



RICHVIEW DIRECTORY

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Manager
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Notable Quotable

"Wisdom is nothing more than healed pain"
– Robert Gary Lee

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HOROSCOPE

If you were born between September 23rd and October 22nd, you were born under the sign of the Libra. Libra is known for being the sign of balance, equality, justice, fairness, respect, peace, harmony, and beauty. Libra will sometimes take an extreme position in order to balance out another extreme position (something like jumping on the opposite end of a teeter-totter or a set of scales) if they perceive a situation or circumstance to be unfair or unjust. This may sometimes be perceived as hypocrisy, yet to Libra, it may be perfectly justifiable to take a firm stand to the opposite position in a matter just to bring balance to a situation.

RESIDENT BIRTHDAYS

Audrey Powers	Oct 05
Maria Volpe	Oct 09
Angela Pedretti	Oct 10
Alice McDonald	Oct 17
John Bowerbank	Oct 22
Irma Laengert	Oct 22
Dorothy Blair	Oct 28
Antonietta Marotta	Oct 31

TEAM TRAINING

Richview Manor will be hosting Information Sessions where Education Coordinator Leslie Bubeloff will discuss types of elder abuse, preventative tips and ways to eliminate the stigma. Also, the info session will share available community supports to seniors who may be experiencing abuse and important contacts for anyone who may witness abuse. In Part 2 of the training, Leslie will discuss the Richview TEAM public presentation and how to spread awareness. Program Coordinator Marisanna Tersigni will discuss ways to get involved in the project and assign volunteer duties. All parts will be held in the Club House.

Session 1
Part 1 - Sat October 1st, 1:00pm-4:30pm
Part 2- Sat October 15th, 1:00-4:30pm

Session 2
Part 1 & 2 – TBD

We are excited to see you there!

SENIORS LUNCH SHOWS

Richview Manor residents are in for a real treat this month! We're heading to a Las Vegas Tribute Show! Impersonators imitating Tom Jones, Connie Francis and Bobby Darrin will all be performing on October 19th at the Madsen's Greenhouse Banquet Hall in Newmarket. We will be leaving at Richview at 10:00AM, arriving just as doors open at 10:30AM. A hot plated lunch will be provided at the venue at 11:30AM, and the show begins at 12:30PM. We should return back to Richview by 3:00PM. The cost is \$45.00 per person to be paid in advance. These shows are wildly popular all over the GTA, so make sure you sign up as soon as possible with the concierge to reserve your spot.

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

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 UNIVERSALcare



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RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

EDITION #50

October 2016 Newsletter

This Month at Richview Manor:

October is....

Blood Cancer Awareness Month

National Dental Hygiene Month

Positive Attitude Month

October 2-4 Jewish New Year

October 10 Thanksgiving

October 31 Halloween

Thanksgiving



Thanksgiving is a special time of year at Richview Manor. This year, we are opening up our turkey pen and holding an open house to friends, families and loved ones on Thursday October 6th at 2:30PM where special Thanksgiving hors d'oeuvres will be served and Cara Chisholm will perform for the first time. But not to fret, we will keep you entertained on the Thanksgiving Monday with the extraordinarily talented twins Jude, Leah, Eden and Naomi in the Lobby Lounge at 6:00PM. Also, watch out for a couple of turkeys on the loose! The staff member and resident will each have a turkey they need to catch, and the first ones to do so will get a prize!

Flamenco Fiesta

On Thursday October 13th at 2:30 pm, Flamenco Fiesta will bring you the colour and rhythms of sunny Spain. Live guitar, toe tapping, heel clicking, swirling skirts and the sound of castanets. Ole! For more than 20 years Miguel, Leli and Elena have delighted audiences across North America and in Spain. Enjoy watching or please join in clapping to the beat. "Viva Espana"!



Halloween



One of the best events to take part in at Richview Manor is upon us once again! For a frighteningly good time this all hallow's eve, come by in costume on Monday October 31st, all day if you wish or just in time for our event at 2:30PM. We are encouraging everybody, staff, residents and volunteers to be dressed up. The Skylark Trio will be here singing and swinging the top hits from the 40s, 50s and 60s. If you miss this one, you're going to regret it!

