (AL)</p> <p>*NO MASS TODAY*</p>	<p>26 BOXING DAY 11:15 Sit & Be Fit Exercises (AL) 1:30 Movie Matinee: "Christmas Carol" (D) 2:00 Word Games (6) 2:00 Trivia Challenge (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>27 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 1:00 Movie Outing: La La Land (Time to be confirmed) 2:00 Baking with Jamie (CH) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>28 9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:00 Richvoice Choir Practice (CH) 2:30 Birthday Celebration with Richvoices Choir & Mariann Home Choir (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>29 10:00 Chanukah Cooking Club with Emily (CH) 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:45 Cinema Italiano – "Francis: The Pope From the New World" 2:00 Fortino's 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>30 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Five People You Meet in Heaven" (D)</p>	<p>31 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:30 New Year's Eve Bash with Mickey Lewin (L)</p> <p>NEW YEAR'S EVE</p>