



RICHVIEW DIRECTORY

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Notable Quotable

“If you want to lift yourself up, lift up someone else”
– Booker T Washington

Follow us on:



HOROSCOPE

If you were born between June 21st and July 22nd, you were born under the sign of the Cancer. A strongly perfectionistic tendency means that you are highly focused and driven. You have a heightened sense of responsibility in both financial affairs and within your personal relationships. You have a strong sense of doing the right thing, which will help you to maintain focus despite obstacles. You are committed to being organized, and you want to get the most from yourself and others – you cannot tolerate laziness and apathy in those around you. You are strongwilled and want to see practical accomplishments.

RESIDENT BIRTHDAYS

Maria Ferrari	July 02	Sina DeCaria	July 18
Alan Edgar	July 09	David Ankenman	July 22
Maria Vallecorsa	July 10	Beatrice Trites	July 23
Pasquale Forestieri	July 11	Harry Arbuck	July 31
Veronica Lanzarotta	July 17	Frieda Stadler	July 31
Rose Tomas	July 17		

RICHVIEW T.E.A.M

Our launch in June was a tremendous success! With Officer Robyn Kassam, Leslie Bubeloff and Marisanna Tersigni spearheading this project, and the excitement it provoked, we are anticipating our undertaking aimed at raising awareness on elder abuse will be far-reaching and will make a huge impact on our community. Following the June 15th launch, we had several residents approach us about wanting to be a part of our initiative. This would involve residents volunteering, training and getting out to the community to educate other seniors and youth on all different forms of abuse- signs to watch out for, what to do if you suspect abuse, what to do if you encounter abuse and so on. We are grateful to all those who have expressed interest, but we are always open to more volunteers!

PASTOR DENNIS FRIENDLY VISITS

Our friend Pastor Dennis, who already offers a non-denominational service once a month, will be making special friendly visits with those residents who would like private 1:1 talks. Please speak with someone in the Life Enrichment Department if you would like to co-ordinate an appointment.

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

LIFE ENRICHMENT DEPARTMENT

While we are sad to see Sara leave us for new opportunities, we are happy to share that new faces are coming aboard. We have been funded for three full-time students in the summer for 8 weeks. Two students, Kamrin and Elisa, will working full-time in the Life Enrichment Department assisting us with programs and other departmental duties. Our third student, Erica, will be working with Magda with administrative responsibilities. Please help us in welcoming these new staff members to Richview!

THE SULTAN'S TENT LUNCH OUTING

Summerlicious is on in July and we're taking the residents to downtown Toronto for a very unique lunch outing! The Sultan's Tent is one of Toronto's most sought after and highly reviewed Moroccan restaurants and we are so fortunate to have secured our own table during one of the busiest times of the year. For \$28 + tax & gratuity, residents can select an appetizer, entrée and dessert from a prefix menu. For Richview residents only, they will also be treated to belly dancers for exotic entertainment. We are going on Tuesday July 12th, leaving Richview at 11:00AM. No payment in advance required. Please reserve your spot today at concierge! You're sure to love this!

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 UNIVERSALcare



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July is....

Social Wellness
Month

National Camping
Month

National Hot Dog
Month

July 1
Canada Day

July 4
American
Independence Day

July 10
Euro Cup Finals

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RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

July 2016 Newsletter

This Month at Richview Manor:



Canada Day

Oh Canada! Our home and native land turns 149 years young! Canada Day is Friday July 1st, and Paul will sing for the residents at Richview for the first time! Please join us at 2:30PM in the Grandview Dining Room and invite all your friends and family. Have a great long weekend!

Different Strokes

UniversalCare Foundation has a wonderful opportunity to share with all of you! The Foundation has been awarded funding by the Government of Ontario through the Seniors Community Grant for a new art program we're calling "Different Strokes". 10 residents from Richview Manor, and 10 seniors from the community will have the opportunity to learn about art techniques and history while experimenting with different mediums under the tutelage of certified Art Instructors from the Varley Art Gallery in Markham. Hosted by Richview Manor, the classes will run every other Monday from 10:00-11:30AM beginning on July 11th in the Club House. Space is limited so please speak with Anna or Emily if you would like to participate. We are so excited to be starting this senior requested program!



Strawberry Social

Our annual Strawberry Social event is without a doubt one of the sweetest one we hold. Delicious, juicy and luscious, strawberries will be served in a variety of forms on Sunday July 31. Jilane Ma will be here to tickle the ivories on the piano. All are welcome to attend, however with space being restricted we kindly ask that guests RSVP with concierge.



