



RICHVIEW DIRECTORY

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Manager
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Notable Quotable

"Don't lose hope- when the sun goes down, the stars come out"

- Unknown

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HOROSCOPES

If you were born between August 23rd and September 22nd you were born under the sign of the Virgo. The September 2015 Virgo horoscope predicts that your health will show drastic improvement this month as planetary positions are favorable and tension in life will reduce. Relationship with friends and social contacts will become more powerful. This is the right time to build the right contacts that might prove to be useful in the future. You won't feel like sitting around during this period of your life. You are hungry for new experiences. Everyday stresses that may have frustrated you in the past now seem almost inconsequential, as your vision is lifted above the mundane. As such, your ability to manage stress and pressure increases. You are more tolerant in your attitude towards others, and you're considerably more confident about expressing the playful, creative, and fun side to your personality.

PLEASE WELCOME....

Nesa Bajraktari has been an RPN for nine years (7 years in long term care; 2 years in retirement) and worked with UniversalCare Inc. since 2013. The last two years she worked as General Manager at one of the UniversalCare managed homes, where she was responsible for day to day operation and residents care. She taught PSWs in Humber College for 2 years. She will be overseeing all aspects of the Nursing Department, managing the team to provide exceptional care and services that our Residents deserve. We have every faith her previous work experience will allow her to properly care for our residents and at the same time develop significant and positive relationships. You will find Nesa to be compassionate, approachable and a dedicated professional who is determined to ensure that our residents are properly cared for. Welcome to Richview!



INTRODUCING....

For the upcoming year, Alissa will be our Social Service Work- Gerontology practicum student in the Life Enrichment Department! She will be here two days a week, every Tuesday and Wednesday. She is a second year student at Seneca College. Since Grade 10, she has been volunteering and participating in co-op programs at various retirement homes. For her first year college placement and also worked there as a summer student. She has chosen this career path working with seniors because "there is nothing more rewarding than making a difference in their lives and seeing a smile on their faces". She looks forward to working with the staff and meeting all the residents!

NIAGARA-ON-THE-LAKE

Niagara-on-the-Lake is absolutely beautiful this time of year. At the request of several residents, we will be taking a trip to this small Niagara region town on Friday September 18th. We will leave Richview early in the morning, stay for lunch and see a show (to be decided). As with all our outings, space is very limited. A sign-up sheet will be made available at concierge and seats will be first come- first serve. We will be requiring those residents who are interested to pay for their ticket to the show in advance (to Life Enrichment Manager Anna Walpole) so that everyone's ticket can be purchased at the same time. The cost will also be determined, however there is a special senior's matinee price ranging from \$46-\$51. We're very much looking forward to this very special outing!

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or mkhosravi@richviewmanor.com



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September is....

Ovarian Cancer Awareness Month

National Mushroom Month

National Sewing Month

Labour Day
September 7

Grandparent's Day
September 13

Rosh Hashana
(Jewish New Year)
September 13-15

Oktoberfest
September 19-
October 4

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ENRICHED RETIREMENT LIVING

September 2015 Newsletter

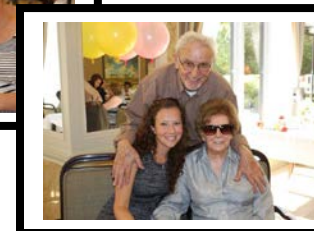
This Month at Richview Manor:

Richview Manor's 4th Anniversary

With deep gratitude, Richview Manor opens our doors to residents, family, community members and friends for our 4th Anniversary Celebration. We are so proud of our accomplishments, growth and success, and we would like to share it with all of you on Sunday September 20th at 2:30PM. Hors d'oeuvres and live musical entertainment will be provided. We are no longer the baby in the retirement home sector!



Grandparent's Day



Whether you are a grandparent or not, Richview Manor invites you and your loved ones to our annual Grandparent's Day Celebration taking place on September 13th at 2:30PM. The Vaughan Fire Department will be here and the kids will be able to explore their red engine truck. Musical entertainment will be available for the kids at heart. Refreshments will also be served. Everyone is welcome!

Richview's Got Talent

Word around the halls is that we have some very talented individuals among us. People have suggested a singing competition, a dancing competition. But we thought: why not combine everything into one BIG battle! Residents, staff, families and volunteers are all invited to showcase their hidden talents on September 24th. Blow us all away with your talent! Link up with others if necessary to form a troupe. Judges will assign points to each and winners will be crowned. Think you have something worth showing off? Contact Anna Walpole at 905 585 5000 x 301 to book your spot, or for more information. The more the merrier! Nothing is off limits! Let's have some fun!

