



**RICHVIEW
DIRECTORY**

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**Notable
Quotable**

“Let your smile
change the
world, but don’t
let the world
change your
smile”
-Unknown

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HOROSCOPES

If you were born between February 20th and March 20th, you were born under the sign of Pisces. 2016 offers plenty of opportunities for growth in life for the Pisceans. It depends on your capabilities to make successful use of these openings. Pisces people will be more realistic in their approach during the year and your creativity will have to wait. All your ideas from the previous years are getting converted into realities this year and you will be filled with a sense of achievement. Significant growth is attained due to the influence of your spiritual strength obtained previously. Take up projects which you are capable of completing. Relations with family and friends will be peaceful and more on a spiritual level.

RESIDENT BIRTHDAYS

Carlo DeGaspris	Mar 10
Giuseppe Scianna	Mar 23
Paul Charters	Mar 25
Gustav Laengert	Mar 26
Giuseppe Lo Giudice	Mar 29
Angela Vittorio	Mar 29

PI DAY

March 14th is known as Pi Day. Why? Because it’s the 14th day of the 3rd month, or 3.14...the first numbers of the infinite number Pi (π). Richview Manor is going to be acknowledging this most puzzling mathematical constant the way the Greeks would- with PIE! What we’re proposing is a pie eating contest. Staff will be signing up, tenaciously believing that they can eat a pie with their hands tied behind their backs the fastest. For increments of \$20, you can bid on the staff you think will manage to accomplish this feat first. To make things even more interesting, if you bid on the winner, you will win DOUBLE your money. All remaining proceeds will go towards our 2016 Richview Manor’s Strides for Stroke fundraiser. You can’t lose! Keep your eye open for the table with the participating staff members and may the hungriest staff win...and the luckiest bidders too!

Men’s League with Chris begins this month on Friday March 11th. All men are welcome!

Please note that Dr. Spensieri will not be in Good Friday, March 25th.

NEW HORIZONS

It is bittersweet that we must share that the funding from the Government of Canada’s New Horizons program has come to a close. However, the Richvoices Choir lives on! Through the generosity of our Choral Conductor Stephanie Ferracane and Music Coordinator Gina Selvaggi, choir practice will continue every Wednesday at 11:00AM in the Dufferin Room. We have been overwhelmed by the positive feedback and amazing performances by this talented group, and we are thrilled that the fun will not stop. New members are always welcome to come, listen and join in.

THEATER OUTING

Richview Manor is taking residents to an afternoon matinee at the Markham Theater. On Saturday March 12th, we will be going to see Celtic Nights "Spirit of Freedom 1916 to 2016". The show starts at 2:00PM. Tickets are \$56.70.

Synopsis:
“Celtic Nights brings you on a stunning musical journey telling the tale of emigration and how people’s lives would be spent in a world of traveling by rail, horses and ships; a constant journey of searching for a place better than Ireland. This two-hour showcase will fill you with laughter, sadness, melancholy, a sense of genuine Irish identity and celebrations.”

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

March is....

**Brain Injury
Awareness Month**

**Women’s History
Month**

**Spiritual
Awareness Month**

**March 15
Ides of March**

**March 17
St Patrick’s Day**

**March 20
Palm Sunday**

**March 20
First day of Spring**

**March 25
Good Friday**

**March 28
Easter Monday**

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

March 2016 Newsletter

This Month at Richview Manor:

St. Patrick’s Day

The luck of the Irish is upon us all! Join us for an evening of malarkey and fun on St. Patrick’s Day March 17th at 6:30 in our Dufferin Room. Green will be everywhere in sight, from our clothes to our beer. Musical entertainment, Fran and Kevin, will be here where we will be dancing and singing, so get ready for the hooley of the year!



Easter Open House



Richview Manor is celebrating the Spring holiday with a grand Open House on March 24th at 2:30PM. Live entertainment with Sandra Kirby, delicious appetizers and lots of fun will be had! Family and friends are invited, but please RSVP with concierge as space is limited.

