



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

November 2016 Newsletter

This Month at Richview Manor:



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

November is....

National Healthy Skin Month

Vegan Month

**November 1
All Saints Day**

**November 8
American Presidential Election**

**November 11
Remembrance Day**

Follow us on:



HOROSCOPE

If you were born between October 23rd and November 21st, you were born under the sign of the Scorpio. November 2016 is an excellent timing in both business and romantic relationships. You are in the right place at the right time to make contacts and meet people who can be fortuitous for you both financially and socially. Good karma these next few months is a result of past friendship and generosity of spirit. Honesty and being who you are and saying what you mean really matters to you – falseness and empty smiles will have no sway with you. Scorpions are not beating about the bush; you are getting things done and letting nothing get in your way.

RESIDENT BIRTHDAYS

Eligio Marzo	Nov 06
Maria D'Ambrosio	Nov 09
Eleanor Perfetti	Nov 13
Rilla Miller	Nov 17
Vittorio Franco	Nov 18
Domenico Franco	Nov 20
Bianca Binetti	Nov 30

JOURNEY TO HAPPINESS

The Life Enrichment Departments of the UniversalCare Canada Inc have united together to support our community for this upcoming holiday season. Our mission is to “adopt” a family and fill a luggage to a “journey to happiness” to help our local Vaughan women shelter, ETA Vaughan. This program will begin on November 1st and wrap up on December 14th. Richview Manor will donate a luggage filled with necessities as your contribution. We are asking for the support from residents, families, volunteers and staff to support this initiative with goods required to fill your luggage that our residents will pack! These include: Winter supplies (hats, gloves, jackets etc- *no used clothing please!*), bedding, toiletries, make-up or other women’s products, gift cards and more. Your ongoing support is invaluable!

SHUMAKER MOBILE & GERI FASHION

Richview Manor is set for all your shopping needs! Trendy Canadian footwear brand Shumaker, has several retail stores across Ontario and they will be making their Richview debut on Monday November 7th in our lobby between 11:00AM and 3:00PM. Not to be outdone, by popular demand Geri Fashions returns to Richview in the month of November as well! There will be tons of racks of clothing for all your outfit needs. Geri Fashions will be here on Tuesday November 22nd from 10:00AM until 3:00PM in our Dufferin Room.

Everyone is welcome to take advantage of these great on-site shopping opportunities!

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

Professionally Managed by
 UNIVERSALCARE

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Notable Quotable

“Many people will walk in and out of your life, but only true friends will leave footprints in your heart”
-Eleanor Roosevelt

Follow us on:



CITY OF VAUGHAN TOY DRIVE 2016

Richview Manor is proud to announce a partnership with the City of Vaughan for the CP24 CHUM Christmas Wish Toy Drive. We would like to invite all our friends to help us support the children from our community who are in need. From November 22nd until mid December, drop off an unwrapped toy under our tree in the lobby and help brighten a child's holiday season. We are accepting donations of unwrapped toys for newborns to 18 years old



ONE OF A KIND SHOW

For the third year in a row, Richview Manor will be taking our residents to the wonderful One of a Kind Show in downtown Toronto! We’re leaving Richview Manor at 9:30AM so that we can arrive at the Enercare Centre Exhibition Place before 11:00, shop, eat and then shop some more. Artisans and crafters from all over Canada and the United States come to sell their goods, like clothes, accessories, chutnies, soaps, art work, houseware and so much more. You’ll find things you won’t find anywhere else! Great Christmas shopping! Sign up with concierge!



Photo of our resident Allan E

Remembrance Day

Richview Manor will be honouring those who served and those we lost with a traditional Remembrance Day Ceremony on Friday November 11th at 10:30. The Richvoices Choir will be performing 3 pieces, including *In Flander’s Field*, while Reverend Robert Royal will lead us in prayer and provide the spiritual support we all need for that day.

World Diabetes Day

It may not be a day many of us are familiar with, but every year, World Diabetes Day on November 14 is the global awareness campaign of the diabetes world. Introduced by the International Diabetes Federation and the World Health Organization in response to the alarming rise of diabetes around the world, Richview Manor will be holding an in-service on November 14th with Bhavika Prajapati, Owner & Head Pharmacist at Shoppers Drug Mart (Rutherford & Dufferin) at 3:00PM in the Dufferin Room. Everyone is welcome to attend what will no doubt be a very informative hour, even if you are not diabetic. But that’s not all! On November 16th, we’re going to be dedicating an entire afternoon on Diabetes Awareness! As part of this year’s World Diabetes Day campaign, we’ll be having a party, complete with music, a selfie-booth and a sugar-free candy bar! The event is at 2:30 and all are welcome!



world diabetes day



Afternoon High Tea

Richview Manor is holding our special Ladies High Tea on Sunday November 27th at 2:30PM. Wear your Sunday’s best and invite your families to enjoy some delicious petits fours, finger sandwiches and of course, a hot cup of tea in a variety of flavours. We are so looking forward to newlyweds Stephanie and Anthony Feliciani performing and know they will help create the perfect ambiance. Space is limited, reserve today with the Concierge!

