



## RICHVIEW DIRECTORY

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General Manager  
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Anna Walpole  
Life Enrichment &  
Marketing Coordinator  
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Margaret Gonsalves  
Culinary Service  
Manager  
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Kathryn Wride  
Office Manager  
905-585-5000 ext. 117

## Notable Quotable

“The cure for boredom is curiosity. There is not cure for curiosity”  
- Dorothy Parker

Follow us on:



## HOROSCOPE

If you were born between July 23<sup>rd</sup> and August 23<sup>rd</sup>, you were born under the sign of the Leo. You are exerting a huge amount of energy in August 2016 to achieve what you wish for. This is a highly significant month, where the sky is the limit in terms of what you can achieve. You have energy, enthusiasm, eagerness, diplomacy, quick wit, foresight and also the good common sense to be grounded and cautious in what you do. You must use your personality and your ability to lead – you can inspire others and get them to support you. Use the confidence you feel right now to action plans and start initiatives.

## RESIDENT BIRTHDAYS

Elsa Marzo	Aug 08
Fiorina Cariati	Aug 11
Mary Weiss	Aug 24
Giuseppina Arcuri	Aug 26
Mario Camardella	Aug 30

## VOLUNTEER APPRECIATION

We would be no where without our volunteers. So much of what we do is because of the support of the army of older and youth volunteers we have at our finger tips. This year, Richview Manor will be repaying them for all they've done by treating them to lunch on Tuesday August 23rd in the Dufferin Room. Residents are welcome to stop by and extend their own thanks as well.



## GOODBYE TO THE STUDENTS

A big thanks to Elisa, Kamrin and Erica for all your help and hard work this summer! Good luck with your upcoming school years and please come back to visit!

## ARIAN PERFORMS CLASSICAL MUSIC

Every Monday, Wednesday and Friday, volunteer Arian will be playing beautiful classical piano for our Assisted Living and Independent Living residents. Please see the calendar for the full schedule of times and locations.

## Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

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## ST. JACOBS COUNTRY OUTING

St. Jacobs Country is home to Canada's largest year around Farmers Market. The area is also home to Old Order Mennonites whose farms surround the countryside, lending a tranquility to the area much as they have for generations. Located west of Toronto in the beautiful Waterloo Region, St. Jacobs is a small community known for original arts and crafts and a myriad of stores featuring home decor, clothing, jewellery, accessories, toys, gourmet foods, and gift shops. Richview Manor residents will be going to this idyllic town on Monday August 15 in the early morning, arriving for lunch and staying to look around at the quaint shops. This will be an all day outing, leaving early in the morning and returning after dinner time. Please sign up with concierge if you are interested in coming. Reserve your spot before it fills up!

## NEW SPIRITUAL PROGRAM

We are pleased to welcome Reverend Robert Royal to Richview Manor. As a minister at the St. Andrew's Presbyterian Church in Maple since 2007, he comes to Richview Manor highly recommended. He holds a Bachelor of Arts from the University of Guelph and a Master of Divinity from Knox College at the University of Toronto. We hope our residents and families will enjoy Rev. Robert's sermon on Friday August 19<sup>th</sup> at 10:30 in the Dufferin Room.



ADDRESS:  
10500 Dufferin Street  
Maple, Ontario  
Canada, L6A 4R1  
(905) 585-5000

August is....

National  
Immunization  
Month

Happiness  
Happens Month

August 1  
Civic Holiday

August 5-21  
Summer Olympics

August 15  
Assumption of  
Mary

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RICHVIEW MANOR  
ENRICHED RETIREMENT LIVING

# August 2016 Newsletter

This Month at Richview Manor:

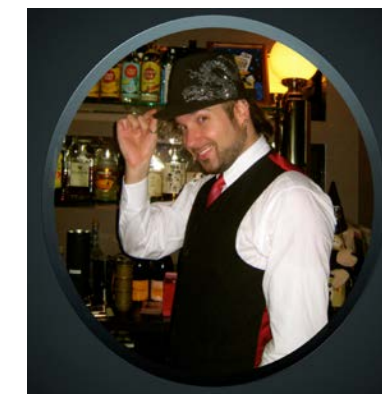
## Summer Olympic Fever



Canada is once again on the road to gold, and Richview Manor is going to join them! Please sign up with a member of the Life Enrichment Department if you would like to be part of a team. Each team will be representing a country, and will then go head to head to battle it out in a variety of programs and games. Richview Olympics will be held outside on Wednesday August 17<sup>th</sup> at 2:30PM. More information to follow. Let the games begin!