ACTIVITIES

July 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL 2nd Floor Terrace - T Fitness Room - F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 (5th Floor) - 5 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>Volunteer Driven Programs</p> <p>Maria Fabrizio Visits – every Monday & Wednesday</p> <p>Brenda Pays Friendly Visits</p> <p>Please be advised that although several programs are scheduled in the Backyard, location is subject to change with weather.</p>	<p><i>To Make You Smile....</i></p> <p>I'm glad I know sign language. It's pretty handy.</p> <p>Why was Cinderella kicked off the basketball team? She ran away from the ball.</p> <p>I wasn't originally going to get a brain transplant, but then I changed my mind.</p>		<p>1 9:45 Sit & Be Fit Exercises (AL) 2:00 Scrabble (6) 2:30 Canada Day Celebration (G) 4:20 Rosary (AL) 6:30 Movie Night: "Cake" (D)</p> <p>*No Physiotherapy Today* *The Doctor is NOT in Today*</p>	<p>2 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Meditation With Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>3 10:45 14th Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Betty & Coretta" (D) 2:00 It's All In the Detail – Art (3) 6:15 Social Bingo (AL)</p>	<p>4 9:45 Sit & Be Fit Exercises (AL) 11:00 Manicures & Hand Therapy – Independent Residents (3) 2:00 Word Games (6) 2:00 Colouring with Maria (AL) 2:30 Trivia Challenge (B) 4:00 Bocce (B) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>5 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) 11:30 Words in a Word (3) 1:30 Winners & Home Sense 1:45 SCOPA (3) 3:30 Manicures & Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>6 9:30 Outside Social (T) 10:30 Brain Games (AL) 10:30 Friendly Visits with Pastor Dennis 11:00 Richvoice Choir Practice(CH) 2:00 Beading with Maria (AL) 2:30 Words in a Word (B) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>7 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 2:00 Coppa's 2:30 "5 in 10" (B) 4:20 Rosary (AL) 4:00 Manicures & Hand Therapy – Independent Residents (3) 6:15 Social Bingo (AL)</p>	<p>8 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "August Osage County" (D)</p>	<p>9 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 SCOPA (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 6:30 Music Program with Christina (D)</p>
<p>10 11:15 Sit & Be Fit Exercises (AL) 2:00 It's All In the Detail – Art (3) 2:30 Classical Music Concert (G) 6:15 Social Bingo Night (AL) 6:30 Piano Concert with Christina (L) *No Mass Today*</p>	<p>11 9:45 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:00 Crafts with Maria (AL) 3:00 Liability Insurance Presentation (D) 4:00 Bocce (B) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>12 10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) 11:00 Lunch @ The Sultan's Tent (Downtown Toronto) 2:00 Therapeutic Colouring (AL) 3:30 Manicures & Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>13 9:30 Sit & Be Fit Exercises (AL) 10:30 Our Lady of Mount Carmel Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (CH) 2:30 Pina Colada Day with Jay Vazquez (G) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (D)</p>	<p>14 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:00 Therapeutic Colouring (AL) 2:00 Walmart 2:30 Baking Club (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>15 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Tabletop Volleyball (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Bridge of Spies" (D)</p>	<p>16 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Meditation With Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 6:30 Music Program with Christina (D)</p>
<p>17 10:45 16th Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "An Affair to Remember" (D) 2:00 It's All In the Detail – Art (3) 6:15 Social Bingo (AL) 6:30 Piano Concert with Christina (L)</p>	<p>18 9:45 Sit & Be Fit Exercises (AL) 2:00 Word Games (6) 2:00 Colouring with Maria (AL) 2:30 Crafts with Maria (AL) 2:30 Hot Topics (5) 4:00 Happy Hour (C) 4:00 Bocce (B) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>19 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) 11:30 Mary Lake 1:45 SCOPA (3) 3:00 Manicures & Hand Therapy – Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>20 9:30 Outside Social (T) 10:30 Brain Games (AL) 10:30 Friendly Visits with Pastor Dennis 11:00 Richvoice Choir Practice (CH) 1:15 Tangers Outlet in Cookstown 2:00 Beading with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>21 10:00 Cooking Club (CH) 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Manicures & Hand Therapy (AL) 2:30 Trivia Challenge (B) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>22 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (F**) [Please note the change in location] 10:30 Mass with Father Peter (3) 2:00 Scrabble (6) 2:00 It's All In the Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Testament of Youth" (D)</p>	<p>23 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 SCOPA (3) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 6:30 Music Program with Christina (D)</p>
<p>24 10:45 17th Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee "The Age of Adaline" (D) 6:15 Social Bingo (AL) 6:30 Piano Concert with Christina (L)</p> <p>31 11:30 Sit & Be Fit Exercises (AL) 2:30 Strawberry Social (G) 6:15 Social Bingo (AL)</p> <p>*No Mass Today*</p>	<p>25 9:30 Sit & Be Fit Exercises (AL) 10:00 Different Strokes (CH) 2:00 Word Games (6) 2:00 Resident Council IL (D) 2:30 Crafts with Maria (AL) 4:00 Bocce (B) 4:00 Happy Hour (C) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>26 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:00 Tabletop Volleyball (AL) 11:15 Taboo (B) 2:30 Birthday Celebration with Gord Lindsay (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>27 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (CH) 2:00 Walmart & The Library 2:00 Colouring with Maria (AL) 2:30 Afternoon Tea Party (B) 4:20 Rosary (AL) 7:00 Folk Choir Coro Italia L'Aquila (D)</p>	<p>28 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 1:30 Hillcrest Mall 2:30 Baking Club (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>29 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Trivia Challenge (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 It's All In the Detail – Art (3) 3:00 Deb Schulte, Liberal MP King-Vaughan (D) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Amour" (D)</p>	<p>30 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Meditation With Jessica (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>