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Notable Quotable

“Kind words are easy to speak, but their echoes are truly endless”
-Mother Teresa

Follow us on:



HOROSCOPES

If you were born between March 21st and April 19th, you were born under the sign of Aries. This month predicts an opportune month for getting to grips with your financial affairs. Look to find better deals for the services you pay for. Stop doing things you could outsource for a smaller rate. Look at how you manage your time and see how you could be more productive by, for example, re-organising your routine. Caring for someone you love is a theme in April 2016- you may now be in the care or control of someone who once did the same for you. This is also a very sociable month. The ability to think quickly and make rapid decisions is key.

RESIDENT BIRTHDAYS

Gerald Hammett	Apr 03
Margot MacKintosh	Apr 06
Francesco D'Ambrosio	Apr 07
Italia Manarin	Apr 09
Giovanna Capitelli	Apr 11
Pasquale Roberto	Apr 24

NEW HORIZONS FOR SENIORS

Richview Manor is once again overjoyed to announce that for the second year in a row, we have received a \$25,000 grant from the Government of Canada through their New Horizon's for Seniors Program. On the heels of our very successful choir, for 2016-2017, we have a new venture we will be taking on that will be educational, very timely and multi-generational. "T.E.A.M" or "Teens and Elders Against Mistreatment" will be a program designed with a partnership with the York Region Police as well as neighbouring schools to bring awareness about Elder Abuse, as well as to learn how to combat it. Elder abuse is becoming a much more prevalent crime at an increasingly alarming rate, and it is more critical than ever to educate not only the seniors who are at risk, but also the younger generation on recognizing the signs and becoming advocates in the future. This opportunity could not be more important, and we are so grateful to all those who will support this undertaking and give it the depth and credence a project such as this requires. More information about how you can get involved will follow...

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com

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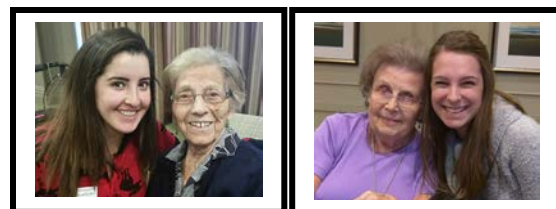
STOP HUNGER CAMPAIGN

Richview Manor would like to thank everybody- residents, their families, staff, volunteers and more – who supported us during our STOP HUNGER Campaign. Together, we sold 150 t-shirts, enough to make a one thousand dollar (!!!) donation to the Vaughan Food Bank. The Vaughan Food Bank is one of the only Food Banks run strictly by volunteers. We couldn't be more proud of our friends and community for their support throughout this campaign. Thank you so much!



SO LONG, STUDENTS!

We can't believe how fast time flies! This month we say goodbye to our practicum students Vibisha, Alissa, Madelene, Chris and Danielle. They have all put in so much time, enthusiasm and devotion into Richview Manor and our residents. We hope they all enjoyed their time with us as much as we enjoyed having them here with us. We wish them all the best of luck in all their future endeavours.



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April is....

Cancer Control Month

Rosacea Awareness Month

National Humor Month

**April 1
April Fool's Day**

**April 22
Passover begins
(Eve)**

**April 22
Earth Day**

**April 30
Income Taxes Due**

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

April 2016 Newsletter

This Month at Richview Manor:

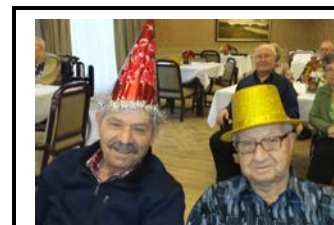
Richview Idol

It's ba-ack! The great music trilogy returns for its 5th year! Students from the Musaic School of Music will be competing once again in hopes of becoming the next Richview Idol! The season begins on April 3rd at 2:30 in the afternoon. Invite all your friends and family to this one! It's bound to be another extraordinary year of talent!



Red Hat Day

For the first time ever, Robert Macerollo will be coming to Richview to wow us with his talent! The Red Hat Society is an international social organization originally founded for women age 50 and beyond. Today, there are chapters all over the globe. Richview will be celebrating Red Hat Society Day on Tuesday April 26th with hats galore! Come by at 2:30 with any kind of special or funky hat (it doesn't have to be red) and let's have some fun!



Dunk Tank Returns!

Everyone seems to remember the dunk tank from last year. It was such a hit for everyone, including Strides for Stroke where we raised \$3,000 for the Mackenzie Health Foundation. There was no way we weren't going to bring it back again. If you've wanted to get your revenge on a staff member all year, now is your chance! On Wednesday April 27th, the dunk tank will be back on site at 2:30. The Vaughan Fire Department will be here to participate as well. The dunk tank was so much fun last year, and we hope everyone can make it out and have fun with us again.