## Magic Show with Orion

Just say the magic word! Highly acclaimed magician Orion Neary will be driving everyone crazy with his timing and skill on Wednesday August 24<sup>th</sup> at 2:30PM. He graduated from the Chavez school of magic of California and received the AIMC magic degree from the Magic Circle of London, England and is now a full time professional magician. He has performed for the Deputy Counsel General of China, the Governor General of Canada and many large corporations such as Bombardier, I.B.M and Toshiba. Come by and see him...before you can't! All are welcome!



## A Summer Serenade




Richview Manor and the Mosaic School of Music are proud to present this year's "A Summer Serenade" on Friday August 26<sup>th</sup> at 2:30PM. The Richvoices Choir along with teachers from the Mosaic School of Music will be performing for all to enjoy. This is one not to be missed!

# ACTIVITIES

# August 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>PET THERAPY</b> with Nina and Oscar every Thursdays at 10:45AM</p> 	<p><b>1 CIVIC HOLIDAY</b> 11:15 Sit &amp; Be Fit Exercises (AL) 2:00 Word Games (6) <b>2:30 Civic Holiday Celebration with Sandra Kirby (G)</b> 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 6:00 Arian Performs (L)</p>	<p><b>2</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) 11:30 Words in a Word (3) <b>1:30 Bayview Village</b> 1:45 Relaxation &amp; Meditation (3) 3:30 Manicures &amp; Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>3</b> 9:30 Outside Social (T) 10:30 Pastor Dennis &amp; Pastor Betty Friendly Visits 11:00 Richvoice Choir Practice (CH) 2:30 Hot Topics (5) 2:30 Colouring with Maria (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p><b>4</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:30 Comedy Corner (3) <b>2:00 Yummy Market &amp; Dollarama</b> 2:30 "5 in 10" (B) 4:20 Rosary (AL) 4:00 Manicures &amp; Hand Therapy – Independent Residents (3) 6:15 Social Bingo (AL)</p>	<p><b>5</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Arian Performs (AL) <b>11:30 Carolynne &amp; Shelley Perform (L)</b> 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:30 Movie Night: "A Better Life" (D)</p>	<p><b>6</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures &amp; Hand Therapy (AL) 1:30 Meditation with Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p><b>7</b> 10:45 19<sup>th</sup> Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit &amp; Be Fit Exercises (AL) 1:15 Movie Matinee: "Evil Roy Slade" (D) 2:00 It's All In the Detail – Art (3) 2:30 Words in a Word (CH) 6:15 Social Bingo (AL)</p>	<p><b>8</b> 9:45 Sit &amp; Be Fit Exercises (AL) 10:00 Different Strokes (CH) 11:00 Arian Performs (AL) 2:00 Word Games (6) 2:00 Colouring with Maria (AL) 2:30 The Sandwich Game (B) 4:00 Arian Performs (L) 4:00 Happy Hour (C) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p><b>9</b> 10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) <b>11:15 Georgian Downs Casino</b> 1:45 Baking Club (CH) 4:00 Manicures &amp; Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>10</b> 9:30 Sit &amp; Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (CH) 2:30 Words in a Word (B) 2:30 Beading with Maria (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) <b>6:30 I Cavalieri Group Happy Hour (D)</b></p>	<p><b>11</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Brain Games (AL) 12:00 Marco Ritacca from the Vaughan Fire Department Performs at Lunch <b>2:00 Walmart</b> 2:30 Head's Up (B) 4:20 Rosary (AL) 4:00 Manicures &amp; Hand Therapy – Independent Residents (3) 6:15 Social Bingo (AL)</p>	<p><b>12</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (F**) [Please note the change in location] 10:30 Mass with Father Peter (3) 11:00 Arian Performs (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:30 Movie Night: "The Lady Vanishes" (D)</p>	<p><b>13</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p><b>14</b> 10:45 20<sup>th</sup> Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:15 Sit &amp; Be Fit Exercises (AL) 1:15 Movie Matinee "Midnight in Paris" (D) 2:00 It's All In the Detail – Art (3) 2:30 Comedy Corner (B) 6:15 Social Bingo Night (AL)</p>	<p><b>15</b> <b>9:30 St. Jacobs Country</b> 9:45 Sit &amp; Be Fit Exercises (AL) 11:00 Arian Performs (AL) 