



RICHVIEW DIRECTORY

Concierge
905-585-5000

Magdalena Di Maria
General Manager
905-585-5000 ext.103

Kerry Ann Coote
Clinical Director
905-585-5000 ext. 201

Mahnaz Khosravi
Marketing Coordinator
905-585-5000 ext.116

Anna Walpole
Life Enrichment &
Marketing Coordinator
905-585-5000 ext. 301

Stephanie Trinchi
Executive Chef
905-585-5000 ext. 114

Notable Quotable

“An investment in knowledge always pays a good interest”

— Benjamin Franklin

Follow us on:



HOROSCOPES

If you were born between June 21st and July 22nd, you were born under the sign of Cancer. This would be a good month for a quick vacation, but if you cannot go due to responsibilities at home, see if you can catch up on museum visits, have lunch with friends you've not seen in ages, and at home, go through closets to clear out clutter. Wrap up the valuable pieces to give to charity (an ideal activity this month - doing so will be downright therapeutic for you). However you find solitude, it will surely help you release the bonds of resentment. Forgiveness is important now, and you're willing to see a larger reason for whatever has gone down, instead of clinging to old hurt. You can't be everyone's go-to nurturer, and that's doubly true if you haven't nurtured yourself properly. Let go, surrender, and allow the universe to show you the path.

RICHVIEW RESIDENT BIRTHDAYS

Lorraine Ankenman	Jul 09
Demetra Lambakis	July 10
Corinne Bourk	July 15
Mariana Reyes	July 17
Veronica Lanzarotta	July 17
Barbara Oag	July 21
David Ankenman	July 22
Beatrice Trites	July 23
Manda Canaran	July 30
Frieda Stadler	July 31

A special Happy 100th Birthday to Mr. Harry Arbutck on July 31st!

WE ALL SCREAM FOR ICE CREAM!

Who doesn't love a scoop of this cold, sweet treat? We couldn't possibly let Ice Cream Month pass without treating our residents to everyone's favourite summer dessert. Richview Manor's Ice Cream Parlor will be open for business on Wednesday July 23rd at 2:45PM for what we can only hope will be the perfect summer afternoon. Combine flavours, add toppings and enjoy to your heart's content!



RICHVIEW PARTICIPATES IN SUMMERLICIOUS!

Richview Manor will be taking part in one of the Greater Toronto Area's best summer traditions! Every year, Summerlicious invites people to discover and experience the diverse cuisine this city has to offer at exceptional value. On July 17th, we will be headed to Oliver & Bonacini Café Grill at Bayview Village Shopping Center for a delicious three-course prix fixe lunch. For \$15.00 + tax and tip, residents will get an appetizer, main and dessert from a preselected menu. Space is limited so reserve your spot today at concierge. A sign-up sheet will be made available. Shopping at Bayview Village will follow!

FORTUNATO GRATTA RETURNS!

He's ba-ack! Fortunato Gratta left us wanting more when he visited us in June, so we were left with no choice but to invite him back! On July 9th at 2:45PM, Fortunato makes his Richview return! If you didn't hear about his last performance, you NEED to stop in this time around! You won't want to miss out a second time!



italiano

Booking a Tour is Easy!

Simply contact Mahnaz Khosravi at (905)585-5000 ext. 116 and/or mkhosravi@richviewmanor.com

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 UNIVERSALcare



ADDRESS:
10500 Dufferin Street
Maple, Ontario
Canada, L6A 4R1
(905) 585-5000

July is....

UV Safety Month

Social Wellness Month

National Ice Cream Month

Canada Day
July 1

American Independence Day
July 4

World Cup Final
July 13

Bastille Day
July 14

Follow us on:



RICHVIEW MANOR
ENRICHED RETIREMENT LIVING

EDITION #23

July 2014 Newsletter

This Month at Richview Manor:

CANADA DAY

Oh Canada! Our home and native land turns 147 years young. On Wednesday July 2 at 2:45 PM, get ready to celebrate our amazing nation together. We will revel in the great white north spirit with the musical stylings of Patrick Rose. Delicious refreshments will be served.



Strawberry Social

One of our sweetest annual traditions at Richview Manor is back once again! We'll be dining on all things strawberry on Saturday July 12th at 2:00 in our Grandview Dining Room. Lovely musical Entertainment will be on hand. Everyone is welcome to participate, join in on the fun and enjoy this luscious fruit. Please RSVP with concierge if any families would like to join us.