ACTIVITIES

April 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room – D Front Lobby – L Backyard- B</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please be advised that although several programs are scheduled in the Richview Garden, location is subject to change with poor weather.</p>	<p>Volunteer Driven Programs</p> <p>Maria Fabrizio Visits – every Monday & Wednesday</p> <p>Brenda Pays Friendly Visits Mondays & Thursdays 1:30PM-4:00PM</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>TO MAKE YOU SMILE...</p> <p>What do you call a sleepwalking nun? A roamin' Catholic</p> <p>What did the grape say when he was pinched? Nothing, he gave a little wine</p> <p>Which US State has the smallest soft drinks? Mini-Soda</p>	<p>COOL FACTOIDS</p> <p>-A typical pair of adult lungs can hold 6 liters of air</p> <p>-Hair grows half a millimeter per day</p> <p>-Your mouth produces 1.5 liters of saliva a day</p> <p>-Your body produces as much heat as 25 lightbulbs per day</p>	<p>1</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:15 It's All In The Detail – Art (3) 3:15 Men's League with Chris (4) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "127 Hours" (D)</p>	<p>2</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 String Things with Liana (3) 1:30 Paint of View (CH) 2:00 Bridge Club (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>3</p> <p>10:45 Second Sunday of Easter (Divine Mercy Sunday) Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:30 Richview Idol (G) 6:15 Social Bingo Night (AL)</p>	<p>4</p> <p>9:45 Sit & Be Fit Exercises (AL) 11:00 Table Top Volleyball (3) 1:15 One to One Visits with Madelene & Danielle 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:30 Hot Topics (5) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>5</p> <p>10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Craft with Madelene (AL) 1:45 Yoga & Meditation (3) 2:00 Coppa's 3:00 String Things with Liana (3) 3:30 Manicures & Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>6</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:00 Sequence (3) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>7</p> <p>10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Ball Toss (AL) 11:30 SCOPA (6) 1:30 Bayview Village 1:45 Name That... (AL) 2:00 One to One Visits with Vibisha 3:30 Reminiscing with Photos (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>8</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (F**) [note the change in location] 10:30 Mass with Father Peter (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:15 It's All In The Detail - Art (3) 3:15 Men's League with Chris (4) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Still Alice" (D)</p>	<p>9</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Balloon Volleyball (AL) 1:30 Paint of View (CH) 2:00 Bridge Club (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>10</p> <p>10:45 Third Sunday of Easter Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "The Trip to Italy" (D) 2:00 Manicures & Hand Therapy (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p>	<p>11</p> <p>9:45 Sit & Be Fit Exercises (AL) 11:00 Craft with Danielle (AL) 2:00 Words in a Word (3) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:45 Scrabble with Madelene (3) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (D)</p>	<p>12</p> <p>10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 10:45 Sock it To Me (AL) 11:30 Mandarin Lunch 1:45 Yoga & Meditation (3) 3:00 Aquafit (P) 3:00 Sequence (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>13</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:45 Table Top Volleyball(AL) 11:00 Richvoice Choir Practice (D) 2:30 Crafts with Maria (AL) 2:30 Trivia Challenge (3) 3:00 One to One visits with Alissa 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>14</p> <p>10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Manicures & Hand Therapy (AL) 11:30 "5 in 10" (3) 2:00 Yummy Market & Dollarama 1:30 Hot Topics (5) 3:15 Afternoon Tea Party (C) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>15</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Prayer Service with Linda (D) 11:00 SCOPA (6) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:15 It's All In The Detail - Art (3) 3:15 Afternoon BINGO (AL) 3:15 Men's League with Chris (4) 4:20 Rosary (AL) 6:30 Movie Night: "As Good As It Gets" (D)</p>	<p>16</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 String Things with Liana (3) 1:30 Paint of View (CH) 2:00 Bridge Club (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>17</p> <p>10:45 Fourth Sunday of Easter Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 TV Matinee: "Bonanza: 'The Stranger' 'The Avenger'" (D) 2:00 High Social Tea with Social Butterfly Laura F (C) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p>	<p>18</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:00 Cooking Club (CH) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>19</p> <p>10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:15 Georgian Downs Casino 1:45 Yoga & Meditation (3) 3:00 String Things (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>20</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:30 Passover Social (CH) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>21</p> <p>10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:30 Head's Up (3) 1:30 Hillcrest Mall 1:45 Name That... (3) 3:00 Comedy Corner (RG) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>22</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:30 Paolo Busato Performs (G) 4:20 Rosary (AL) 6:30 Movie Night: "My Old Lady" (D)</p>	<p>23</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 String Things with Liana (3) 1:30 Paint of View (CH) 2:00 Bridge Club (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>24</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:15 TV Matinee: "Bonanza: 'Bitter Water' 'Clay Feet'" (D) 2:00 Baking Club (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p> <p>*NO MASS TODAY*</p>	<p>25</p> <p>9:30 Sit & Be Fit Exercises (AL) 11:15 Manicures & Hand Therapy with Independent Residents (3) 2:00 Resident Council IL (D) 3:30 Resident Council AL (AL) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>26</p> <p>10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 11:15 Sandwich Game (3) 1:45 Yoga & Meditation (3) 2:30 Red Hat Day (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>27</p> <p>9:45 Sit & Be Fit Exercises (AL) 11:00 Richvoice Choir Practice (D) 2:30 Dunk Tank (RG) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>28</p> <p>10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:30 Words in a Word (3) 1:45 Trivia Challenge (3) 2:00 Walmart & Library 3:00 Coffee Social (RG) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>29</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Manicures & Hand Therapy (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:30 Birthday Celebration with Carolynne & Barbara (G) 4:20 Rosary (AL) 6:30 Movie Night: "Unbroken" (D)</p>	<p>30</p> <p>10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 String Things with Liana (3) 1:30 Paint of View (CH) 2:00 Bridge Club (3) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>