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 2:30 Trivia Challenge (B) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p><b>16</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) <b>1:30 Upper Canada Mall</b> 1:45 Walking Workout with Jessica (3) 3:00 Therapeutic Colouring (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>17</b> 9:30 Outside Social (T) 10:30 Pastor Dennis &amp; Pastor Betty Friendly Visits 11:00 Richvoice Choir Practice (CH) <b>2:30 Olympic Fever! (B)</b> 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p><b>18</b> 10:00 Cooking Club – Tina &amp; Angela (CH) 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) <b>2:00 Fortino's</b> 2:30 "5 in 10" (B) 3:45 Manicures &amp; Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>19</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Tabletop Volleyball (AL) 10:30 Reverend Robert Royal Prayer Service (D) 11:00 Arian Performs (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:30 Movie Night: "Song One" (D)</p>	<p><b>20</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures &amp; Hand Therapy (AL) 1:30 Meditation with Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p><b>21</b> 10:45 21<sup>st</sup> Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit &amp; Be Fit Exercises (AL) 1:15 Movie Matinee: "Marley &amp; Me" (D) 2:00 It's All In the Detail – Art (3) 2:30 The Price is Right (CH) 6:15 Social Bingo (AL)</p>	<p><b>22</b> 9:45 Sit &amp; Be Fit Exercises (AL) 10:00 Different Strokes (CH) 11:00 Arian Performs (AL) 2:00 Word Games (6) <b>2:00 Resident Council IL (D)</b> 2:30 Colouring with Maria (AL) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p><b>23</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 1:45 Relaxation and Meditation with Jessica (3) 3:00 Manicures &amp; Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>24</b> 9:45 Sit &amp; Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (CH) <b>2:30 Magic Show with Orion (G)</b> 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p><b>25</b> 10:00 Cooking Club – Loretta (CH) 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) <b>2:00 NEW Maple Public Library</b> 2:30 Trivia Challenge (B) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p><b>26</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Arian Performs (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) <b>2:30 A Summer Serenade (G)</b> 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:30 Movie Night: "Hemmingway &amp; Gellhorn" (D)</p>	<p><b>27</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Tabletop Volleyball (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p><b>28</b> 11:15 Sit &amp; Be Fit Exercises (AL) 1:15 Movie Matinee "Four Weddings &amp; A Funeral" (D) 2:30 Words in a Word (3) 6:15 Social Bingo (AL)</p> <p><b>*No Mass Today*</b></p>	<p><b>29</b> 9:30 Sit &amp; Be Fir Exercises 11:00 Arian Performs (AL) 2:00 Word Games (6) <b>2:30 Birthday Celebration with Arian (G)</b> 2:30 Crafts with Maria (AL) 4:00 Arian Performs (L) 4:00 Happy Hour (C) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p><b>30</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:15 Taboo (B) 1:45 Walking Workout with Jessica (3) <b>2:00 Walmart &amp; The Library</b> 3:00 Therapeutic Colouring (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p><b>31</b> <b>10:15 Richvoice Choir Performs at St. Bernards</b> 10:30 Pastor Dennis &amp; Pastor Betty Friendly Visits 3:00 Hot Topics (5) 4:00 Arian Performs (L) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p><b>Location Legend</b> Lobby Lounge Café – C Grandview Dining Room – G Club House – CH Assisted Living (2<sup>nd</sup> Floor) – AL 2<sup>nd</sup> Floor Terrace – T Fitness Room – F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p><b>Location Legend (continued)</b> Richview Garden - RG Eagle Ridge Lounge (3<sup>rd</sup> Floor) – 3 Cue Lounge (4<sup>th</sup> Floor) – 4 (5<sup>th</sup> Floor) - 5 Ace of Diamonds Lounge (6<sup>th</sup> Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p><b>Volunteer Driven Programs</b> <b>Maria Fabrizio Visits</b> – every Monday &amp; Wednesday <b>Brenda Pays Friendly Visits</b></p> <p>Please be advised that although several programs are scheduled in the Backyard, location is subject to change with weather.</p>