Strides for Stroke Kick Off

Richview Manor is exceedingly proud to be sponsoring Strides for Stroke’s 5KM walk/run on May 7th 2016. With only a few weeks left, Richview Manor is putting our fundraising efforts into high gear! Our goal of 50K is within reach! If you are interested in donating towards or joining our team (search “Richview Manor”), please visit www.stridesforstroke.ca. Several residents and families have already committed to the walk, so come out and support the Mackenzie Health Foundation and all our friends who will stride for heart health and research. To boost our efforts, we have something wicked planned for March! Please see the back page for more information!



ACTIVITIES

March 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room – D Front Lobby - L</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>1 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Craft with Alissa (AL) 1:45 Yoga & Meditation (3) 2:00 Coppa's 3:00 String Things with Liana (formerly Looming with Liana) (3) 4:15 "5 in 10" (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>2 9:30 Sit & Be Fit Exercises (AL) 10:30 Table Top Volleyball (AL) 11:00 Richvoice Choir Practice (D) 2:30 Piano Concert with Carolynne and Steven (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>3 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:30 Sandwich Game (3) 2:00 Jones New York/Shoe Company/Michael's Plaza 2:30 Taboo (3) 3:30 Friendly Visits 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>4 9:30-11:00 Yummy Market Plaza 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Manicures & Hand Therapy (AL) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:15 It's All In The Detail – Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Seven Pounds" (D)</p>	<p>5 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 1:15 String Things (3) 2:00 Bridge Club (3) 2:15 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>6 10:45 4th Mass of Lent with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "The Longest Ride" (D) 1:45 Words in a Word (3) 3:30 Manicures & Hand Therapy (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p>	<p>7 9:30 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Peter (3) 2:00 Word Games (6) 3:00 Scrabble with Madelene (3) 3:30 Craft with Danielle (AL) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (D)</p>	<p>8 10:00 Falls Prevention (AL) 10:30 Pastor Dennis Service (3rd Floor Prayer Room) 10:45 Falls Prevention (3) 10:45 SCOPA (AL) 1:30 Bayview Village 2:00 Sequence (3) 3:30 Hangman (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>9 9:30 Sit & Be Fit Exercises (AL) 10:30 Toward Easter Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:30 Paolo Busato Performs (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>10 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Ball Toss (AL) 2:00 Fortino's 2:30 Last Letter Game (3) 4:00 Comedy Corner (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>11 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:15 It's All In The Detail - Art (3) 3:15 Men's League with Chris (4) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Keeping Mum" (D)</p>	<p>12 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 Balloon Volleyball (AL) 1:00 Theater Outing: Celtic Nights 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>13 DAYLIGHT SAVINGS 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "The Blindside" (D) 2:00 High Social Tea with Social Butterfly Laura F (C) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p> <p>TURN CLOCKS FORWARD 1 HOUR</p> <p>*NO MASS TODAY*</p>	<p>14 9:30 Ball Toss (AL) 11:15 Sit & Be Fit Exercises (AL) 1:30 Manicures and Hand Therapy (AL) 2:00 Word Games (6) 2:30 Pi Day (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>15 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Sock it To Me (AL) 11:15 Georgian Downs Casino 11:30 Sandwich Game (3) 1:45 Yoga & Meditation (3) 3:00 String Things with Liana (3) 3:00 Over-The-Hill Opolo (6) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>16 9:30 Sit & Be Fit Exercises (AL) 10:30 St