



RICHVIEW DIRECTORY

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Marketing Coordinator
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Culinary Service
Manager
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Notable Quotable

"There's not a word yet for old friends who've just met"

-Jim Henson

Follow us on:



HOROSCOPES

If you were born between December 22nd and January 20th, you were born under the sign of a Capricorn. This is a time for introspective self-assessment with a degree of honesty and objectivity. That way lays contentment, success, happiness – any or all of them, and it will come from your own changed attitude. This is perhaps a low-key time, but one in which you feel grounded and stable. It's easy to glue to a particular mission and make headway. Productivity may be slow, but it's steady. The go-getting side of your persona comes to the fore. Stress and neglect both need to be guarded against too. Luxury and peace envelop you, wish fulfillment and dreams-come-true time is here.

RICHVIEW RESIDENT BIRTHDAYS

Henry Oag	Jan 1	Herta Meder	Jan 21
Enzo Terminisi	Jan 2	Olga Coletto	Jan 22
Elio DiPoce	Jan 6	Violet Bertram	Jan 24
Michele Segreti	Jan 12	Larry Bordonaro	Jan 25
David Panigas	Jan 14	Nick Aversa	Jan 30
Giuseppa Bianchi	Jan 20		

RESIDENT CREATIVE WRITING PIECE

*Keep a poem in your pocket
And a picture in your head
And you'll never be lonely
At night when you're in bed
The little poem will sing to you
The little picture bring to you
A thousand things to dream for you
At night when you're in bed*

Happy New Year.

-Agnes Foster

Introducing....JULIANA

Richview Manor welcomes Juliana Duque to the family as our new Concierge Manager: "My name is Juliana Duque and I am the new Concierge Coordinator at Richview Manor. I wanted to take this opportunity to tell you a little about myself. I was born in Colombia and moved to Canada at the age of 7. I have been married for 11 years and have 2 beautiful boys Mateo 10 and Nicolas 6. I love to travel, cook and spend time with my family. I look forward to getting to know everyone here at Richview Manor!"

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or mkhosravi@richviewmanor.com



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Maple, Ontario
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January is....

Thyroid Awareness Month

Financial Wellness Month

National High Tea Month

New Year's Day
January 1

Orthodox Christmas
January 7

Robbie Burns Day
January 25

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

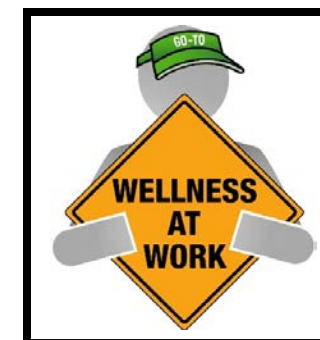
EDITION #29

January 2015 Newsletter

This Month at Richview Manor:

Working on Wellness

Wellness is a healthy balance between the mind, body and spirit and results in the overall well-being. It is achieved when one has combined health and happiness, and this year we want to help you get there! Join us for the kick-off of what we are crowning "The Year of Wellness" on January 5th at 2:45PM in the Grandview Dining Room but there will be more to follow. Musical entertainment and refreshments will be served. We are more than the sum of our parts and this year, we are going to discover how together!



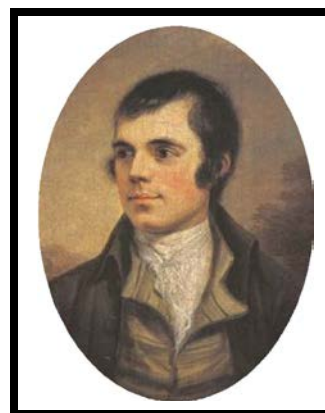
Pajama Party

Let's face it, just about everyone's favourite article of clothing is their pajamas. Comfy, cozy and cute, pajamas are one of life's little guilty pleasures. Everyone is invited on Wednesday January 14th for the most relaxing and snuggly event we have ever had! So get those slippers on your feet, bring along your childhood stuffed animal and slip into your favourite nightwear (no birthday suits!) in the afternoon at 2:45PM. David Wildsmith will be here doing everything but putting you to sleep!



Robbie Burns Day

To honour this great poet and lyricist, we will be holding a very special on Friday January 23rd at 2:30PM. Come join us as we will celebrate Robbie Burns through his work and his culture in this special afternoon program. Special musical entertainment will be here, and refreshments will be served.