ACTIVITIES

November 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room - F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>1 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Therapeutic Colouring (AL) 1:30 Vaughan Mills Mall 1:30 Walking Workout with Jessica – Assisted Living (AL) 2:45 Walking Workout with Jessica (D) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>2 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:00 Richvoices Choir Practice (CH) 2:30 Marcus Schwan Performs (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>3 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 11:00 Ball Toss (AL) 11:30 Red Lobster Lunch 2:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>4 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Tabletop Volleyball (AL) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:00 Piano with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Dear John" (D)</p>	<p>5 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>6 DAYLIGHT SAVINGS TIME ENDS 10:45 32nd Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:00 It's All In the Detail – Art (3) 3:30 Manicures and Hand Therapy (AL) 6:15 Social Bingo (AL) TURN CLOCKS BACK 1 HOUR</p>	<p>7 9:45 Sit & Be Fit Exercises (AL) 11:00-3:00 Shumaker Mobile – Shoe Sale (L) 2:00 Crafts with Maria (AL) 2:00 Word Games (6) 3:30 Seated Dancing with Sharlene (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>8 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Ball Toss (AL) 11:15 BINGO World 2:00 Baking with Jessica (CH) 3:45 Dancing with Derek (D) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>9 11:00 Richvoices Choir Practice (CH) 11:15 Bowling (AL) 2:30 Hot Topics (5) 2:30 Beading with Maria (AL) 3:30 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>10 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 2:00 Marshall's 2:00 Baking Club with Emily (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>11 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Remembrance Day Ceremony (D) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 2:00 Pastoral Visits (AL) 3:00 Piano with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Salmon Fishing In The Yemen" (D)</p>	<p>12 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures and Hand Therapy (AL) 1:30 Therapeutic Colouring (AL) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>13 10:45 33rd Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 2:00 It's All In the Detail – Art (3) 2:00 Yummy Markey & Dollarama 6:15 Social Bingo Night (AL)</p>	<p>14 9:30 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 3:00 Diabetes In-Service Awareness (D) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>15 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Therapeutic Colouring (AL) 11:45 Woodbine Casino 3:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>16 9:30 Sit & Be Fit Exercises (AL) 10:30 Bowling (AL) 11:00 Richvoices Choir Practice (CH) 2:30 World Diabetes Day (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>17 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:30 Hillcrest Mall 2:00 Craft with Samantha (AL) 2:30 Educational Presentation by RBC (D) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>18 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Reverend Robert Royal Prayer Service (D) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:00 Piano with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "All Roads Lead to Rome" (D)</p>	<p>19 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>20 10:45 Feast of Christ the King Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:00 It's All In the Detail – Art (3) 3:30 Manicures and Hand Therapy (AL) 6:15 Social Bingo (AL)</p>	<p>21 9:45 Sit & Be Fit Exercises (AL) 11:00 Resident Council IL (D) 2:00 Word Games (6) 2:30 Hot Topics (5) 2:00 Colouring with Maria (AL) 3:30 Seated Dancing with Sharlene (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>22 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Ball Toss (AL) 10:00-3:00 Geri Clothing Sale (D) 1:30 Walking Workout with Jessica – Assisted Living (AL) 2:00 Walmart & The Library 2:45 Walking Workout with Jessica (D) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>23 9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 2:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (L)</p> <p>*No Choir Practice Today*</p>	<p>24 10:00 Cooking Club (CH) 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:45 Cinema Italiano (D) 2:00 Longo's & Seniors' Day at Shoppers Drug Mart 3:00 Manicures & Hand Therapy-Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>25 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Mass with Father Peter (D) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:00 Piano with Keith (L) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Crazy on the Outside" (D)</p>	<p>26 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures and Hand Therapy (AL) 1:30 The Price is Right (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>27 11:15 Sit & Be Fit Exercises (AL) 2:30 High Tea (G) 4:00 Richvoices Choir Practice (D) 6:15 Social Bingo (AL)</p> <p>*NO MASS TODAY*</p>	<p>28 9:30 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 10:15 Craft Corner with Sharlene (AL) 12:00 Marco Ritacca Performs At Lunch 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 2:00 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>29 9:30 One of a Kind Show 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Therapeutic Colouring (AL) 1:30 Zumba (D) 2:30 Baking with Jessica (CH) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>30 9:45 Sit & Be Fit Exercises (AL) 10:30 Manicures & Hand Therapy (AL) 11:00 Richvoices Choir Practice (CH) 2:30 Birthday Celebration with Carolynne (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>To Make You Smile.... A man knocked on my door and asked for a small donation towards the local swimming pool. I gave him a glass of water. I can totally keep secrets. It's the people I tell them to that can't. Thanks for explaining the word "many" to me, it means a lot.</p>	<p>Derek Krzyszkowski is the owner of the Fundance Ballroom Dance Studio in Etobicoke. For the past 24 years he has been involved in the Ballroom Dance Industry, teaching the art of Ballroom dance and he's bringing his talent to Richview on November 8th. Walkers, wheelchairs, anyone can join! You will dance to music at your pace. All is mixed with fun and energy! Come try it out!</p>	<p>Volunteer Driven Programs Maria Fabrizio Visits – every Monday & Wednesday Brenda Pays Friendly Visits Tuesday and Thursday Mornings Pet Therapy Visits every Thursday at 10:45AM</p>