



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Nesa Bajraktari
Clinical Director
905-585-5000 ext. 201

Carmelina Cicuto
Marketing Coordinator
905-585-5000 ext.116

Anna Walpole
Life Enrichment &
Marketing Coordinator
905-585-5000 ext. 301

Margaret Gonsalves
Culinary Service
Manager
905-585-5000 ext. 122

Office Manager
905-585-5000 ext. 114

Notable Quotable

"Your wealth is where your friends are"

- Plantus

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HOROSCOPES

If you were born between October 24th and November 23rd, you were born under the sign of Scorpio. Things continue to go your way. You are strong, decisive, clear. You know your own mind and the direction you are going in. Forward progress in your life is rapid. Like last month, push towards your goals – especially those that involve personal fulfilment and personal circumstances. Perhaps you invest in yourself. You have outer success, but you yearn for inner harmony. Your creativity will be put to test at work. In fact, your professional life will keep you overtly busy all through the year. People around you will be receptive to your ideas bringing you satisfaction and happiness. You will find your energy level not being up to your expectation mark. Learn to take it easy and not overwork yourself so that you feel relaxed and rested.

RESIDENT BIRTHDAYS

Eligio Marzo	Nov 06	Irene Miller	Nov 17
Maria D'Ambrosio	Nov 09	Vittorio Franco	Nov 18
Maria Loberto	Nov 10	Ada Roberto	Nov 24
Edna Sim	Nov 11	Domenico Franco	Nov 20
Walter Meder	Nov 14	Bianca Benetti	Nov 30
Adua Facca	Nov 17		

MOVEMBER

No, we did not make a spelling mistake! We're bringing back the itchy, hairy movement to Richview Manor! Last year, we raised almost \$500 for men's health and programs focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity. Residents, staff and families can help support the cause by growing out their mustaches all month long (no trimming guys!). We will update their growth on our Facebook page periodically, and we will share links to their page so you can donate and support our participants. Men, you ready? On your mark, get set, GROW!

INTERGENERATIONAL PROGRAMS

VILLANOVA COLLEGE

For the third year, Richview Manor is partnering with Villanova College! This year, this endeavour is spearheaded by grade 12 students Alexa and Hannah. Each Friday at 3:30PM, she will be bringing in classmates and running various programs. Every year, this program has been a resounding success and we are looking forward to another sensational year! We welcome all residents to join us!

COUNTRY DAY SCHOOL

Grade 9 students from Country Day School will be beginning a new program with Richview Manor with the theme of "Respect for Peers and Self: Focusing on Healthy Relationships." The purpose behind this project is for the students to gain a sound understanding of what it means to have and show respect, and ultimately make that understanding a part of their lives as students and beyond. The objective is to connect with others, learn from their experiences, and help in ways that further their understanding of "Respect." Their first visit to Richview Manor is Monday November 30th from 9:00AM-2:30PM. We would like to encourage residents throughout the day to come to the Dufferin Room to participate in this wonderful exercise. More information to follow!

FLU SEASON IS COMING...

How to wash your hands properly



Flu shots will be made available to residents and staff. We will inform all when they are in.

Booking a Tour is Easy!

Simply contact Carmelina Cicuto at (905)585-5000 ext. 116 and/or ccicuto@richviewmanor.com



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

November is....

Lung Cancer Awareness Month

November

Vegan Month

Daylight Savings Time Ends
November 1

All Saints Day
November 1

Remembrance Day
November 11

American Thanksgiving
November 26

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

EDITION #39

November 2015 Newsletter

This Month at Richview Manor:

Fall One of a Kind Craft Show

Urban Quilts
Bons Bons and Brittle
Moe's Messages
Gifts For You
Steepers Coffees and Teas
Verbena Cosmetics
Laura Ferreira Beaded Jewelry
& Much More.....

For the second time this year, Richview Manor is holding its very own One of a Kind Craft Show. We were blown away by the talented artists that brought their original pieces to our home and we are delighted that many are returning, as well as some new ones. Everything from jewelry, quilts, cards, chocolates, soaps, coffee and more will be sold. Everyone is welcome to come by on Saturday November 7th from 11:00AM-4:00PM in our Dufferin Room. This is all in support of Richview Manor's Strides for Stroke 2016!