ACTIVITIES

September 2015



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room – D Front Lobby - L Richview Garden - RG</p>	<p>Location Legend (continued) Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) – 6</p>	<p>1 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 11:00 Head's Up (AL) 1:30 "5 in 10" (RG) 1:30 Promenade Mall 2:30 Hand Therapy & Manicures (AL) 4:00 Hand Therapy & Manicures (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>2 9:45 Sit & Be Fit Exercises (AL) 11:00 Richvoice Choir Practice (D) 11:15 Words in a Word (3) 2:30 Knitting with Maria (AL) 2:45 Baking Club (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>3 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 1:15 Trivia Challenge (RG) 1:30 Yummy Market & Dollarama 2:30 One to One Manicures 3:45 Hot Topics (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>4 9:45 Coffee Social (RG) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 2:00 Scrabble (6) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Quartet" (D)</p>	<p>5 11:00 Physiotherapy for ILs (3) 11:30 Physiotherapy for ALs (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:15 Words in a Word (CH) 3:00 Bocce (RG) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>6 10:45 Special Mass for the Nativity of the Blessed Virgin Mary Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Bend It Like Beckham" (D) 2:00 Baking Club (AL) 6:15 Social Bingo Night (AL)</p>	<p>7 LABOUR DAY 11:15 Sit & Be Fit Exercises (AL) 2:00 Word Games (6) 2:30 Labor Day Weekend Celebration (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>8 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 11:30 BINGO World 1:30 "5 in 10" (RG) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>9 9:45 Sit & Be Fit Exercises (AL) 10:30 Nativity of B.V.Mary Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:30 Knitting with Maria (AL) 2:30 Sudoku (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>10 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 11:30 Mary Lake Picnic 1:15 Last Letter Game (3) 2:30 One to One Manicures 3:45 Creative Expressions (CH) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>11 10:30 Mass with Father Peter (3) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (F**) [**please note change in location] 2:00 Bridge Club (3) 2:00 Scrabble (6) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Silver Linings Playbook" (D)</p>	<p>12 11:00 Physiotherapy for ILs (3) 11:30 Physiotherapy for ALs (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:00 Bridge Club (3) 2:15 Words in a Word (CH) 3:00 Bocce (RG) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>13 11:30 Sit & Be Fit Exercises (AL) 2:30 Grandparent's Day (G) 6:15 Social Bingo Night (AL)</p> <p style="text-align: center;">*NO MASS TODAY*</p>	<p>14 9:45 Sit & Be Fit Exercises (AL) 11:15 Words in a Word (3) 2:00 Word Games (6) 2:30 Crafts with Maria (AL) 2:30 Manicures & Hand Therapy (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>15 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Morning Prayer with Pastor Dennis (D) 1:30 Comedy Corner (CH) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>16 9:45 Sit & Be Fit Exercises (AL) 10:30 Creative Expressions (AL) 11:00 Richvoice Choir Practice (D) 2:30 Time Warp : Back to the 80s 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>17 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 1:15 Last Letter Game (3) 2:00 Longo's & Shoppers Drug Mart 3:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>18 9:30 Niagara-on-the-Lake 10:30 Prayer Service with Linda (D) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Bridge Club (3) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Whiplash" (D)</p>	<p>19 11:00 Physiotherapy for ILs (3) 11:30 Physiotherapy for ALs (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:00 Bridge Club (3) 2:15 Words in a Word (CH) 3:00 Bocce (RG) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>20 10:45 Twenty-Fifth Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:30 Richview Manor's 4th Anniversary (G) 6:15 Social Bingo Night (AL)</p>	<p>21 9:45 Sit & Be Fit Exercises (AL) 11:15 Taboo (3) 2:00 Fortino's 2:30 Crafts with Maria (AL) 2:30 IL Craft Corner with Emily (CH) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>22 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Manicures & Hand Therapy (AL) 11:15 Georgian Downs Casino 1:30 Words in a Word (3) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>23 9:45 Sit & Be Fit Exercises (AL) 10:30 St. Padre Pio Mass with Father Ralph (Italian) (3) 11:00 Richvoice Choir Practice (D) 2:30 Knitting with Maria (AL) 2:30 Hot Topics (3) 3:30 Hand Therapy & Manicures (CH) 4:20 Rosary (AL) 6:30 I Cavaleri Group (D)</p>	<p>24 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 2:30 Richview's Got Talent (RG) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Knitting with Maria & Friends (C)</p>	<p>25 9:45 Cooking Club (CH) 11:00 Physiotherapy for ALs (AL) 11:30 Physiotherapy for ILs (3) 2:00 Scrabble (6) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:30 Movie Night: "The Immigrant" (D)</p>	<p>26 11:00 Physiotherapy for ILs (3) 11:30 Physiotherapy for ALs (AL) 1:00 Manicures & Hand Therapy (AL) 1:00 Movie Matinee (AL) 2:00 Bridge Club (3) 2:15 Words in a Word (CH) 3:00 Bocce (RG) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>27 10:45 Twenty-Sixth Sunday of Ordinary Time Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "John Q" (D) 2:00 Baking Club (AL) 6:15 Social Bingo Night (AL)</p>	<p>28 9:45 Sit & Be Fit Exercises (AL) 2:00 Resident Council IL (D) 2:30 Crafts with Maria (AL) 3:30 Resident Council AL (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>29 9:45 Falls Prevention (AL) 10:30 Falls Prevention (3) 10:30 Manicures & Hand Therapy (AL) 1:45 Hangman (3) 2:00 Walmart & Library 2:45 Creative Arts Program with Alissa (3) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>30 9:45 Sit & Be Fit Exercises (AL) 11:00 Richvoice Choir Practice (D) 11:15 The Sandwich Word Game (3) 2:45 Monthly Birthday & Welcome Party with Carolynne (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p style="text-align: center;">To Make You Smile...</p> <p style="text-align: center;">You can't trust atoms. They make up everything.</p> <p style="text-align: center;">Claustrophobics tend to think outside the box.</p> <p style="text-align: center;">It is hard to explain puns to kleptomaniacs because they always take things literally.</p>	<p style="text-align: center;">Volunteer Driven Programs</p> <p style="text-align: center;">Maria Fabrizio Visits – every Monday and Wednesday</p> <p style="text-align: center;">Brenda Pays Friendly Visits Mondays & Thursdays 1:30-4:00</p>	<p>Please be advised that although several programs are scheduled in the Richview Garden, location is subject to change with poor weather.</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>