Joseph Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:30 Hot Topics (3) 3:00 One to One visits with Alissa 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>17 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Manicures & Hand Therapy (AL) 11:30 "5 in 10" (3) 2:00 Yummy Market & Dollarama 2:30 Balloon Volleyball (AL) 2:30 Baking Club –Tiramisu (CH) 4:20 Rosary (AL) 6:30 St. Patrick's Day Celebration (D)</p>	<p>18 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 10:30 Prayer Service with Linda (D) 11:00 SCOPA (AL) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:15 It's All In The Detail - Art (3) 2:30 Easter Baking (CH) 3:15 Men's League with Chris (4) 4:20 Rosary (AL) 6:30 Movie Night: "Lemony Snicket's A Series of Unfortunate Events" (D)</p>	<p>19 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:15 String Things (3) 1:45 Paint of View (CH) 2:00 Bridge Club (3) 3:00 Palm Sunday Mass with Monsignor Larry (D) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>20 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Jurassic Park" (D) 2:00 Manicures & Hand Therapy (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p> <p><i>First Day of Spring</i> </p> <p>*NO MASS TODAY*</p>	<p>21 9:30 Sit & Be Fit Exercises (AL) 11:15 Words in a Word (3) 2:00 Resident Council IL (D) 3:30 Resident Council AL (AL) 1:30 Friendly Visits with Danielle (AL) 2:30 Crafts with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>22 10:00 Falls Prevention (AL) 10:45 Falls Prevention (3) 10:45 Table Top Volleyball(AL) 1:45 Yoga & Meditation (3) 2:00 Walmart & The Library 3:00 Aquafit (P) 3:00 Sequence (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>23 9:30 Sit & Be Fit Exercises (AL) 10:00 Cooking Club (CH) 11:00 Richvoice Choir Practice (D) 2:30 Afternoon Tea Party (C) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:00 10¢ Bingo (6)</p>	<p>24 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 10:45 Ball Toss (AL) 11:30 Head's Up (3) 2:30 Easter Open House (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>25 GOOD FRIDAY 11:00 Good Friday Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 2:00 Scrabble (6) 2:15 It's All In The Detail - Art (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Ocean's Eleven" (D)</p> <p>*NO PHYSIOTHERAPY TODAY*</p>	<p>26 10:00 Physiotherapy for ALs (AL) 10:30 Physiotherapy for ILs (3) 11:00 Balloon Volleyball (AL) 1:00 Manicures & Hand Therapy (AL) 2:00 Bridge Club (3) 2:15 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>27 10:45 Easter Sunday Mass with Monsignor Larry (D) 11:15 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Grease" (D) 2:00 Baking Club (AL) 3:30 It's All In the Detail – Art (3) 6:15 Social Bingo Night (AL)</p>	<p>28 EASTER MONDAY 9:30 Sit & Be Fit Exercises (AL) 2:30 Crafts with Maria (AL) 3:00 Manicures & Hand Therapy for Independent Residents (3) 4:20 Rosary (AL) 6:15 Easter Monday Piano Concert with June, Leah, Eden and Naomi (C)</p>	<p>29 9:30 Sit & Be Fit Exercises (AL) 10:00 Sock it To Me (AL) 1:00** Movie Outing: My Big Fat Greek Wedding 2 [**Time to be confirmed] 1:45 Yoga & Meditation (3) 2:30 Crafts with Maria (AL) 3:00 String Things with Liana (3) 4:00 Manicures & Hand Therapy for Independent Residents (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>30 9:30 Sit & Be Fit Exercises (AL) 11:00 Richvoice Choir Practice (D) 11:00 Dancercise with Anna (D) 2:30 Monthly Birthday Party with Carolynne and Johanna (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:00 10¢ Bingo (6)</p>	<p>31 10:00 Falls Prevention ALs (AL) 10:45 Falls Prevention ILs (3) 11:30 Words in a Word (3) 1:30 Promenade Mall 2:30 Hot Topics (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>Volunteer Driven Programs Maria Fabrizio Visits – every Monday & Wednesday Brenda Pays Friendly Visits Mondays & Thursdays 1:30PM-4:00PM</p>	<p>To Make You Smile... I used to think the brain was the most important organ. Then I thought, what's telling me that? A farmer in the field with his cows counted 196 of them, but when he rounded them up he had 200. What's the best part about living in Switzerland? Not sure, but the flag is a big plus.</p>