



## RICHVIEW DIRECTORY

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Culinary Service  
Manager  
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Kathryn Wride  
Office Manager  
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## Notable Quotable

“Family isn’t an important thing. It’s everything” – Michael J. Fox

### Follow us on:



## HOROSCOPES

If you were born between April 19<sup>th</sup> and May 20<sup>th</sup>, you were born under the sign of the Taurus. May will bring new opportunities for the understanding of gathered individual potential. May is an appropriate 30 days for self-affirmation, for the understanding of your own desires. But it is appropriate that these desires are not run reverse to the real possibilities! Domestic concerns and emotional happiness will be predominant over finance and professional matters. Your efforts in life will be fully encouraged by your loved ones and there will be harmony in family relationships.

## RESIDENT BIRTHDAYS

Anne Ermen	May 03	Elvira Lorello	May 12	Rhona Lampart-Kellaway	May 26
Giuliano Superina	May 05	Salvatore Bondi	May 14	Rosaria Scianna	May 27
Kate Komar	May 06	Eileen Embleton	May 16	Domenico Meffe	May 30
Doris Wilson	May 06	Norma Lavender	May 20		
Sergio Bertato	May 07	Ruth Nelson	May 21		
Don Nelson	May 07	Ralph Snevd	May 22		

## REGISTERED MASSAGE THERAPY

Jennie Piazza is now offering Massage Therapy services at Richview Manor. Massage Therapy can be a great alternative therapy for aging adults to boost circulation and aids in maintaining good joint movement. It can also greatly reduce pain associated with arthritis.

Jennie has been practicing Massage Therapy for 6 years now. Currently, you can find her at the King West Chiropractic and Wellness Centre in Richmond Hill.

Her massage techniques focus on trigger point therapy, myofascial release and gentle stretching. She has also been trained in deep tissue and sports massage.

Massage sessions at Richview are by appointment only. Please contact Jennie at 416-875-1820 or [jennie\\_rmt@yahoo.ca](mailto:jennie_rmt@yahoo.ca), or the concierge at 905-585-5000 to set up an appointment. Look forward to treating you!

## HAPPY HOUR

Starting on Wednesday May 25, Richview Manor is pleased to provide residents and families with alcoholic beverages such as beer, wine and specialty drinks for purchase between 4:00PM and 5:00PM in the Lobby Lounge Café. Drinks will be available every Monday and Wednesday. Cheers!

### Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or [ccicuto@richviewmanor.com](mailto:ccicuto@richviewmanor.com)



**ADDRESS:**  
10500 Dufferin Street  
Maple, Ontario  
Canada, L6A 4R1  
(905) 585-5000

May is....

Arthritis Awareness Month

Healthy Vision Month

National Smile Month

May 5  
Cinco de Mayo

May 8  
Mother's Day

May 8  
VE Day

May 22  
Pentecost

May 23  
Victoria Day

### Follow us on:



**RICHVIEW MANOR**  
ENRICHED RETIREMENT LIVING

EDITION #45

# May 2016 Newsletter

This Month at Richview Manor:

## Mother's Day

“Mother, to the world you are one person, but to us you are the world”. Mothers are the glue that holds our families together. But whether you were someone’s mother, or just someone who loved and remembers a mother figure in your life, we hope you will join us to celebrate Mother’s Day. For all our female residents on Thursday May 5<sup>th</sup>, we invite you to a special lunch in the Dufferin Room. You will love what our chefs have in store! On Mother’s Day May 8<sup>th</sup>, all our residents are welcome to enjoy the sweet dulcet notes Raisa creates at lunch.



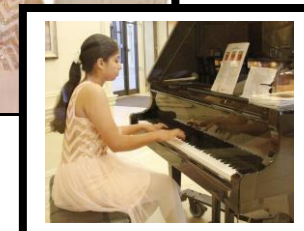
## Strides for Stroke: Thank You



To simply say “Thank you” to all the hundreds of residents, family members, friends, community partners, volunteers and fellow staff who helped Richview Manor’s Strides for Stroke team raise \$30,000 is simply not sufficient. We need a party! To all those who made our fundraising goal dreams come true, we invite you to join us on Wednesday May 18<sup>th</sup> at 2:30. Viviana makes her long awaited return, because we know she puts on one heck of a show.

## Victoria Day

G-d save the Queen! The May 2-4 weekend, the first long weekend of our long awaited summer, is almost upon us! Come to Richview Manor on Monday May 23<sup>rd</sup> at 6:15PM in the evening for some classical entertainment from the talented twins, Jude & Leah, and Naomi & Eden.