ACTIVITIES

January 2015



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Volunteer Driven Programs</p> <p>Maria Fabrizio Visits – every Monday, Wednesday and Friday</p> <p>Connie & Chloe (Therapy Dog) Visits – Thursday January 8th at 9:30AM</p>	<p>Location Legend</p> <p>Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room - D</p>	<p>Location Legend (continued)</p> <p>Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) - 6</p>	<p>To Make You Smile...</p> <p>*Energizer Bunny arrested! Charged with battery.*</p> <p>*I spent all night looking for the sun. Then it dawned on me.*</p> <p>*I didn't like my beard at first. Then it grew on me.*</p> <p>*Broken pencils are pointless.*</p>	<p>1</p> <p><i>New Year's Day</i></p> <p>11:30 New You Fitness (F) 1:15 Movie Matinee "Definitely, Maybe" (D) 1:30 Sit & Be Fit Exercises (AL) 2:15 Ring & Ball Toss (AL) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>2</p> <p>9:45 Sit & Be Fit Exercises (AL) 11:00 Connie So & Her French Horn (D) 2:00 Pastoral Visits (AL) 2:00 Knitting & Beading with Maria (G) 2:00 Scrabble (6) 3:15 Villanova College (CH) 3:15 Afternoon BINGO (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:30 Movie Night: "Jersey Boys" (D)</p>	<p>3</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (AL) 1:30 Movie Matinee (AL) 2:00 Charades (3) 2:00 Bridge Club (C) 3:30 10¢ Bingo (6) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>4</p> <p>10:45 Feast of the Epiphany of Our Lord Jesus Christ Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "American Beauty" (D) 2:00 Baking Club (AL) 2:00 Chess Club (6) 6:15 Social Bingo Night (AL)</p>	<p>5</p> <p>9:45 Coffee Social (C) 11:15 Head's Up (C) 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:00 Word Games (6) 2:45 Working on Wellness Celebration (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>6</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Mixing & Matching (AL) 11:00 Woodbine Casino 11:30 New You Fitness (F) 1:45 Word Puzzles (AL) 1:45 Hangman (CH) 2:00 Chess with Ariel (3) 3:30 Trivia Challenge (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>7</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Celebration of the Wise Men with Father Ralph (3) 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:30 Knitting with Maria (AL) 2:45 Where in the World? (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>8</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (CH) 10:15 Mixing & Matching (AL) 11:30 New You Fitness (F) 1:45 Upper Canada Mall 1:45 Bowling (AL) 2:00 Chess with Ariel (3) 2:30 Hot Topics (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Evening Knitting Program with Maria & Friends (G)</p>	<p>9</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Peter (3) 1:15 Afternoon BINGO (AL) 2:00 Scrabble (6) 2:00 Knitting & Beading with Maria (G) 3:15 Villanova College (CH) 3:15 Afternoon BINGO (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:30 Movie Night: "The Holiday" (D)</p>	<p>10</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (AL) 1:30 Movie Matinee (AL) 2:00 Trivia (3) 3:30 10¢ Bingo (6) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 7:00 Scopa (AL)</p>
<p>11</p> <p>10:45 Feast of the Baptism of Our Lord Jesus Christ Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "An Affair to Remember" (D) 2:00 Baking Club (AL) 2:00 Chess Club (6) 6:15 Social Bingo Night (AL)</p>	<p>12</p> <p>9:45 Coffee Social (C) 11:00 One to One Visits 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:00 Word Games (6) 2:30 Knitting with Maria (AL) 2:30 Useless Knowledge (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>13</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Morning Prayer with Pastor Dennis (3) 11:00 Manicures & Hand Therapy (AL) 11:30 New You Fitness (F) 11:30 Lunch Outing @ Milestones 1:45 Scopa (AL) 2:00 Poker with Ariel (3) 3:15 Movie Matinee (AL) 3:30 Name that Tune (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>14</p> <p>9:45 Exercises with Ali (AL) 10:30 Bowling (AL) 11:15 Sudoku (3) 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:45 Pajama Party (G) 4:20 Rosary (AL) 7:15 10¢ Bingo (6)</p>	<p>15</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Mixing & Matching (AL) 10:15 Creative Expressions (CH) 11:30 New You Fitness (F) 1:45 Movie Matinee (AL) 2:00 Yummy Market & Dollarama 2:00 Poker with Ariel (3) 3:00 Taboo (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Evening Knitting Program with Maria & Friends (G)</p>	<p>16</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Prayer Service with Linda (D) 11:15 Words in a Word (3) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 2:00 Scrabble (6) 2:00 Knitting & Beading with Maria (G) 3:15 Villanova College (CH) 3:15 Afternoon BINGO (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:30 Movie Night: "Divergent" (D)</p>	<p>17</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (AL) 1:30 Movie Matinee (AL) 2:00 Bridge Club (3) 2:00 Hangman (3) 3:30 10¢ Bingo (6) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 7:00 Scopa (AL)</p>