Remembrance Day

Remembrance Day can be a difficult time of year for many. For this sombre occasion, we hope to honour those fallen with the respect and reverence they deserve in a ceremony on Wednesday November 11th. Here to provide a little bit of solemn relief will be our very own Richvoices Choir. Please join us in the Dufferin Room for this special service at 11:00AM.



Sadie Hawkins



Back in the day, Sadie Hawkins Dances were as popular as the modern day prom. For one day only, we're bringing this dance back! If you didn't know, Sadie Hawkins Dances are known for having the women asking the men to the dance. So ladies, now's your chance! Women, invite a man to dance on Monday November 16th at 2:30! Jay Vazquez and his wife Shannon will get us all remembering those special days. Refreshments will be served!

ACTIVITIES

November 2015



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 10:45 All Saints Day Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Ray" (D) 2:00 Baking Club (AL) 3:45 Richvoice Choir Practice** (additional day and time!) (D) 6:15 Social Bingo Night (AL)</p>	<p>2 9:30 Ball Toss (AL) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:15 Words in a Word (3) 2:00 Word Games (6) 2:30 Craft with Maria (AL) 3:00 Sing-A-Long with Lindsay (D) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>3 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Sock it to Me (AL) 10:30 Manicures & Hand Therapy (AL) 1:30 "5 in 10" (3) 1:45 Vaughan Mills Mall/Coppa's 3:00 Aquafit (P) 3:30 IL Manicures & Hand Therapy (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>4 9:30 Sit & Be Fit Exercises (AL) 10:30 Our Faithful Departed Mass with Father Ralph – Italian (3) 11:00 Richvoice Choir Practice (D) 1:00 Richvoice Choir Practice Assisted Living (AL) 2:00 SCOPA with Vibisha (AL) 3:30 Creative Expressions with Alissa (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>5 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Bowling (AL) 10:30 Friendly Visit 11:30 Trivia Challenge (3) 2:30 Musical Performance with Paolo (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>6 9:45 Coffee Social (C) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:45 It's All In The Detail – Art (3) 3:30 Villanova College (CH) 4:20 Rosary (AL) 6:15 Special Assisted Living Monster B-I-N-G-O 7:15 Special Independent Living 25¢ BINGO (6)</p>	<p>7 ONE OF A KIND CRAFTSHOW 11:00AM-4:00PM 10:00 Physiotherapy for ILs (3) 10:30 Physiotherapy for ALs (AL) 1:00 Movie Matinee (AL) 2:15 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>8 10:45 32nd Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:30 Mozart Concert (G) 6:15 Social Bingo Night (AL)</p>	<p>9 9:30 Bowling (AL) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:00 Craft with Lindsay (AL) 2:00 Word Games (6) 2:30 Craft with Maria (AL) 2:30 Hot Topics (CH) 3:30 Friendly Visits 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>10 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Manicures & Hand Therapy (AL) 11:30 BINGO World 1:30 Hangman (3) 2:45 Last Letter Game (CH) 3:00 Aquafit (P) 3:30 IL Manicures & Hand Therapy (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>11 9:30 Sit & Be Fit Exercises (AL) 11:00 Remembrance Day Commemoration with the Richvoices Choir (D) 1:00 Richvoice Choir Practice Assisted Living (AL) 2:30 Craft with Maria (AL) 2:30 The Sandwich Word Game (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>12 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 11:15 Sudoku (3) 2:00 Yummy Market & Dollarama 1:30 Friendly Visits 2:30 Jeopardy (3) 3:30 UNO Cards (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>13 10:30 Mass with Father Peter (3) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (F**) [**please note change in location] 2:00 Scrabble (6) 2:45 It's All In The Detail – Art (3) 3:15 Afternoon BINGO (AL) 3:30 Villanova College (CH) 4:20 Rosary (AL) 6:30 Movie Night: "Selma" (D)</p>	<p>14 10:00 Physiotherapy for ILs (3) 10:30 Physiotherapy for ALs (AL) 11:00 Seated Balloon Volleyball (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:00 Bridge Club (3) 2:15 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>15 10:45 33rd Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:15 Canada Music Week with the Ontario Registered Music Teachers' Association (G) 3:45 Richvoice Choir Practice (D) 6:15 Social Bingo Night (AL)</p>	