# ACTIVITIES

# May 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 10:45 6 <sup>th</sup> Sunday of Easter Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "The Bodyguard" (D) 2:00 Words in a Word (3) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)	<b>2</b> 9:45 Sit & Be Fit Exercises (AL) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:30 Hot Topics (5) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)	<b>3</b> 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) <b>11:15 Woodbine Casino</b> 2:00 Therapeutic Colouring (AL) 3:30 Reminiscing with Photos (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>4</b> 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:00 Baking Club (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)	<b>5</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) <b>12:00 Mother's Day Lunch</b> 2:30 String Things with Emily (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>6</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:15 It's All In The Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Aloha" (D)	<b>7</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) <b>STRIDES FOR STROKE</b>
<b>8 MOTHER'S DAY</b> 10:45 7 <sup>th</sup> Sunday of Easter Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Billy Elliot" (D) 2:00 Sequence (3) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)	<b>9</b> 9:45 Sit & Be Fit Exercises (AL) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:30 Afternoon Tea Party (B) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)	<b>10</b> 10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 1:45 Words in a Word (B) <b>2:00 No Frills &amp; Shoppers Drug Mart</b> 3:30 Manicures & Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>11</b> 9:30 Outside Social (B) 10:30 Dancercise with Anna (D) 11:00 Richvoice Choir Practice (D) 2:30 Trivia Challenge (B) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)	<b>12</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) <b>2:00 Walmart</b> 2:30 "5 in 10" (B) 4:20 Rosary (AL) 4:30 Manicures & Hand Therapy – Independent Residents (3) 6:15 Social Bingo (AL)	<b>13</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (F**) <b>[note the change in location]</b> 10:30 Mass with Father Peter (3) 2:00 Scrabble (6) <b>2:30 Paolo Busato Performs (G)</b> 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Enough Said" (D)	<b>14</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Balloon Volleyball (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)
<b>15</b> 11:15 Sit & Be Fit Exercises (AL) <b>2:30 Richview Idol (G)</b> 4:00 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)  <b>*NO MASS TODAY*</b>	<b>16</b> 9:45 Sit & Be Fit Exercises (AL) 11:15 Sandwich Game (B) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:30 Hot Topics (5) 4:00 Sequence (3) 4:20 Rosary (AL) <b>6:30 I Cavalieri Group Happy Hour (D)</b>	<b>17</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) <b>1:30 Unionville</b> 2:00 Therapeutic Colouring (AL) 3:00 Taboo (B) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>18</b> 9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) <b>2:30 Strides for Stroke: Thank You Party (G)</b> 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)	<b>19</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 2:30 String Things with Emily (3) <b>2:00 Yummy Market &amp; Dollarama</b> 4:15 Beading with Sara (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>20</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Prayer Service with Linda (D) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) <b>3:30 Villanova Jazz Band Performs (D)</b> 4:20 Rosary (AL) 6:30 Movie Night: "Elsa & Fred" (D)	<b>21</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)
<b>22</b> 10:45 Solemnity of the Most Holy Trinity Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 TV Matinee: "Bonanza: 'Bitter Water' 'Clay Feet'" (D) 2:00 Outside Social (B) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)	<b>23 VICTORIA DAY</b> 11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (B) 2:00 Word Games (6) 3:00 Afternoon Social (B) 4:20 Rosary (AL) <b>6:15 Jude &amp; Leah, Eden &amp; Naomi Piano Concert (C)</b>	<b>24</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) <b>11:15 Georgian Downs Casino</b> 1:45 Trivia Challenge (B) 3:00 String Things (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)	<b>25</b> 9:30 Outside Social (B) 10:30 Dancercise with Anna (D) 11:00 Richvoice Choir Practice (D) <b>2:00 Resident Council IL (D)</b> 2:30 Crafts with Maria (AL) <b>3:30 Resident Council AL (AL)</b> 4:00 Happy Hour (C) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)	<b>26</b> 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:00 Cooking Club (CH) <b>1:30 Hillcrest Mall</b> 2:30 Hot Topics (5) 4:20 Rosary (AL) 4:30 Manicures & Hand Therapy – Independent Residents (3) 6:15 Social Bingo (AL)	<b>27</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) <b>2:30 Monthly Birthday Party with Carolynne &amp; Stephen (G)</b> 4:20 Rosary (AL) 6:30 Movie Night: "Frankie & Alice" (D)	<b>28</b> 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 String Things (3) 1:30 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)
<b>29</b> 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee "Funny Girl" (D) 2:00 Baking Club (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)  <b>*NO MASS TODAY*</b>	<b>30</b> 9:30 Sit & Be Fit Exercises (AL) 11:15 Head's Up (3) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) <b>3:00 Intergenerational Wealth Transfer In-Service with David Duong CPA, CMA, CIM, B. Comm (D)</b> 4:00 Happy Hour (C) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)	<b>31</b> 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:15 Taboo (B) 1:45 Words in a Word (3) <b>2:00 Walmart &amp; The Library</b> 3:00 Comedy Corner (B) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)	<b>Location Legend</b> Lobby Lounge Café – C Grandview Dining Room – G Club House – CH Assisted Living (2 <sup>nd</sup> Floor) – AL Pool – P Fitness Room – F Dufferin Room – D Front Lobby – L Backyard- B	<b>Location Legend (continued)</b> Richview Garden - RG Eagle Ridge Lounge (3 <sup>rd</sup> Floor) – 3 Cue Lounge (4 <sup>th</sup> Floor) – 4 Ace of Diamonds Lounge (6 <sup>th</sup> Floor) – 6  Please be advised that although several programs are scheduled in the Backyard, location is subject to change with weather.	<b>Volunteer Driven Programs</b> Maria Fabrizio Visits – every Monday & Wednesday Brenda Pays Friendly Visits  Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.	<b>TO MAKE YOU SMILE...</b> Can a kangaroo jump higher than a house? Of course, a house doesn't jump at all.  What goes up and down but never moves? The stairs!  How does NASA organize their company parties? They planet.