Time Warp

Weren't the 70s just groovy? Have you been waiting for the perfect occasion to wear your bell-bottom trousers again? Let's Do the Time Warp Again! Richview Manor is going back in time for a far out afternoon on Wednesday July 16th at 2:45. Back by popular demand, Jay Vazquez returns! Feel the funk, boogie and disco era with us!





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Legend</p> <p>Lobby Lounge Café – C Grandview Dining Room - G Club House – CH Assisted Living (2nd Floor) – AL Pool – P Fitness Room - F Dufferin Room - D</p>	<p>Location Legend (cont'd)</p> <p>Resident's Room – R Richview Garden - RG Eagle Ridge Lounge (3rd Floor) – 3 Cue Lounge (4th Floor) – 4 Ace of Diamonds Lounge (6th Floor) - 6</p>	<p>1 HAPPY CANADA DAY!</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Head's Up (AL) 11:30 New You Fitness (F) 1:30 Falls Prevention Class (AL) 2:00 Movie Matinee (AL) 2:00 Mixing & Matching (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p> 	<p>2</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Words in a Word (RG) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:45 Canada Day Celebration with Patrick Rose (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 10¢ Bingo (6)</p>	<p>3</p> <p>9:45 Sit and Be Fit Exercises (AL) 10:15 Creative Expressions (G) 11:30 New You Fitness (F) 1:30 Falls Prevention Class (AL) 2:00 Caffe Demetre 2:00 Movie Matinee (AL) 2:00 Gardening Club (RG) 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>4</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:30 Mixing & Matching (AL) 10:30 Coffee Social (C) 2:00 Knitting & Beading with Maria (C) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 2:30 Euchre Club (C) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "The Grand Budapest Hotel" (D)</p>	<p>5</p> <p>11:30 Sit & Be Fit Exercises (AL) 1:30 Movie Matinee (AL) 2:00 Bridge Club (C) 2:00 Quilty Pleasures (G) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>6</p> <p>10:45 Catholic Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:00 Baking Club (AL) 6:15 Social Bingo Night (AL)</p> <p>*PLEASE NOTE CHANGE OF LOCATION FOR MASS*</p>	<p>7</p> <p>9:45 Coffee Social (RG) 10:30 Card Making with Diane (G) 11:15 Mixing & Matching (AL) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:00 Word Games (6) 2:00 Hangman (C) 2:30 Knitting with Maria (AL) 3:30 Puzzles & Games (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>8</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Morning Prayer with Pastor Dennis (D) 11:30 New You Fitness (F) 1:15 Shops at Don Mills 1:30 Falls Prevention Class (AL) 2:00 Movie Matinee (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>9</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Catholic Mass with Father Ralph (3) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:45 Fortunato Gratta Musical Entertainment (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 10¢ Bingo (6)</p>	<p>10</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (G) 10:15 Manicures & Hand Therapy (AL) 11:30 New You Fitness (F) 2:00 No Frills 1:30 Falls Prevention Class (AL) 2:00 Bridge Club (3) 2:00 Gardening Club (RG) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>11</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Mass with Father Peter (3) 2:00 Pastoral Visits (AL) 2:00 Knitting & Beading with Maria (C) 2:00 Bridge Club (3) 2:30 Euchre Club (C) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Behind The Candelabra" (D)</p>	<p>12</p> <p>11:30 Sit & Be Fit Exercises (AL) 2:00 Annual Strawberry Social Special Event (G) 2:00 Bridge Club (C) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>13</p> <p>10:45 Catholic Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 1:30 Word Games (C) 6:15 Social Bingo Night (AL)</p>	<p>14</p> <p>9:45 Coffee Social (RG) 11:00 Words in a Word (RG) 11:00 Quilty Pleasures (G) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:00 Word Games (6) 2:00 Hot Topics (C) 2:30 Knitting with Maria (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>15</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:30 New You Fitness (F) 11:00 Edwards Garden & Picnic Lunch 1:30 Falls Prevention Class (AL) 2:00 Movie Matinee (AL) 2:00 Mixing & Matching (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo (AL)</p>	<p>16</p> <p>9:45 Bowling & Ring Toss (AL) 10:30 Comedy Corner (C) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:45 Time Warp: Back to the 70s with Jay Vazquez (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 10¢ Bingo (6)</p>	<p>17</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (G) 11:00 Summelicious Lunch @ Oliver & Bonacini Café Grill & Bayview Village Shopping 1:30 Falls Prevention Class (AL) 2:00 Movie Matinee (AL) 2:00 Gardening Club (RG) 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>18</p> <p>9:45 Sit & Be Fit Exercises (AL) 1:00-3:30 Facials with Anna (3) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 2:00 Knitting & Beading with Maria (C) 2:30 Euchre Club (C) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Still Mine" (D)</p>	<p>19</p> <p>11:30 Sit & Be Fit Exercises (AL) 1:30 Movie Matinee (AL) 2:00 Bridge Club (C) 2:00 Quilty Pleasures (G) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>20</p> <p>10:45 Catholic Mass with Monsignor Larry (D) 11:30 Sit & Be Fit Exercises (AL) 2:00 Baking Club (AL) 4:00 One to One Visits 6:15 Social Bingo Night (AL)</p>	<p>21</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:30 Coffee Social (RG) 11:15 Hangman (RG) 1:30 Physiotherapy for ILs (F) 2:00 Resident Council IL (D) 2:00 Physiotherapy for ALs (AL) 2:30 Knitting with Maria (AL) 3:30 Resident Council AL (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>22</p> <p>9:30 Sit & Be Fit Exercises (AL) 10:00 Manicures & Hand Therapy (AL) 11:00 Georgian Downs Casino & Lunch 1:30 Falls Prevention Class (AL) 2:00 Movie Matinee (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>23</p> <p>9:45 Mixing & Matching (AL) 10:30 Catholic Mass with Father Ralph (3) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:45 Ice Cream Parlor (G) 4:20 Rosary (AL) 6:15 Happy Hour with Tony Vacca & II Cavaleri (G)</p>	<p>24</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (G) 10:30 Coffee Social (RG) 11:30 New You Fitness (F) 1:30 Hillcrest Mall 1:30 Falls Prevention Class (AL) 2:00 Gardening Club (RG) 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>25</p> <p>9:30 Sit & Be Fit Exercises (AL) 11:00 Cooking Club (CH) 2:00 Knitting & Beading with Maria (C) 2:00 Pastoral Visits (AL) 2:00 Bridge Club (3) 2:30 Euchre Club (C) 3:15 Afternoon BINGO (AL) 4:20 Rosary (AL) 6:30 Movie Night: "Heaven is for Real" (D)</p>	<p>26</p> <p>11:30 Sit & Be Fit Exercises (AL) 1:30 Movie Matinee (AL) 2:00 Bridge Club (C) 2:00 Learn to Line Dance! With Rachael (G) 3:30 10¢ Bingo (6) 4:20 Rosary (AL) 6:15 Monster B-I-N-G-O (AL)</p>
<p>27</p> <p>11:15 Sit & Be Fit Exercises (AL) 2:00 Baking Club (AL) 4:00 One to One Visits 6:15 Social Bingo Night (AL)</p> <p>*No Catholic Mass Today*</p>	<p>28</p> <p>9:45 Coffee Social (RG) 11:00 Quilty Pleasures (G) 11:15 Trivia Challenge (RG) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:00 Word Games (6) 2:30 Hot Topics (C) 2:30 Knitting with Maria (AL) 3:45 Puzzles & Games (AL) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 25¢ Bingo (6)</p>	<p>29</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Manicures & Hand Therapy (AL) 11:30 New You Fitness (F) 1:30 Falls Prevention Class (AL) 2:00 Walmart & Library 2:00 Movie Matinee (AL) 3:30 Aquafit (P) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>30</p> <p>9:45 Mixing & Matching (AL) 10:30 Head's Up (C) 1:30 Physiotherapy for ILs (F) 2:00 Physiotherapy for ALs (AL) 2:45 Monthly Birthday Celebration with Carolynne (G) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL) 7:15 10¢ Bingo (6)</p>	<p>31</p> <p>9:45 Sit & Be Fit Exercises (AL) 10:15 Creative Expressions (AL) 10:15 Coffee Social (RG) 11:30 New You Fitness (F) 1:30 Magnotta Winery Tour 1:30 Falls Prevention Class (AL) 2:00 Gardening Club (RG) 2:00 Bridge Club (3) 4:20 Rosary (AL) 6:15 Social Bingo Night (AL)</p>	<p>Happy Birthday to all Residents Celebrating Their Birthdays This Month!</p> 	<p>Volunteer Driven Programs</p> <p>Therapeutic Paws Visits with Chloe & Connie – Visits on July 17th at 10:00AM</p> <p>Maria Fabrizio Visits – every Monday, Wednesday and Friday</p>
						<p>Please note that our daily Rosary service at 4:20 is in Italian. All are welcome.</p>