<p>18</p> <p>11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee: "Becoming Jane" (D) 2:00 Baking Club (AL) 2:00 Chess Club (6) 6:15 Social Bingo Night (AL)</p> <p>*NO MASS TODAY*</p>	<p>19</p> <p>9:45 Crafting with Emily (AL) 11:00 Trivia Challenge (3) 1:30 Physiotherapy for ILs (3) 2:00 Word Games (6) 2:00 Physiotherapy for ALs (AL) 2:00 Resident Council IL (D) 2:30 Knitting with Maria (AL) 3:30 Resident Council AL (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>20</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:30 Manicures & Hand Therapy (AL) 11:30 New You Fitness (F) 1:45 Hangman (AL) 2:00 Loblaws 3:30 Black Jack (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>21</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Mass for the Unborn Children with Father Ralph (3) 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:30 Knitting with Maria (AL) 2:45 Hot Topics (G) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 7:15 10¢ Bingo (6)</p>	<p>22</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Mixing & Matching (AL) 10:15 Creative Expressions (CH) 11:30 New You Fitness (F) 1:45 Vaughan Mills 2:00 Checkers with Ariel (3) 2:00 Movie Matinee (AL) 3:30 Comedy Corner (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Evening Knitting Program with Maria & Friends (G)</p>	<p>23</p> <p>9:45 Sit & Be Fit Exercise (AL) 11:15 Head's Up (C) 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:30 Robbie Burns Day Celebration (G) 3:15 Villanova College (CH) 3:15 Afternoon BINGO (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:30 Movie Night: "The Proposal" (D)</p>	<p>24</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (AL) 1:30 Movie Matinee (AL) 2:00 Words in a Word (3) 2:00 Bridge Club (6) 3:30 10¢ Bingo (6) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL) 7:00 Scopa (AL)</p>
<p>25</p> <p>10:45 Third Sunday of Ordinary Time & Conversation of St. Paul with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:15 Movie Matinee "Mr & Mrs Smith" (D) 2:00 Baking Club (AL) 2:00 Chess Club (6) 6:15 Social Bingo Night (AL)</p>	<p>26</p> <p>9:45 Coffee Social (C) 11:00 Manicures & Hand Therapy (AL) 1:30 Physiotherapy for ILs (3) 2:00 Physiotherapy for ALs (AL) 2:45 Cocktail Party (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>27</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Manicures & Hand Therapy (AL) 11:30 New You Fitness (F) 1:45 Knitting Club (AL) 1:45 Creative Arts (AL) 2:00 Walmart & Library 2:00 Poker with Ariel (3) 3:30 Billiards (6) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>28</p> <p>9:45 Exercises with Ali (AL) 10:00 Mixing & Matching (AL) 11:00 Physiotherapy for ILs (3) 11:15 Sudoku (C) 11:30-3:30 Fifth Avenue Collection Shopping with Silvia (L) 11:30 Physiotherapy for ALs (AL) 2:00 Monthly Birthday & Welcome Party with Carolynne (G) 4:20 Rosary (AL) 7:15 10¢ Bingo (6) *PLEASE NOTE THE CHANGE IN TIME FOR PHYIOTHERAPY*</p>	<p>29</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (CH) 10:30 Bowling (AL) 11:30 New You Fitness (F) 1:00 Woodbine Casino 1:30 Manicures & Hand Therapy (AL) 2:00 Poker with Ariel (3) 3:30 Head's Up (3) 4:20 Rosary (AL) 6:15 Social Bingo (AL) 6:30 Evening Knitting Program with Maria & Friends (G)</p>	<p>30</p> <p>9:45 Sit & Be Fit Exercise (AL) 10:00 Cooking Club (CH) 10:15 One to One Visits 2:00 Pastoral Visits (AL) 2:00 Scrabble (6) 2:00 Knitting & Beading with Maria (G) 3:15 Afternoon BINGO (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:30 Movie Night: "Valkyrie" (D)</p> <p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>	<p>31</p> <p>11:15 Sit & Be Fit Exercises (AL) 1:00 Manicures & Hand Therapy (AL) 1:30 Movie Matinee (AL) 2:00 Hangman (3) 2:00 Bridge Club (6) 3:30 10¢ Bingo (6) 3:30 Aquafit (P) 4:20 Rosary (AL) 5:00 Dinner & Concert at the King City United Church 6:15 Monster B-I-N-G-O (AL) 7:00 Scopa (AL)</p>