<p>16 9:30 Ball Toss (AL) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:15 Trivia Challenge (3) 2:00 Word Games (6) 2:30 Sadie Hawkins Dance (G) 4:20 Rosary (AL) 6:30 I Cavalieri Group Happy Hour (D)</p>	<p>17 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Bowling (AL) 11:30 Words in a Word (3) 1:30 Bayview Village Shopping 1:30 Comedy Corner (CH) 2:30 Sequence (CH) 3:00 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>18 9:30 Sit & Be Fit Exercises (AL) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:00 Richvoice Choir Practice (D) 2:30 Craft with Maria (AL) 2:30 Sequence (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>19 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Manicures & Hand Therapy (AL) 11:45 Woodbine Casino 2:30 "5 in 10" (3) 3:45 Go Fish (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>20 9:45 SCOPA with Vibisha (AL) 10:30 Prayer Service with Linda (D) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:45 Musical Performance with Paolo (G) 3:15 Afternoon BINGO (AL) 3:30 Villanova College (CH) 4:20 Rosary (AL) 6:30 Movie Night: "A Separation" (D)</p>	<p>21 10:00 Physiotherapy for ILs (3) 10:30 Physiotherapy for ALs (AL) 1:00 Movie Matinee (AL) 2:00 Fortino's 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>22 11:30 Sit & Be Fit Exercises (AL) 2:00 Baking Club (AL) 6:15 Social Bingo Night (AL)</p> <p>*No Mass, Movie or Choir Today*</p>	<p>23 9:30 Bowling (AL) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:15 Taboo (3) 1:30 Sing-A-Long with Lindsay (AL) 2:00 Resident Council IL (D) 2:30 Crafts with Maria (AL) 3:00 Craft with Lindsay (CH) 3:30 Resident Council AL (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>24 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Bowling (AL) 11:30 Hot Topics (CH) 1:15 Sock it To Me (AL) 1:30 Trivia Challenge (3) 2:00 Walmart & Library 3:00 Aquafit (P) 3:30 Last Letter Game (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>25 9:30 Sit & Be Fit Exercises (AL) 10:30 Waiting for Jesus Mass with Father Ralph – Italian (3) 11:00 Richvoice Choir Practice (D) 1:00 Richvoice Choir Practice Assisted Living (AL) 2:30 Birthday & Welcome Party with Carolynne (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>26 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Creative Expressions with Vibisha (AL) 2:30 Head's Up (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Maria & Friends Knitting Program (C)</p>	<p>27 9:45 Ball Toss (AL) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:15 It's All In The Detail - Art (3) 3:15 Afternoon BINGO (AL) 3:30 Villanova College (CH) 4:20 Rosary (AL) 6:30 Movie Night: "If I Stay" (D)</p>	<p>28 10:00 Physiotherapy for ILs (3) 10:30 Physiotherapy for ALs (AL) 11:00 Seated Balloon Volleyball (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:00 Bridge Club (3) 2:15 Paint of View (CH) 3:45 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>29 10:45 1st Sunday of Advent Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Greatest Story Ever Told" (D) 2:00 Assisted Living Craft with Laura (AL) 3:30 Independent Living Craft with Laura (CH) 3:45 Richvoice Choir Practice (D) 6:15 Social Bingo Night (AL)</p>	<p>30 9:00-2:30 Country Day School (D) 10:00 Richvoice Choir Practice Assisted Living (AL) 11:15 The Sandwich Word Game (3) 2:30 Concert with Gord Lindsay (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>NEW ART PROGRAMS! Every Friday at 2:15PM, we have been holding an "It's All In The Detail" program where residents colour in intricate designs and pictures on the 3rd Floor Lounge. Every Saturday, a painting class called "Paint of View" will take place in our Club House at 2:15PM. Step by step, they will be creating landscape artwork.</p>	<p>To Make You Smile... Silly Meanings: Hospitality: Making a guest feel at home when you wish they were Friends: People who know you well, but like you anyway Hangover: The wrath of grapes Honesty: A pregnant woman buying two tickets to get on a bus</p>	<p>Volunteer Driven Programs Maria Fabrizio Visits – every Monday, Wednesday & once a month on Thursday Brenda Pays Friendly Visits Mondays & Thursdays 1:30PM-4:00PM</p>	<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room – D Front Lobby - L</p>	<p>Location Legend (continued) Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) – 6</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>