Follow us on:



ACTIVITIES

October 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room - F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>Volunteer Driven Programs Maria Fabrizio Visits – every Monday & Wednesday Brenda Pays Friendly Visits Pet Therapy Visits every Thursday morning</p>	<p>Please note that as of this month, Masses with Father Ralph and Mass with Father Peter will no longer be held on 3rd Floor. They will now be held in the Dufferin Room.</p>	<p><i>We wish to remind residents that the time listed for any outing you see below is the time we are scheduled to leave Richview. We ask that out of respect for everyone, you be down 10 minutes before the bus leaves. Thank you!</i></p>	<p>To Make You Smile... The other day I held the door open for a clown. I thought it was a nice jester. A boiled egg every morning is hard to beat. I went to a seafood disco last week... and pulled a mussel.</p>	<p>1 11:15 Manicures & Hand Therapy (AL) 1:00 T.E.A.M Training Session 1 Part 1 (CH) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p> <p>*NO PHYSIOTHERAPY TODAY*</p>
<p>2 10:45 27th Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:30 SNATS (from University of Toronto) Music Concert (G) 6:15 Social Bingo (AL)</p>	<p>3 9:45 Sit & Be Fit Exercises (AL) 2:00 Crafts with Maria (AL) 2:00 Word Games (6) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>4 9:30 Sit & Be Fit Exercises (AL) 11:00 Therapeutic Colouring (AL) 1:30 Winner's & Home Sense 2:30 Manicures & Hand Therapy (AL) 4:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>5 9:30 Sit & Be Fit Exercises (AL) 10:30 Manicures & Hand Therapy (AL) 2:30 Hot Topics (5) 3:30 Colouring with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6) *No Choir Practice Today*</p>	<p>6 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 2:30 Thanksgiving Open House (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>7 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:00 Classical Music Class – "Opera Choruses" with Joseph Sharon (D) 4:20 Rosary (AL) 6:30 Movie Night: "Avatar" (D)</p>	<p>8 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Meditation with Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>9 10:45 Mass of Thanksgiving for God's Blessings with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Any Human Heart Part 1" (D) 2:00 It's All In the Detail – Art (3) 2:00 Yummy Markey & Dollarama 4:00 Richvoices Choir Practice (CH) 6:15 Social Bingo Night (AL)</p>	<p>10 THANKSGIVING 11:15 Sit & Be Fit Exercises (AL) 2:00 Word Games (6) 2:30 Thanksgiving Words in a Word (3) 4:20 Rosary (AL) 6:00 Jude & Leah, Eden & Naomi Piano Concert (L) 6:15 Social Bingo Night (AL)</p>	<p>11 10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 10:45 Bowling (AL) 1:30 Walking Workout with Jessica (3) 2:00 Fortino's 2:30 Baking Club with Jessica (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>12 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:00 Richvoice Choir Practice (CH) 2:00 Colouring with Maria (AL) 2:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (L)</p>	<p>13 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 2:30 Flamenco Fiesta (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>14 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Mass with Father Peter (D) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:00 Stephen Lecce – Prospective Conservative Provincial MPP for King-Vaughan Meet & Greet (C) 4:20 Rosary (AL) 6:30 Movie Night: "The Night of the Shooting Stars" (D)</p>	<p>15 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:00 T.E.A.M Training Session 1 Part 2 (CH) 1:30 Meditation with Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>16 10:45 29th Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Any Human Heart Part 2" (D) 2:00 It's All In the Detail – Art (3) 2:00 Walmart 4:00 Richvoices Choir Practice (CH) 6:15 Social Bingo (AL)</p>	<p>17 9:45 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:30 Hot Topics (5) 2:00 Colouring with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>18 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Bowling (AL) 11:15 Georgian Downs Casino 1:45 Stair-Masters with Jessica (3) 4:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>19 9:45 Sit & Be Fit Exercises (AL) 10:00 Seniors Lunch Shows 10:30 Manicures & Hand Therapy (AL) 11:00 Richvoice Choir Practice (CH) 2:00 Colouring with Maria (AL) 2:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>20 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:45 Cinema Italiano: "La Notte" (D) 1:30 Mary Lake 2:00 Baking Club with Emily (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>21 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Reverend Robert Royal Prayer Service (D) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Higher Ground" (D)</p>	<p>22 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>23 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee "Bus Stop" (D) 2:00 It's All In the Detail – Art (3) 6:15 Social Bingo (AL) *NO MASS TODAY*</p> <p>30 10:45 31st Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 2:30 Mosaic School of Music Concert (G) 6:15 Social Bingo (AL)</p>	<p>24 9:30 Sit & Be Fir Exercises (AL) 10:45 Craft Corner with Emily (CH) 2:00 Resident Council IL (D) 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p> <p>31 HALLOWEEN 9:30 Sit & Be Fir Exercises 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:30 Halloween Special Event (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>25 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 1:45 Walking Workout with Jessica (3) 2:00 Walmart & The Library 3:00 Therapeutic Colouring (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>26 9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (D) 11:00 Richvoice Choir Practice (CH) 2:30 Birthday Celebration with Carolynne (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>27 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Pet Therapy Visits 1:30 Hillcrest Mall 1:45 Cinema Italiano: "Fellini Satyricon" (D) 2:00 Baking Club with Emily (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>28 10:00 Cooking Club with Magda (CH) 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Truce" (D)</p>	<p>29 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Meditation with Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>